



Robert Vincent McMaugh Memorial American Legion Post 10 9950 Cockrell Road Manassas, Virginia 20110 703-369-4900



www.post10manassas.org

Commander's Column

Summer has come and gone and cooler weather is upon us. Enjoy it while you can.



If you haven't been to the Post recently, GO. New chairs in the social quarters have made a world of difference. THANK YOU Auxiliary for getting this done.

My comments this month include a couple ideas some may want to take advantage of. It's only natural that all Veterans get older by the day and some day we will be transferred to Post Everlasting. Before that day comes, there is much we can do to prepare not only ourselves but our families we will leave behind. Available to us at no cost is a booklet entitled Dignity, A Veteran's Planning Guide. If you wish to receive a digital copy of it email JuliyMaley@DignityMemorial.com.

BREAK: If you are a Veteran, a Washington Capitals Hockey fan and would like to be on the ice participating in the opening ceremony of a game, let me know. We just might be able to make it happen.

And finally, there is still a vacancy on the Post 10 Executive Board. If interested, send me an email at <u>all0commander@gmail.com</u>. Be sure to include your phone number. Thanks to ALL of you for being members of our Post 10 Family. And remember - be respectful of others. Thank you

Dave Quimby, Your American Legion Post 10 Commander

Welcome aboard to our newly hired cook *Catherine*. She will be assisting *Bruce*. Say hi to her next time you visit the Post.



Domestic Violence Awareness Month and Breast Cancer Awareness Month

OCTOBER is



NOTICE: The HALL will be closed for dinning on Friday, 13 OCT 2023, CA\$H BA\$H (Sat, 14 OCT 2023)



Legion Officers Commander Dave Quimby

2023-2024

1st Vice Commander

Linda Myers

2nd Vice Commander

Robyn Zweiban

<u>Adjutant</u>

Bill Barron

Finance Officer

Christian Pearson

<u>Chaplain</u>

Steven Botello

Sergeant-at-Arms

Carl Carey

<u>1 Year Committeeperson</u> Greg Neiss

2 Year Committeeperson

Vacant

<u>3 Year Committeeperson</u>

Vacant Quartermaster

Gunny Lewis

Judge Advocate

Rick Raskin

Service Officer

Ginger Harvey

Newsletter Editor

Gunny Lewis

Veteran's Day Ceremony

Nov. 11, 2023
11:00 am
Manassas Harris Pavilion

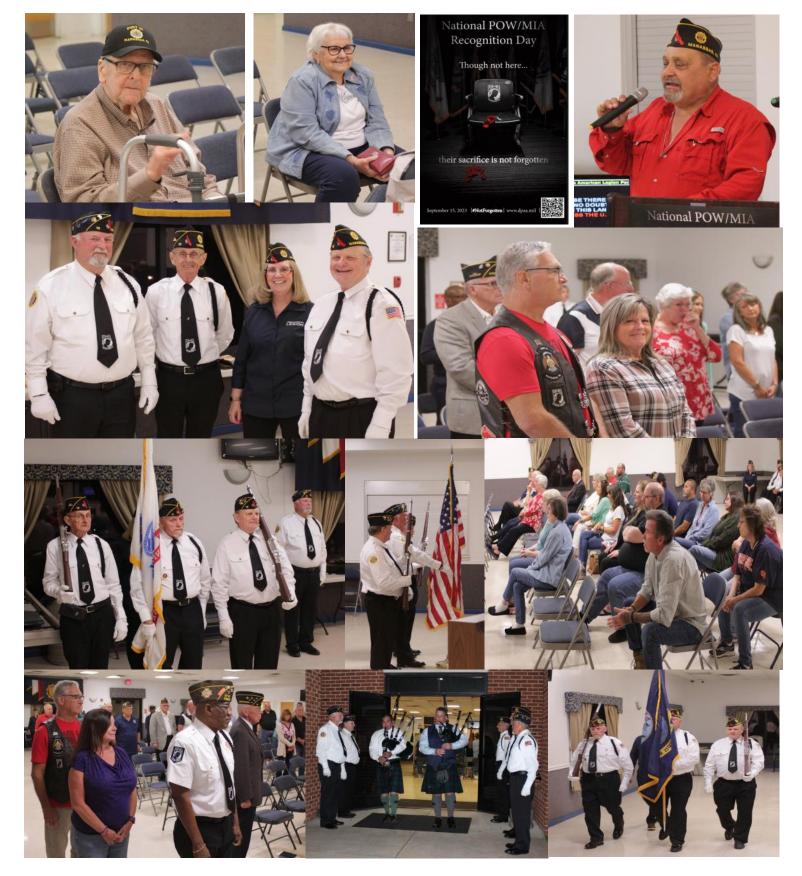
Please attend this celebration in honor of our Veteran, hosted by the American Legion Robert V. McMaugh Post 10. Please arrive early for seating, our ceremony will start promptly at 11:00

11th hour of the 11th day of the 11th month



POW/MIA Recognition Day Ceremony Photos 15 SEP 2023 Photos by Rick Goodman







Photos from the John J. Chada Memorial Golf Tournament-8 SEP 2023





2023 JOHN J. CHADA MEMORIA, SHEE TOURNAMENT The Sons of the American Legion Post 10 Would like to say "THANK YOU" to our generous sponsors:

American Legion Post 10 Legionnaires American Legion Post 10 Auxillary American Legion Post 10 Riders Lake Manassas Limo Service CJ Builders Grace and Honor Bagpipes Patriot Plumbing Service Street Legal Industries, Inc. Village Landscape & Irrigation Glenne Action States Patriot Plumbing Service McCoy Construction Jerry Hamm Glenn & Loretta Brixius Ben Hester - Army Doug Williams - SAL Mission BBQ Miller Toyota The L&L Company

Sloper's Stitch House

Another successful golf tournament hosted by Squadron 10 (Sons of the American Legion Post 10).

Special thanks to *Tom Ramirez* for his many years of coordinating the *Jimmy Bryant* and *John Chada* Memorial Golf Tournaments.

The SONs have always worked together for the benefit of the Post and Veterans in the community. Many thanks to all the members.

John Chada was killed on 11 SEP 2001 while working at the Pentagon on that fateful day.

V/r Gunny

Photos by *Mark Emerman* and *Gunny*

From the desk of the 2nd Vice Commander:

40th Annual Manassas Fall Jubilee,

Recruiting Opportunity October 7th, 10:00-2:00

Setup INSIDE the Manassas Volunteer Fire company, 9322 Centerville Road.

Son's are sponsoring Vic Higgs Happy Hour 7 October 2023. The Son's will provide the food and a band.

Navy Birthday Celebration,13 October 2023, Social Quarter, 2000 hrs., Birthday Cake

CA\$H BA\$H 14 October 2023 tickets \$25 (Auxiliary) Doors open at 2:30 PM. Food and Beverages start at 4 PM

School Thank You Card Pickup 3 November 2023. More details to come.

Greater Manassas Veteran Day Parade, Saturday, 4 November 2023. More details to come.

Veteran Day Ceremony, Manassas Harris Pavilion 11 November 2023 at 1100 hrs.

Marine Corp Birthday, 10 November 2023, Social Quarter, 2000 hrs. Ceremony. Hosted by *Gunny Lewis* Wreath's Across America, 16 December 2023, for more information POC is *Carl Carey*

Robyn Zweiban, 2nd Vice Commander

USAF HAPPY 76th BIRTHDAY—Est. 18 SEP 1947



Chaplain's Column



"Dear Post 10 Members.

Please remember the upcoming short seminar after our next October General Post 10 meeting. I will be bringing you general information via a short 10-15 minutes brief focused on one of the benefits your spouse may be entitled to called "Dependency and Indemnity Compensation" (DIC) when you pass away. This is for your spouse if you pass away and your passing may somehow be related to a service-related health issue. This will be a general presentation only and we can go into any specific details on an "as needed" basis if it is warranted.

Also in the next few months I will be providing general end-of-life information and assistance to you as your Chaplain so that you will be better prepared & able to have a greater benefit(s) and comfort level as we all get older and consider the next phases of our lives. You have earned these and deserve to know what is available and most of these are free to you.

Some of these are: Burial and Memorial benefits, Burial Allowance, VA Survivors Pension, Advance Care plan and many others. More to come shortly for you.

Respectfully,

Steven Botello, Chaplain" (W) 1-703-853-1869 (FX) 1-703-991-0677 (Email Wk) steven.botello@gmail.com

Legionnaire Membership Report

No update received.

There are several ways to renew your American Legion membership:



Online at www.mylegion.org. You can renewal manually each year or set-up automatic yearly renewal with your

credit card. You can also update your profile information: address and phone number. You need your membership ID number to start an account at mylegion.org.

By mail. If you've received your renewal request from National Headquarters, mail it to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 attn: Post 10 Membership. If you haven't received a form from National Headquarters, send a check, and a note with your name, membership ID number, address, email and phone number.

In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues.

Legion dues are \$35.00 and your new 2024 membership card will be mailed to you.

Please provide your address, email and phone number. It's important to be able to contact you. Your information is stored in a protected database, accessible only to post officers with the need to know.

If you have an email account, you can receive the newsletter electronically. Sign up for the newsletter email at the Post 10 website, https://www.post10manassas.org/.

Please feel free to email me with any questions/concerns about your membership or to request an appointment for assistance with your mylegion account or to register on the website to receive the newsletter electronically.

For God and Country, Linda M Myers, 1st Vice Commander myers11@verizon.net

Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays. We honor the sacrifices and responsibilities the service members accept to protect our way of life. Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by Vic Librizzi

Sons of the American Legion, Squadron 10



12 members of the Post made a trip to Chincoteague for some fishing. The fishing could have been better, but Chincoteague will never be the same.. Post 159 in Chincoteague knows about Post 10 in Manassas, that's for sure. After 2 days of gambling, eating and drinking we definitely left a mark. They

may have been glad to see us leave because I'm pretty sure we left with more money then we came with. We did meet a lot of good people at the Post. Looking forward to next year's trip.





Article and photos submitted by Tom Ramirez, 2nd Vice Commander, SAL. ^^^^ On September 8th the Son's held our annual John J Chada Golf Tournament at Prince William Golf Course. What a great day!! 72 golfers enjoyed a wonderful day of golf, food and fun. The course was in great shape considering we haven't had any rain to speak of. Thanks to **Dan Wagner** and the entire staff at PWGC. The day started with a few words from our Commander, Dave Quimby, Legion Chaplin Steven Botello lead us in prayer, Mark "Top" Meier got the blood flowing by playing taps, *Kevin Byrne* and *Garrett McKenzie* followed that by playing Amazing Grace. While all this is going on Post 10's Color Guard led by *Carl Carey* was presenting the colors. We have the best beginning to any golf tournament out there. Thanks to ALL!!! After our round we returned to the Post for some excellent food provided by the Post. Donna, Bruce and Sharon made sure we got our bellies full. Bruce, as always, cooked up an outstanding lunch of roast beef and gravy, scalloped potatoes, green beans and rolls. Donna made sure we topped that off with some excellent cookies. After lunch we announced the winners. 1st place went to the CJ Builders group of *Tim*, *Nick Juran* and *David Lee*. 2nd place went to *Dave, Jake Bianco, John D'Alexander*, and Ken Ryder. 3rd place went to Spencer, Dylan Carmichael, Bronson, Todd. Closet to the pin #4-Tim Fahringer, which is also the "Hamm Hole",#6 and #11 David Bianco and #14 D Robertson. Men's long drive was won by Mitch Freeman. Ladies long drive was won by Lynn Sikora. Congrats to all!!!

Thanks to all the volunteers from all the Squadron Families who helped make this tournament a success. Article by *Tom Ramirez,* 2nd Vice Commander *Dan Frye*, Squadron 10 Commander

AUXILIARY UNIT 10 REPORT:

Reminder that Ca\$h Ba\$h is on October 14th!! Doors open at 2:30pm and prize drawings start at 4pm. <u>Tickets are sold out for the event.</u> The same night, the Legion will have the band, **Something Country**, in the Social Quarters starting at 8pm. Auxiliary and SAL members will be walking through selling HOGs and Raffle Tickets. So, if you missed out on Ca\$h Ba\$h tickets, you could still have a chance to win prizes and have

a fantastic time listening to some great music!!

Reminder that our next Auxiliary meeting will be held on October 3rd at 7pm in the Hall.

Peggy Pignone, Unit 10 President

NOTICES: When playing the 'game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become <u>null and void</u>. The Post has 48 hours to pay on winning tickets. Playing of machines during Social Quarters' hours <u>ONLY!</u> <u>Thank you for your cooperation.</u>

Northern Virginia Veterans Parade—Saturday, 4 NOV 2023, at 1100 hours in Old Town Manassas, VA Honoring All Veterans and their Families—this year the parade will focus on the US Coast Guard. WELCOME HOME VETERANS! VetPar is a 501c3 and all donations are tax deductible as permitted by law. Details go to <u>www.vetpar.org</u>

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Roger Nicol received a Certificate of Appreciation from Sgt-at-Arms *Carl Carey* for *Roger's* dedication in answering the call for Color Guard members at ceremonies. Congratulations *Roger*! The Certificate was presented at the September General Membership meeting.

The Color Guard is always seeking members—if you are interested contact *Carl*—uniforms supplied.

Left to right: Roger, Carl

Article & photo by *Gunny*

At the September General membership meeting *David 'Pops' Fisk* presented the Minute Man decanter to the Post from the 62nd (1980) American Legion annual convention held in Boston, MA.

Thank you—the decanter is now on display at the Post.

P.S. The decanter was empty-Pops how was it?

Article & photo by *Gunny*



COLOR GUARD REPORT:

Franklin L Hines, Post 10 Legionnaire, and his wife, were buried at Quantico National Cemetery on Sept 8th. CG Members: *David Quimby, Tom Masarick* and *Carl Carey* Bagpiper: *Kevin Byrne* Bugle: *David Fisk*

John J. Chada Memorial Golf Tournament. Sept 8th CG Members: Roger Nicol, Dave Fisk, Carl Carey Bagpipers: Kevin Byrne, Garrett McKenzie Bugle: Top Meier

POW/MIA Ceremony, Sept 15th CG Members: *David Fisk, Thomas Masarick, Steve Olson, Carl Carey* Bagpipers: *Chistopher Clemens, Jeffrey Maslona* Bugle: *Top Meier* Assisted: *Bill Barron, Annette Lewis*

Other Events: Aug 31st Redcross blood drive. Collected 18 donates. Hall set up: *Gunny* Assisted: *Denise Lamoureux, Greg Neiss, Carl Carey*

Next blood drive: Scheduled on December 28, 2023. 10am-3pm

Thank You <u>careypmp@gmail.com</u>

Sgt-at-Arms Carl Carey

FRAUD ALERT from the VA: Public Disability Benefits Questionnaire (DBQ)

The VA Office of Inspector General (OIG) seeks your help in preventing DBQ fraud schemes targeting veterans. Public DBQs are medical forms that veterans submit to their healthcare provider (within VA or in the community). The information from the healthcare provider helps VA evaluate disability benefit claims from veterans. DBQ fraud schemes include attempts to obtain payment from veterans for assistance with getting DBQs completed by physicians and filing the related claim, even though free services are offered through VA and its accredited individuals. All veterans should be aware that no-cost assistance is available for filing an initial application for benefits. (Note, however, that fees may properly be charged for appeals of VA initial decisions.) It is not appropriate for any unaccredited "claims consultants" or representatives to charge veterans a percentage of future payments or fees to assist with filing initial benefit claims. Veterans should decline assistance from anyone proposing such an arrangement. These unaccredited individuals may improperly promise to send veterans to private healthcare providers that will increase the chance for successful decisions or higher benefits, or inappropriately advise veterans to avoid exams from a VA provider. Veterans should never agree to have their VA benefit payments directly deposited into the bank of a claims consultant.

Know the SIGNS: Individuals or businesses charge veterans a fee or a percentage of monthly benefits for assistance in getting public DBQs completed by healthcare providers or for submitting the resulting claim for VA benefits. Unaccredited individuals guarantee a large increase in the veteran's military service-connected disability rating that would lead to larger monthly monetary benefits. Only VA can determine disability ratings. Healthcare providers charge a fee with promises they can find a diagnosis or exaggerate an existing medical condition to secure a successful claims decision or a higher rating than the evidence warrants.

Take ACTION: Search VA's database to ensure you are using an accredited representative. Work with the identified accredited representative when submitting public DBQs to physicians or claims to VA. Verify with accredited representatives in advance any potential charges (such as those related to filing an appeal). Accredited representative fees that seem excessive may be challenged by filing a motion to review with VA (Accreditation, Discipline, & Fees Program - Office of General Counsel (va.gov)). Ensure only accurate information regarding your disability claim is provided to VA. Knowingly providing, or having false information provided to VA on your behalf, may be a violation of federal law.

Source: Department of Veterans Affairs, OIG

Submitted by *George Moschatos*



A THANK YOU TO PARTICIPANTS AND ATTENDEES at the POW/MIA CEREMONY, 15 SEP 2023

I wish to personally thank the following: Color Guard: Carl Cary, Steve Olson, Tom Masarick and David 'Pops' Fisk Pipers: Chris Clemons and Jeff Maslona

> Bugler: *Top Meier* Chaplain: *Steven Botello* Music: *Wild Bill* Readers: *Annette Lewis* and *Dave Quimby* A/V: *Rick Raskin* And *to ALL that attended* V/r *Gunny*



FRAUD ALERT from the VA: Medical Identity Theft Scams

The VA Office of Inspector General (OIG) and FBI seek your help to stop medical identity theft scams. Medical identity theft occurs when someone steals or uses your personal information to receive medical care or submits fraudulent claims for payment to health insurers without your authorization. Medical identity theft can be committed by anyone, including family members, caregivers, healthcare providers or pharmacy staff, telemarketers, and fraudsters. If you or a family member has experienced any of the following, you may be a victim of medical identity theft: · Received VA benefits or healthcare insurance correspondence you did not request or initiate (such as appointment reminders or benefit determination letters) · Were sent bills, explanations of benefits, or other paperwork for services not received · Solicited for or received prescription drugs, durable medical equipment, or medical supplies that you did not order or authorize · Discovered incorrect information within your medical records · Denied insurances (life, long-term care, or supplemental) due to inaccurate medical history · Contacted about or informed of action to collect on unknown outstanding medical expenses in your name · Noticed missing mail or unauthorized access to your financial records How to Protect Yourself · Secure all your personal and health insurance information. Do not allow others to use your health insurance (an illegal act) and be cautious with whom you share your data. • Beware of unsolicited "free" healthcare service offers or promised compensation. · Check your explanations of benefits carefully to ensure the accuracy of dates, locations, providers, and services billed. · Notify VA and your insurers if your identity or that of a covered family member is compromised. · Alert your local VA if your VA ID cards are lost or stolen. · Monitor your credit reports for new inquiries, opened credit lines, or unknown debts.

Source: Department of Veterans Affairs, OIG

Submitted by Vic Librizzi

Free COVID test kits are back: Here's how to get yours

You can order four free test kits per household through <u>COVIDtests.gov</u>. The tests will detect the currently circulating COVID-19 variants and are intended for use through the end of 2023. The kits will include instructions on how to verify extended expiration dates. Many kits have had their expiration dates extended beyond what may be printed on the packaging. You don't have to pay for shipping, and you'll never be asked for a credit card or bank account number. You only need to give a name and shipping address. If you'd like an email confirmation and delivery updates from the USPS, you can submit your email address. **Anyone who asks for more information than that is a scammer.** So, remember:

Only go to <u>COVIDtests.gov</u> to order your free test kits from the federal government. When you click to order, you'll be redirected to <u>special.usps.com/testkits</u>. If you're following a link from a news story, double-check the URL that shows in your browser's address bar.

No one will call, text, or email you from the federal government to ask for your information to "help" you order free kits. Don't give out your credit card, bank account, or Social Security number. Do not respond. Instead, report it to the FTC at <u>ReportFraud.ftc.gov</u>. Source: FTC

Veterans Affairs officials have launched a new effort to combat fraud tied to department benefits, in response to fears that the rapid expansion of assistance in the last year could invite more scammers to prey on vulnerable Veterans.

The work includes a new online page — www.va.gov/vsafe — outlining how veterans can spot scams, report suspicious actors and get benefits assistance for free. Department leaders said the information will also be woven into veterans' regular health care visits and interactions with benefits processors, to frequently emphasize the resources available.

"We're getting this into the hands of our regional office directors, we're getting this into the hands of our medical center teams, so they can be talking to veterans in very plain language about this," VA Secretary **Denis McDonough** said. So far this fiscal year, VA has investigated nearly 12,500 cases of potential benefits fraud and provided support to 1,164 victims of benefits scams. Some of that caseload is linked to the new military toxic exposure benefits legislation signed into law in August 2022, which for the first time provides financial compensation for a host of illnesses linked to war zone burn pit smoke inhalation.

Source: Military Times



FOOL

Toys for Tots is a Top-Rated Charity

MISSION: The basic mission of the Marine Toys for Tots Program is to collect new unwrapped toys and distribute those toys to less fortunate children at Christmas.

GOAL: The primary goal of Marine Toys for Tots is, through the gift of a new toy, help bring the joy of Christmas and send a message of hope to America's less fortunate children.

OVERVIEW: In order to better execute the Program, in 1991 the Marine Toys for Tots Foundation was created at the behest of the Marine Corps. **FOUNDATION OVERVIEW:** The Marine Toys for Tots Foundation, is an IRS recognized 501(c)(3) not-for-profit public charity which was created at the behest of the U. S. Marine Corps in 1991.

Annual Cash Bash 2023

volunteers will be walking around during the evening selling raffle tickets, pull tabs (Hogs), 50/50's Grand prize – \$4,500 Drawing at 10:00pm

4:15\$500.00		Benefits	7:15\$500.00
4:30\$500.00	Name:	American Legion Auxiliary Unit #10	7:30\$500.00
4:45\$500.00 5:00\$500.00 5:15\$500.00	Address:	CA\$H BA\$H 2023	7:45\$500.00 8:00\$500.00 8:15\$500.00
5:30\$500.00 5:45\$500.00 6:00\$500.00	Telephone:	Sat., Oct 14, 2023 ⁹⁹⁵⁰ Cockrell Rd. Manassas, VA Doors Open at 2:30 • FREE Food & Beverages served, starting at 4:00 p.m.	8:30\$500.00 8:45\$500.00 9:00\$500.00
6:15\$500.00 6:30\$500.00 6:45\$500.00	Sold By:	Winners need not be present to win. No One Under 21 is permitted. No Smoking. Fill the Cart/Share the Harvest Kick-Off - Please bring in a non-expired and non-perishable food item to fill our cart. You will receive 1 door prize ticket for each item donated.	Grand Prize ~ 10:00 p.m. \$4,500.00

Bingo style drawings: Each ticket can be a one time winner for drawings every 15 minutes between 4:00pm -9:00pm All tickets (including previous winners) are included for the Grand Prize drawing at 10:00pm



Post 10 Service Officer Column

We will be having a Veterans Claims Clinic next year on January 20, 2024 from 12:00 p.m. to 3:00 p.m. to assist Veterans with filing claims for disability compensation. The Veterans Claims Clinic will be held in the Hall here at Post 10. For more information, contact me at ginger.c.harvey@gmail.com.

It is very important that you know that you must sign and complete a "Appointment of Veterans Service Organization as Claimant's Representative (also called "power of attorney" form). This

authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims. Contact *Ginger Harvey* at: ginger.c.harvey@gmail.com for VA claims assistance.

Post 10 Service Officer, Ginger Harvey

<u>REMINDER</u>: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or *vacate Post 10 property*." Take the time and attend the ceremony, you may find it informative, educational, and interesting.

40 Years Ago—23 OCTOBER 1983 We shall not forget!

Early on a Sunday morning, October 23, 1983, two truck bombs struck buildings in Beirut, Lebanon, housing American and French service members of the Multinational Force in Lebanon (MNF), a military peacekeeping operation during the Lebanese Civil War. The attack killed 307 people: 241 U.S. and 58 French military personnel, 6 civilians, and 2 attackers.

The first suicide bomber detonated a truck bomb at the building serving as a barracks for the 1st Battalion 8th Marines (Battalion Landing Team – BLT 1/8) of the 2nd Marine Division, killing 220 marines, 18 sailors and 3 soldiers, making this incident the deadliest single-day death toll for the United States Marine Corps since the Battle of Iwo Jima in World War II and the deadliest single-day death toll for the US Armed Forces since the first day of the Tet Offensive in the Vietnam War. Another 128 Americans were wounded in the blast; 13 later died of their injuries, and they are counted among the number who died. An elderly Lebanese man, a custodian/vendor who was known to work and sleep in his concession stand next to the building, was also killed in the first blast. The explosives used were later estimated to be equivalent to as much as 21,000 pounds of TNT.

Minutes later, a second suicide bomber struck the nine-story *Drakkar* building, a few kilometers away, where the French contingent was stationed; 55 paratroopers from the 1st Parachute Chasseur Regiment and 3 paratroopers of the 9th Parachute Chasseur Regiment were killed and 15 injured. It was the single worst French military loss since the end of the Algerian War. The wife and four children of a Lebanese janitor at the French building were also killed, and more than 20 other Lebanese civilians were injured.

A group called Islamic Jihad claimed responsibility for the bombings and said that the aim was to force the MNF out of Lebanon. Some analysis highlights the role of Hezbollah and Iran, calling it "an Iranian operation from top to bottom".



On the Radar

OCTOBER 2023

- 07 Oct Afghanistan War Began (2001)
- 07 Oct <u>LL BD</u>
- 09 Oct Columbus Day (Observed)
- 11 Oct RDV BD
- 12 Oct Columbus Day
- 13 Oct US Navy Birthday (1775)
- 16 Oct National Boss Day
- 23 Oct Grenada Campaign Began (1983)
- 27 Oct Navy Day
- 31 Oct Halloween

AMERICAN LEGION RIDERS

NOVEMBER 2023

- 05 Nov Daylight Savings Time Ends
- 07 Nov Election Day-VOTE!
- 10 Nov <u>USMC Birthday (1775) Ceremony</u> 2000 hrs in SQ
- 11 Nov <u>Veterans Day, Ceremony at Harris</u> <u>Pavilion, 1100 hrs</u>
- 21 Nov Grenada Campaign Ended (1983)
- 23 Nov Thanksgiving —<u>POST CLOSED</u>

American Legion Riders Post 10

No submission received. *Paul "Cheeks" Giovanni*, Director Post 10 ALR



Quotes to Ponder:

"Heroism is not only in the man, but in the occasion."- Calvin Coolidge

"Never throughout history has a man who lived a <u>life</u> of ease left a name worth remembering."-*Theodore Roosevelt*

"Those who have long enjoyed such privileges as we enjoy forget in time that men have died to win them."-*Franklin D. Roosevelt*

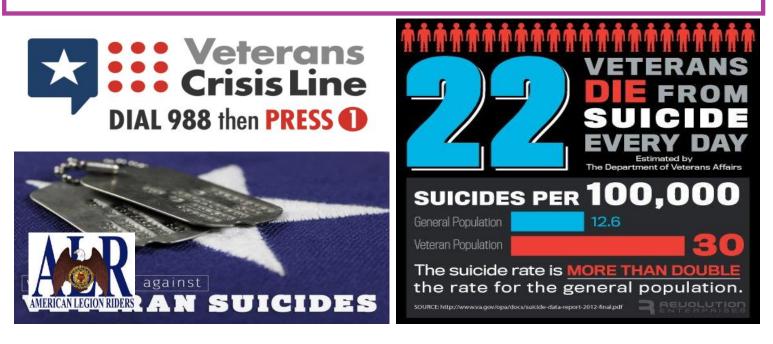
"No man is entitled to the blessings of freedom unless he be vigilant in its preservation."-

General Douglas MacArthur

"Freedom makes a huge requirement of every human being. With freedom comes responsibility."-*Eleanor Roosevelt*

"A hero is someone who has given his or her life to something bigger than oneself."- *Joseph Campbell* "Never was so much owed by so many few."- *Winston Churchill*

Submitted by Gunny





"To Those Who Died, Honor and Eternal Rest; To Those Still In Bondage, Remembrance and Hope; To Those Who Returned, Gratitude and Peace.



Some Military Facts:

Military Fact #1) The Department of Defense employs about 1.3 million people on active duty.

- The U.S. Army is the largest branch with 464k members.
- The U.S. Navy is the second-largest military branch, with 346k members.
- The U.S. Marines is the third largest branch, with 174k members.
- The U.S. Air Force & Space Force together have 333k members.

Military Fact #2) The U.S. Coast Guard is not in the Department of Defense. 40k members strong, the U.S. Coast Guard is part of the Department of Homeland Security.

Military Fact #3) About 780k people currently serve in the Reserves, the Air National Guard & the Army National Guard. There are three types of Reserve component: the Ready Reserve, the Standby Reserve, and the Retired Reserve.

Military Fact #4) The Foo Fighters is a term from World War II. In addition to the popular band, the term Foo Fighters can be traced back to WWII, when American and British aircraft pilots reported bright lights that would change direction and speed away faster than any aircraft possibly could. No one was able to determine who piloted these crafts or what they were, and they were given the nickname "foo fighters." Submitted by *George Moschatos*



Auxiliary Membership Report

The 2024 membership cards have arrived. We currently have 19 mail-in renewals, 5 online renewals, and 10 new members for a total of 34.

Welcome to our newest members: Sandra Broadnax, Mary Faulk, Norma Judy, Rachael Spencer, Diane Whitman, Dawn Whitmore, and Dana Zank.

There are several ways to renew:

1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or

2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or

3) Renew online at <u>www.ALAforVeterans.org</u>. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).

4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank You! Diana L. Lake, ALA Unit 10 Membership Chair



<u>What's Cooking in the kitchen?</u> Monday—Friday 11am-2pm <u>OCTOBER LUNCH SPECIALS</u>



MON 2 Oct Hot Turkey Sandwich, Potatoes, Gravy, Veges, Cranberry Sauce

- TUE 3 Oct Veal Parm., Pasta, Salad, Garlic Bread.
- WED 4 Oct. Cowboy Chicken Sand., FF or OR.
- THU 5 Oct The 'Wild Bill', a Country Fried Steak w/Works on a Sub Roll.
- FRI 6 Oct Crabcake Sand., Slaw, FF.
- MON 9 Oct. Prime Rib French Dip, FF or OR.
- TUE 10 Oct Bratwurst, Sauerkraut, Hot German Potato Salad.
- WED 11 Oct Bronco Burger w/A-1. Cheese, Jalapenoes, FF or OR.
- THU 12 Oct Chicken & Cheese Quesadilla, Salsa, Sour Cream.
- FRI 13 Oct Patty Melt on Rye w/Grilled Onions & FF.

SATURDAY DINNER SPECIALS 5:00 x 7:30 PM

7 OCT, BBQ—NO steak Dinner.
14 OCT, NO Dinner—CA\$H BA\$H.
21 OCT, Prime Rib, Baked Pot., Veg, Salad.
28 OCT, NY Strip or Rib Eye or Glazed Cornish Hen over Rice.

MON 16 Oct Beef Brisket, Potatoes, Vege, R&B. TUE 17 Oct Hot Roast Beef Sand., Potatoes, Vegs.

WED 18 Oct Soup & Grilled Sand., FF or OR.

- THU 19 Oct Timmy's Hot Hamburger Plate, Fries or Mashed Potatoes, Brown Gravy over all—YUM!
- FRI 20 Oct Fish & Chips, Slaw.
- MON 23 Oct Country Fried Steak, Potatoes, Veg, R&B.
- TUE 24 Oct Taco Salad, Salsa, Sour Cream.
- WED 25 Oct Hot or Cold It. Sub, FF or OR.
- THU 26 Oct Fried Catfish 'PoBoys', Slaw, FF.
- FRI 27 Oct NY Strip, Baked Pot., Veg or Salad.
- MON 30 Oct Meatloaf, Pot., Veg, R&B.
- TUE 31 Oct 'Post 10' Reuben w/Slaw, FF or OR.

SUNDAY FOOD SPECIALS 1 x 6 PM

Oct 1—Chili OR Ham, Bacon Chowder Oct 8—Chili OR Brunswick Stew Oct 15—Chili OR Lasagna Soup Oct 22—Chili OR Vege Beef Stew Oct 29—Chili OR Chicken Noodle Soup <u>MENU SUBJECT TO CHANGE</u>

Menu and Prices Subject to Change. Call Post on 703-369-4900 for Current Info.

Dinner Menu

Friday is Seafood Night 3rd Saturday of each month Prime Rib Dinner. Time: 5:00 x 7:30 PM

Saturday evenings. Time: 5:00 x 7:30 PM. <u>Entertainment</u> (Friday & Saturday evenings 8 x 11 P.M.)

> Oct 6—Juke Box Oct 7—SOMETHING COUNTRY Oct 13—Wild Bill Karaoke Oct 14—SOMETHING COUNTRY Oct 20 & 21—Wild Bill Karaoke Oct 27 & 28—Wild Bill Karaoke

NEWSLETTER SUBMISSION: Please remember to submit your <u>articles to me in word document format by</u> **COB [1700 hours] on the 25th day of each month.** Photos should be 'jpeg' and separate from the body of the <u>article.</u> Please check and double check your spelling and grammar.

Articles should be submitted to gysgt_mc@yahoo.com

Thank you, Gunny



Robert V. McMaugh Memorial

American Legion Post 10 OCTOBER 2023

The America	The American Legion Family	_				
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Young Marines 1-5 PM	2 Bingo in Hall 9:15 AM-Noon	3 Auxiliary Unit 10 Meeting 7 PM	4 Bando Bar Bingo 5:30-8 PM	5	6 R.E.D. Seafood Night 5:30-7:45 PM	7 Afg. War Began- 2001 LL BD
	CONTRACTION OF CONTRACTICON OF CONTRA	(\mathbf{x})			Ent: Juke Box	sometning Country Band
	9 Columbus Day Observed Bingo in Hall 9:15 AM-Noon	10 S.A.L. Squadron 10 Meeting 7 PM	11 (30.300 Bar Bingo 5:30-8 PM	12	13 R.E.D. Seafood Night 5:30-7:45 PM	14 Exec. Meeting 10 am
	CALLE CON CONTRACTOR C		RDV BD		Vild Bill Karaoke	Something Country Band
15 Y oung Marines 1-5 PM	16 Bingo in Hall 9:15 AM-Noon	17 Riders Chapter 10 Meeting 7 PM	18 මැගීමෙ Bar Bingo 5:30-8 PM	19	20 R.E.D. Seafood Night	21 General Membership Mtg 10 am
	Come Pay Nen Uci	8			Wild Bill Karaoke	Prime Rib Dinner 5-7:30 pm Wild Bill Karaoke
22	23 Beirut Bombing (1983) Bingo in Hall	24	25 00000 Bar Bingo 5:30-8 PM	26	27 R.E.D. Seafood Night	28 Wild Bill Karaoke
	9:15 AM-Noon		Grenada Campaign Began (1983)		5:30-7:45 PM Wild Bill Karaoke	
29	30 Bingo in Hall 9:15 AM-Noon	31 Halloween				
	Come Page Come P					

Line Dancing Mondays between 7 x 9 P.M. in Hall. \$5.00/person

Calendar subject to change—call Post on 703-369-4900 for current information. Our new website is: <u>www.post10manassas.org</u>



New number. Same support. Dial 988 then Press 1



OCTOBER 2023 Newsletter

www.post10manassas.org

