



Robert Vincent McMaugh Memorial American Legion Post 10 9950 Cockrell Road Manassas, Virginia 20110 703-369-4900

www.manassaspost10.org

TO ME NOT FORMATION

FEBRUARY 2022

1986 - 2022

2021-2022 Legion Officers

Commander:
Dave Quimby

1st Vice Commander:

Stan Moore2nd Vice Commander:

Linda Myers

<u>Adjutant</u>:

Mary Antio

Finance Officer:

Larry Logsdon

Chaplain:

Frances 'Greg' Hall

Sergeant-at-Arms:

Carl Carey

1 Year Committeeman:

Gunny Lewis

2 Year Committeeman:

Bill Barron

3 Year Committeeman:

Bobby Fewell

Past Commander:

Mark Stein

Judge Advocate:

Rick Raskin

Service Officer:

Ginger Harvey

Commander's Column

Welcome Post 10 family and friends to the Post's February newsletter.

My primary message for this month is <u>"RESPECT FOR OTHERS"</u>. Respect is an admiration toward someone (or something) based on the qualities of this person.

Respect is a two way street. How we greet others and how we dialogue with others can be a sign of respect—disrespect—and nothing disrupts the environment more than a quarrelsome disruption in the Post that we all come to and want to enjoy. Any level or form of disrespect accomplishes one thing—alienating all those present.

Why have I picked this topic? We continue to see and hear in the Social Quarters raised voices, yelling, anger building and yes—even foul and abusive language being directed at or about others. This behavior includes elements of the entire Post 10 Family—including employees. They too deserve our respect. We all have been through over 2 years of this crazy pandemic together and unfortunately the pandemic has brought stress to many of us. We need to help one another, better understand where each of is coming from and not beat one another up, *THIS MUST STOP NOW!* A cordial and friendly SQ is what we all want. Let's see to it that happens.

Secondly, ATTENTION Vietnam era Veterans: The Daughters of the American Revolution (DAR) will be visiting us at the February General Membership meeting. They will be presenting a Welcome Home pin to all of us who served during the VN era. This is not the same pin many of us have already received so I ask you to make an effort to attend so the DAR may recognize your service.

Dave Quimby, Commander



Wreaths Across America Clean-Up Crew: Thanks to everyone that participated including 4 'brave' Cub Scouts. It was brutally cold and windy on Saturday, 15 JAN 2022.

Photo submitted by **Dave Quimby**

February is Black History Month





COLOR GUARD

Funeral for *Robert Chalice*, Jan 22nd, Navy Veteran. Color Guard participants: *Jennifer Ball* (Post 10), *Mark Stein* (16 District Commander) and *Wayne Moore* VFW Post 7589. Thank you for providing a final salute for *Robert Chalice* for his transfer to Post Everlasting.

Carl Carey, Sgt-at-Arms

From 2nd Vice Commander *Linda Myers*:

Post 10 Oratorical Contest

The Post10 Oratorical Contest, held 22 January 2022, was won by *Lauren Bradshaw*, a homeschooled senior. *Lauren*, show below being presented her prize award by Commander *David Quimby*, will be going on to the District contest on the 29th. Last year, *Lauren* won the Post, District, and Northern Regional contests last year before placing 2nd in the Department competition. Let's hope *Lauren* can go all the way to the National competition this year.

Post 10 Essay Contest

The Post 10 Essay Contest for middle schoolers was won this year by *Kazi Ahnaf*, a 7th grader in Mrs. *Finch's* 7th grade language arts class at Marsteller Intermediate School.

Burn Pit Toxic Exposure

When Will All Victims Finally Get Veterans Benefits? This past year, advocates for those ill Veterans saw a number of bills to extend research, monitoring and benefits eligibility advance further than ever before in Congress, only to stall out at the end of the year. Leaders in the House and Senate have promised to keep pushing those measures along. But partially in response to that momentum, the VA has begun its own work on the issue, granting presumptive benefits to some burn pit victims for the first time. In August, VA officials announced that veterans suffering asthma, rhinitis and sinusitis who served in most overseas war zones after September 2001 would be presumed to have contracted the condition from the toxic smoke emanating from such pits. That designation reduces the paperwork and proof needed to link the conditions to individuals' time in service and speeds up the process of getting them disability payouts. Several thousand Veterans have already been approved for the new benefits. Then in November, White House officials announced a full review of how all future disability claims will be evaluated, including a 90-day review of numerous rare cancers believed linked to military burn pits. The results of that work should be made public this month.

Veterans Affairs officials have estimated more than 3.5 million troops were exposed to the toxic smoke from burn pits during overseas deployments over the past 20 years, but a full accounting of the injuries and illnesses that smoke caused has never been completed.

Submitted by Vic Librizzi

Note from Adjutant *Mary Antio*:

The resolutions that will be voted on at the February General Membership meeting are posted on the Post 10 website (www.manassaspost10.org)

Flexibility: Due to shortages and high prices of food and beverage items we are not always able to have a full line of products. We ask for your cooperation and to be flexible during these times. We do the best to keep prices reasonable and within budget for the Post as well as you. Just remember when you go shopping many of the items are either unavailable or priced high. Bottom line is that we have no control over the supply chain or prices—be understanding and flexible.

House Chair, *Gunny*

American Legion Riders Post 10

The Post 10 American Legion Riders (ALR) completed their **Welcome to Winter Polar Bear Ride** on January 15th. The temperature when the Riders left the Post was 24 degrees. They followed a 22 mile route to the Texas Roadhouse in Chantilly but it



was closed due to mechanical problems. Being the improvising, adaptive folks that they are, the Riders went across the street to a Mexican restaurant and warmed up there with a hearty meal. They then rode back home with the temperature having warmed up to balmy 27 degrees. Congrats to the following nine Riders who made the ride:

- 1. Paul "Cheeks" Giovanni
- 2. Greg "Speedy" Neiss
- 3. Carl Carey
- 4. Tim Jones
- 5. Andrea Jones

- 6. Bob "Lambchop" Lamoureux
- 7. Denise "Exodus" Lamoureux
- 8. Brian Means
- 9. Bob "Nitro Bob" Ficken

The next scheduled ride is the Freeze Your Ass Off Polar Bear Ride on Saturday February 12th, with the final Good Bye to Winter Polar Bear Ride being on March 5th. Riders who make all three Polar Bear rides are eligible for the Post 10 ALR Polar Bear Patch and Year Rocker. In addition to the Polar Bear Rides, the Riders will be participating in the Manassas St. Patrick's Parade to be held on Saturday, March 12th. The Riders will then celebrate the end of winter with the End of Winter Pub Crawl on March 26th starting at the Three Monkeys at 17:00. All are welcome to join the Riders as they prove that "not all who wander are lost."

Congratulations to our newest Riders *Denise "Exodus" Lamoureux* and *Steven Butello* who were voted in at our January meeting. Welcome Aboard! This brings the Riders to 34 active members - 32 Riders and 2 Supporters. The Riders voted to donate \$200.00 to the Post to help pay for the kitchen Sandwich Station.





Keep the shining side up. For God and Country. *Rick Goodman*, Director, ALR Post 10 Submitted by *Cheeks*

NOTICES: When playing the 'game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become **null and void**. The Post has 48 hours to pay on winning tickets. Please cooperate.

Legionnaire Membership Report

Dear Members. We are currently standing at 86% of our 2022 membership goal. Great job everyone. Lets get the rest of those memberships renewed soon! Reminder to all members not paid—as of January 1st your 2021 cards are invalid and you no longer have access to the Social Quarters but will still be a member in good standing with the Legion. On Feb 1st if not paid you will be considered delinquent and on April 1st if not paid your membership will be expired and all American Legion privileges will be suspended. Remember if you renew on-line you will need to create an account on MyLegion.org.

Welcome to the following new members: *Carroll Ayers*, USA, Vietnam; *Raymond Bradley*, USAF, Panama; *John Hornaday*, USA, GWOT; *Lori Hornaday*, USA, GWOT.

To new and transfer members: Remember you must pick up your card in person at a membership meeting. If you cannot please contact me to make arrangement to get your membership card.

There are several ways to renew your American Legion membership:

- 1. Online at www.mylegion.org. You can use a credit card online <u>and</u> set-up automatic yearly renewal with your credit card. You can also update your profile information: address and phone number. You need your permanent membership ID number to start an account at mylegion.org. If you have a hand written card, you probably have a temporary number. <u>Email me for your permanent number.</u>
- 2. By mail. If you've received your renewal request from National Headquarters, mail it to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 attn: Post 10 Membership. If you haven't received a form from National Headquarters, send a check, and a note with your name, ID number, address, email and phone number.
- 3. In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues.
- 4. Legion dues are \$35.00 and your new 2022 membership card will be mailed to you.

Please provide your address, email and phone number. It's important to be able to contact you. Your information is stored in a protected database, accessible to only the post officers with the need to know. If you have an email account, and can receive the newsletter electronically, it will save the Post money from printing and mailing costs. My job is to help the membership with any questions. Please feel free to email me.

For God and Country,

Stan Moore, 1st Vice Commander, al10membership@gmail.com

The 'A' TEAM is Baaack!!!!!!!!

Every third Friday for Seafood Night.



On the Radar

<u>Februai</u>	ry 2022 (Black History Month)
01 Feb.	National Freedom Day
01 Feb.	Chinese New Year
02 Feb.	Groundhog Day
03 Feb.	Four Chaplains' Day
12 Feb.	Lincoln's Birthday
14 Feb.	St. Valentine's Day

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22 Feb.	Washington's Birthday

21 Feb. Presidents' Day

March 2022

01 Mar.	Shrove Tuesday	y/Mardi Gras

02 Mar. Ash Wednesday

04 Mar. Employee Appreciation Day13 Mar. Daylight Savings Time Starts

17 Mar. <u>Purim Starts</u>20 Mar. <u>March Equinox</u>

21 Mar. ACL BD

29 Mar. National Vietnam War Veterans Day



The Padre's Corner:

Please keep the Fairfax and Highs families in your prayers as they bury their love ones. Our thanks to Gunny for his devotion of the Post 10 newsletter. The Post will have a Four Chaplains ceremony on February 6, 2022 at 1300 hours. Anyone who needs a prayer please let me know.

Francis Gregory Hall, Chaplain

The Four Chaplains Memorial Service



Post 10 will hold a remembrance ceremony for the Four Chaplains on Sunday 6 February at 1300 in the Post Hall. This year marks the 79th anniversary of the sinking of the United States Army Transport Dorchester and the selfless acts of four Army chaplains aboard.

The Dorchester tragically sunk on Feb. 3, 1943, while crossing the North Atlantic, transporting troops to an American base in Greenland. A German U-boat fired a torpedo that struck the Dorchester, killing 672 of the 902 officers and enlisted men, merchant seamen and civilian workers aboard. Many of those survivors owe their lives to the courage and leadership exhibited by four chaplains of different faiths, who, in sacrificing their lives, created a unique legacy of brotherhood.

As soldiers rushed to lifeboats, Reverend *George Fox* (Methodist), Jewish Rabbi *Alexander Goode*, Reverend *Clark Poling* (Dutch Reformed) and Father *John Washington* (Roman Catholic) comforted the wounded and directed others to safety. One survivor watched the chaplains distribute life jackets, and when they ran out, they removed theirs and gave them to four young men.

As the Dorchester sank, the chaplains were seen linked arm in arm, praying.

Submitted by *Linda Myers*

To my Post 10 family:

Well, the time has come for me to say "see ya later" Post 10. I'm saying see ya later and not goodbye, cause you know I'll be back. I'm actually already planning to return in April for the SAL <u>Jimmy Bryant Memorial</u> golf tournament.

I'm not sure how long I've been a Post 10 member, but I think it's somewhere between 15 and 20 years. I've enjoyed everything I've been involved with at Post 10. From marching in parades, the Post ceremonies honoring my fellow Veterans and handing out Christmas gifts to the Veterans in local rehab and retirement homes with the Auxiliary and The Sons. I think one of my proudest moments was being involved with the genesis of the Northern Virginia Veterans Parade (originally the Greater Manassas Veterans Parade).

While I will make occasional visits, I will now watch from Martinsville how Post 10 lives up to its legacy and its purpose of Serving the Veteran and the Active-Duty communities. Don't let me down.

So, as I hit the road to retirement, I wish you all the best. Take care of yourselves and take care of each other.

Stay safe.

See ya later.

Jay Wilson

Cmsgt55@gmail.com



Ms. *Shelby Morrison* from Northern Virginia Therapeutic Riding Program (NVTRP) gave a brief background about the program. NVTRP, located at O'Shaughnessy Farm, offers a wide range of programs and services to children and adults who live with disabilities in the Washington Metropolitan Area.

There is an opportunity for everyone at NVTRP, whether it is a child diagnosed with autism, cerebral palsy or Down syndrome; a young teen coping with the effects of abuse; an elderly adult who now uses a wheelchair and lives with the vestiges of polio; or a Veteran regaining life's balance while recovering from an amputation, brain injury or post-traumatic stress disorder. NVTRP helps to build and focus on individuals' abilities, rather than disabilities by providing high-quality therapeutic riding, physical therapy and occupational therapy. They also offers riding lessons and summer camp to people without disabilities through Fairfax County Park Authority.

NVTRP offers special sessions for recovering military service members and Veterans. These lessons are a mixture of therapeutic riding and equine-assisted learning and focus on the participants relationship-building with the horse, which allows for healing in many ways. Horses are non-judgmental partners who thrive on positive relationships and teamwork. Working with horses requires clear, confident communication; a calm, focused intention; and being physically active and outdoors. All of these are essential to helping recovering military service members and Veterans adapt to the world out of service or home with family again. Other benefits of NVTRP are the warm, welcoming staff and volunteers and the tranquil nature of the environment which helps these individuals continue to return to this new situation and create bonds with humans as well as horses.

Our military servicemen and women work long hours and spend extended periods of time away from their families in order to protect our country and others who are less fortunate around the world. The sacrifices they make while fighting for our freedom allow us to enjoy the way of life to which we've grown accustomed. In return, and with the help of our generous donors, NVTRP is able to provide equine assisted services free of charge to military participants.

Physical address: 12933 Popes Head Road. Clifton, VA 20124 Entrance on Popes Head Road. TEL: 703-764-0269

Article & photo submitted by *Gunny*

LOCKER RENT WAS DUE on Friday, 31 DEC 2021:

\$20.00 per locker (floor level lockers \$10.00). <u>Unpaid lockers were emptied on Friday,</u>
14 JAN 2022, and rented to the next member on list. Contents will be held at the Post for 30 days, if not claimed will be treated as abandoned property and becomes the property of Post 10.



Submitted by Kim

THOSE WHO HAVE DIED FOR THIS COUNTRY ARE NOT DEAD UNTIL THEY ARE FORGOTTEN.

NEVER FORGET THAT THESE FALLEN WARRIORS PAID THE ULTIMATE SACRIFICE, AND ALL THOSE WHO HAVE SERVED HAVE SACRIFICED SOME.

VA Homeless Programs

If you, or someone you know, is homeless or at risk of homelessness, call the National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838) for assistance. Learn more at VA's Programs for Homeless Veterans page.

https://www.va.gov/HOMELESS/for_homeless_veterans.asp

Housing Related Supportive Services for Veteran Families (SSVF)

For very low-income Veterans, SSVF provides case management and supportive services to prevent the imminent loss of a Veteran's home or identify a new, more suitable housing situation for the individual and his or her family; or to rapidly re-house Veterans and their families who are homeless and might remain homeless without this assistance. The SSVF Program has been allocated \$202 million from the Coronavirus Aid, Relief, and Economic Security (CARES) Act to provide emergency housing and homelessness prevention assistance to very low-income Veteran families to mitigate the expected wave of evictions and potential homelessness that will result from extensive unemployment. Funds for this program will also assist the Housing and Urban Development (HUD) -VA Supportive Housing program in placing Veterans in safe housing to isolate them from the virus. For more Information refer to:

Supportive Services for Veteran Families (SSVF) https://www.va.gov/homeless/SSVF

Submitted by *Gunny*

Service Officer Report:

We are here to help all Post 10 members and your families and all Veterans with your VA and other related benefits.

Our goal is to give you guidance and assistance. It is very important that you know that you must sign and complete a "Appointment of Veterans Service Organization as Claimant's

Representative (also called "power of attorney" form). This authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information.

I am available to provide expert VA claims and benefits assistance to any Veterans and their families.

Contact Ginger Harvey, Post 10 Service Officer, at: ginger.c.harvey@gmail.com VA claims assistance.

Ginger Harvey, Post 10 Service Officer

From Auxiliary Unit 10:



No report received.

Peggy Pignone—Unit10 Auxiliary President

Auxiliary Membership Report

We currently have 179 mail-in renewals, 41 online renewals, and 16 new members for a total of 236. We are at 91% of our 260 member goal.

Welcome to our newest member: **Debby Keener**.

We are deeply saddened by the loss of *Shirley "Bonnie" Plaster* who passed away in November. She has been a member since 2014. Please keep her family and friends in your prayers.

There are several ways to renew:

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at <u>www.ALAforVeterans.org</u>. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank You!

Diana L. Lake, ALA Unit 10 Membership Chair

What is a Service Dog? According to the Americans with Disabilities Act, service dogs are specially trained to perform specific tasks for people with disabilities. These disabilities can be physical, sensory, psychiatric, intellectual, or mental. Service dogs have full public access rights, which means they can go places where other animals aren't allowed. This includes restaurants, libraries, and public transportation. There is no universally-accepted list of types of service dogs.

Which Breeds Make the Best Service Dogs? Dogs have an outstanding sense of smell that far surpasses humans. In fact, their sense of smell is 10,000 - 100,000 times better than that of people. But it takes more than a good nose to be a service dog. The breeds most commonly used as service dogs share the following key characteristics: **A desire to work.** Your service dog should be happier on a walk or at the dog park than they are laying around at home. **A calm demeanor.** Your service dog can't cause disturbances in public or be easily startled by their surroundings. **Intelligence.** Your service dog has to perform complex tasks that require innate intelligence and good decision making. **A friendly disposition.** Your service dog must be friendly and comfortable around people and other animals. **A loving disposition.** Your service dog must be able to form a strong bond to best serve your needs.

With that in mind, here are a few of the dog breeds that make the best service dogs: Labradors (American and English), Golden Retrievers, German Shepherds, Poodles, Boxers, Great Danes, Border Collies, Bernese Mountain Dogs, Pomeranians, Portuguese Water Dogs.

Types of Service Dogs: Allergy Detection Dogs, Autism Service Dogs, Diabetic Alert Dogs, Guide Dogs, Hearing Dogs, Mobility Assistance Dogs, Psychiatric Service Dogs, Seizure Alert Dogs.

Submitted by *Gunny*



"To Those Who Died, Honor and Eternal Rest; To Those Still In Bondage, Remembrance and Hope; To Those Who Returned, Gratitude and Peace.





Sons of the American Legion, Squadron 10 Report

The SONS have our annual Chili cookoff coming on February 20 from 1-3pm to kick off the 2022 NASCAR season. \$5 to enter and/or \$5 to taste the Chili's and cast your vote.

The TV's are installed on the patio and get the local channels through antenna as well as the apps on the smart TV. Right now you can log in with your PERSONAL NETFLIX, HULU, etc. accounts and watch appropriate materials. There are also free movies and free TV. The 2 TVs outside are to be used first come first serve, If there are arguments regarding channels and volumes, both TVs will be turned off and the remotes will go behind the bar until the following day. If you are done watching the TV, please turn them off and put the remotes in the wooden boxes that were installed on the post under the TV. Any questions please see Dan Frye (SAL Commander) or any SAL officer.

Current open SAL positions are Adjutant and Chaplain. It would be great if we could get someone to step up and help out, training is provided.

The Sons have "SAL Post 10" tumblers for sale. Please ask the bartender to see and purchase.

Please read the below e-mail: Great going SONS!

E-mail received from Ms. *Ennis*, Director of Activities, Gainesville Rehab:

"I wanted to thank you again for your kindness and supporting our Veterans during the Holiday Season. One Resident eye's lit up and he smiled when he saw the candy bars in his bag. I will never forget his expressions on his face when he saw the other gifts. You made his day for sure!

You put smiles on many faces and I appreciate you."

Thanks again, Patricia Ennis

Director of Activities

Commander Squadron 10, *Dan Frye*

Some Quips:

Is it really necessary for the first square of toilet paper to be glued down?

"I told you I don't have Alzheimer's. I have sometimes I remember and sometimes I forget."

I don't understand why people have to "get ready for bed." I'm always ready for bed.

Me, "I'm surprised how winded I am by this exercise." Personal Trainer, "This was the tour of the gym."

The fact that there is a highway to hell and only a stairway to heaven says a lot about anticipated traffic numbers.

What do we learn from cows, buffalos, and elephants? Its impossible to reduce weight by eating green grass and salads and walking.

People who ask me what I'm doing tomorrow probably assume that I even know what day of the week it is.

Submitted by *Phil Smith*



What's Cooking in the kitchen? Monday—Friday 11am-2pm **FEBRUARY LUNCH SPECIALS**



TUE	1 Feb	2 Pieces Fried Chicken, Biscuit,
		Mashed Potatoes.
WED	2 Feb	Grilled Sandwich & Soup.
THU	3 Feb	Club Wrap, FF.
FRI	4 Feb	NY Steak, Baked Potato, Small
		Salad.
MON	7 Feb	Chicken Cordon Bleu, Mashed
		Potatoes, Veggie.
TUE	8 Feb	Bacon & Jalapeno Tomato Grilled
		Cheese, Onion Rings.
WED	9 Feb	Soup & Grilled Sandwich.
THU	10 Feb	Jalapeno Cheddar Bacon Burger,
		FF.
FRI	11 Feb	Haddock Sub w/ Cheese, Onion
		Rings.
MON	14 Feb	Turkey Roll Up, Mashed Potatoes,

Veggie.

IUL	19 Len	Chicken Nation Wrap.
WED	16 Feb	Soup & Grilled Sandwich.
THU	17 Feb	Crab Cake Sandwich, FF, Slaw.
FRI	18 Feb	Steak, Baked Potato, Veggie.
MON	21 Feb	Shrimp Tacos, Rice, Black
Beans	S.	
TUE	22 Feb	Steak & Cheese Quesadilla,
		Onion Rings.
WED	23 Feb	Grilled Sandwich & Soup.
THU	24 Feb	Spicey Chicken Wrap.
FRI	25 Feb	Steak, Baked Potato, Veggie.
MON	28 Feb	Country Fried Steak, Mashed
		Potatoes, Veggie.
St. Va	alentine ^s	s Day, Tue, 14 FEB—bring your
swee	theart to	the Post for lunch.

TUE 15 Feb. Chicken Ranch Wran

Menu & Prices Subject to Change

REMINDER: Third Saturday evening of each month is Prime Rib Dinner. Other Saturday evenings NY or T-Bone Steak Dinners.

BREAKFAST BUFFET has been suspended during the months of January and February.

Dinner Menu

Friday is Seafood Night 3rd Saturday of each month Prime Rib Dinner. Time: 5:00 x 7:30 PM Steak Dinner returns on the other Saturday evenings. 5:00 x 7:30 PM.

Entertainment

Karaoke Check with Post for DJ, dates and times.

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by COB [1700 hours] on the 25th day of each month. Photos should be 'jpeg' and separate from the body of the article. Please check and double check your spelling and grammar.

Articles should be submitted to gysgt mc@yahoo.com

Thank you, Gunny



Robert V. McMaugh Memorial American Legion Post 10 FEBRUARY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HOURS: MON 11AM-9PM TUE—THURS 11AM-10PM	HOURS: FRI 11AM-12AM SAT 12PM-12AM SUN 12-9PM	1 Chinese New Year (Tiger) Auxiliary Unit 10 Meeting 7pm	2 Ground Hog Day Bar Bingo 5:30-8pm	8	4 USO Birthday Seafood 5:30- 7:45pm Karaoke 8pm-Mid.	5 Steak Night Karaoke 8pm-Mid.
6 Four Chaplains Ceremony, 1 pm	7 Bingo in Hall 9:15-12pm	S.A.L. Squadron 10 Meeting 7pm	9 Bar Bingo 5:30-8pm	Sea Scout Troop 100 7:30pm	Seafood 5:30-7:45 pm Karaoke 8pm-Mid.	Executive Boar Meeting 10am Steal Night Karaoke 8 pm—Mid.
Super Bowl Party 6-8pm Buffet \$7.00 Wings/Dogs/ More	14 VALENTINE'S DAY Bingo in Hall 9:15-12pm	Riders Chapter 10 Meeting 7pm	16 Bar Bingo 5:30-8pm	17	18 A' TEAM Seafood 5:30-7:45 pm Karaoke 8pm-Mid.	19 General Membership Mtg 10am Prime Rib Night Karaoke 8pm—Mid. USGC Reserve Birthday
20	21 President's Day Bingo in Hall 9:15-12pm	22	23 Bar Bingo 5:30- 8pm	24	Seafood 5:30- 7:45pm Karaoke 8pm-Mid.	26 Steak Night Karaoke 8pm-Mid.
27	28 Bingo in Hall 9:15-12pm		Check with Post for any changes		Black History Month	Hours of operation subject to change

Calendar subject to change—call Post on 703-369-4900 for up to date information.







FEBRUARY 2022 Newsletter

www.manassaspost10.org





The "Wolf Moon" The first full moon of the year. Photo by 'Chief'