



1986 - 2023



Robert Vincent McMaugh Memorial
American Legion Post 10
9950 Cockrell Road
Manassas, Virginia 20110
703-369-4900
www.post10manassas.org



JAN 2024

2023-2024

Legion Officers

Commander

Dave Quimby

1st Vice Commander

Stan Moore

2nd Vice Commander

Robyn Zweiban

Adjutant

Bill Barron

Finance Officer

Christian Pearson

Chaplain

Steven Botello

Sergeant-at-Arms

Carl Carey

1 Year Committeeperson

Greg Neiss

2 Year Committeeperson

Rick Goodman

3 Year Committeeperson

John Shaw

Quartermaster

Gunny Lewis

Judge Advocate

Rick Raskin

Service Officer

Ginger Harvey

Newsletter Editor

Gunny Lewis



COMMANDER'S COLUMN:

Another year has gone by. I can't speak for everyone but I feel a year younger. I trust all of you had a wonderful Christmas. New Year's eve is fast approaching so be ever mindful of and all alcoholic intake. Be responsible. Be safe. Use a buddy system. Have a designated driver (a sober one!). Use UBER. Just be safe. We want to see all of you back in 2024. And speaking of 2024, I believe unacceptable behavior on Post property (both inside and out) has tapered off. Keep a few things in mind in this regard. Be respectful of everyone. Treat others as you want to be treated. If you witness unacceptable behavior, report it to the manager on duty right away. Only then can some form of corrective action be considered.

See you in 2024. HAPPY NEW YEAR! Your Commander.

Dave Quimby, Your American Legion Post 10 Commander

Manassas Young Marines: Recently, I was privileged to be invited to sit on the Manassas Young Marines (YM) promotion board by *Helia Maritato*, senior adult advisor, along with YM adult advisors, *Celia Medina* and *Joshua Korson*. This was an eye opening experience for me. My contact at the Post with these young boys and girls is when they assist the Post in parades, ceremonies, and various dinners; however, I learned, saw, and heard just what these Young Marines are all about - their dedication to discipline, leadership, and teamwork. Their oath is "Obey my parents and all others in charge of me whether young or old. Keep myself neat at all times without other people telling me to. Keep myself clean in mind by attending the church of my faith. Keep my mind alert to learn in school, at home or at play."

The candidates were sharp, not only in appearance, but in mind; they replied to the questions that we asked with maturity, clarity, and sincerity. Each candidate referenced their responsibility to be a good example to others and to mentor all in their charge. They stressed teamwork, motivation, good stewardship, and to be responsible citizens. They exhibited maturity beyond their chronological age.

The Young Marines is a youth program for boys and girls ages 8 thru 18 or high school graduation (not to exceed 20 years of age) formed in 1959. The YM promotes mental, moral, and physical development of its members. The program focuses on teaching the values of leadership, teamwork, and self-discipline, so its members can live and promote a healthy, drug-free lifestyle.

The Young Marines meet at the Post usually on the first and third Sundays of the month between 1300 and 1700 hours. Check the Post calendar in each newsletter for specifics or reach out to me. I thank Mmes. *Maritato*, and *Medina*, Mr. *Korson*, the YM candidates for promotion, and all the Manassas Young Marines for this opportunity to learn first-hand about the Young Marines and their esprit de corps.

V/r

Semper Fidelis

Gunny



A **Claim Shark** is an individual or company that charges hefty fees to “assist” or “consult” Veterans and survivors with filing their VA benefits claims. ***This practice is illegal!*** In fact, none of these private companies is better than the others. They are all operating illegally. Claims Sharks are not VA-accredited, meaning they are not required to adhere to professional and ethical standards, so their advice can be misleading or even fraudulent. Some of their predatory practices include guaranteeing an increased disability rating or percentage increase; advertising expedited VA claims decisions; requesting login credentials to access a veteran’s personal information through secure VA websites like eBenefits or VA.gov; imposing their predatory contracts; and telling veterans to forego VA medical examinations while offering consultations from their own network of doctors. The VFW opposes proposed legislation like the *PLUS for Veterans Act* or any legislation that would assign future benefits and legalize these practices to allow companies to charge up to \$12,500 for claims assistance. No Veteran should have to pay for earned benefits.

Source: VFW Action Alert

Legionnaire Membership Report from the 1st Vice Commander:



Please welcome the following new members and transferees to Post 10:

Gary Bailey USA, **Carla Roe** USA, **Benjamin Roe** USA, **Richard Jones Jr.** USA, **Harvey Campbell** USAF, **Steve Campbell** USMC, **Frederick Kane** USN, **Juan Leguna** USN, **Dawn Hayford** USA, **William Richards** USA, **Ronald Gagat** USGS Active Duty, **John Turner** USN, **Alfredo Oandasan** USN, **Patrick Craddock** USAF, **Lew Wallis** USN

There are several ways to renew your American Legion membership:

1. Online at www.mylegion.org. You can use a credit card online and set-up automatic yearly renewal with your credit card. You can also update your profile information: address and phone number. You need your permanent membership ID number to start an account at mylegion.org. If you have a hand written card, you probably have a temporary number. Email me for your permanent number. Online renewals can also print out a new membership card on-line. This will show that you are paid up and I will also send out a new 2024 card once I am notified by National of your renewal.
2. By mail. If you’ve received your renewal request from National Headquarters, mail it to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 attn: Post 10 Membership. If you haven’t received a form from National Headquarters, send a check, and a note with your name, ID number, address, email and phone number.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues.

Legion dues are \$35.00 and your new 2024 membership card will be mailed to you. Please provide your address, email and phone number. It’s important to be able to contact you. Your information is stored in a protected database, accessible to only the post officers with the need to know. If you have an email account, and can receive the newsletter electronically, it will save the Post money. Please feel free to email me with any questions/concerns about your membership.

For God and Country,
Stan Moore, 1st Vice Commander al10membership@gmail.com



OPERATION SUGARPLUM: On 4 December Post 10 Commander **David Quimby** and **Leo Smith** (Legionnaire & Legion Rider) presented fifteen Walmart gift cards to Fort Belvoir Army Community Services (ACS). This effort known as Operation Sugarplum, ACS provides financial support to lower enlisted Ft. Belvoir families Ms. **Tammye Brady** explained that this year’s Soldier families includes several E-5 blended families with six children each. The ACS team thanked the Post 10 family and noted that the Auxiliary, Sons, and Riders’ donation will go a long way in assisting these families during this holiday season.

Article and photo submitted by **Leo Smith**

Gunny saying:

The military has a strong connection with stars; the Army and Marines sleep under them, the Navy navigates by them, and the Air Force judge hotels by them.



Thanks **Jake** for keeping the grounds near the flagpole clean, neat, and presentable. Much appreciated.

Gunny

Recently Ms. **Betty Masters**, her daughter and son-in-law stopped by the Post to view the banner honoring Ms. **Elizabeth Lewis** that has flown on the utility poles along Center St., in Old Town Manassas along with other Veterans' banners. Ms. **Masters** is the daughter of **Elizabeth**. **Elizabeth** was a US Army 1stLt during WWII. She earned the Asiatic-Pacific & EAME campaign medals. Each year during the Memorial Day period the city has flown banners of local Veterans who have transferred to Post Everlasting. This program was initiated by **Jerry Martin**, LtCol USMC (Ret). Ms. Masters thanked the Post for all they have done for the family. "Betty it was our honor and privilege to have known your Mom." (Photo lft to rt.—**Channing, Stephanie, Betty**)

Article and photo by **Gunny**



New number. Same support.
Dial 988 then Press 1

The 2022 PACT Act
makes it easier for many survivors to receive
Dependency and Indemnity Compensation.

VA will be contacting survivors who were previously denied.
You don't need to wait for VA to contact you to submit a claim.

VA SURVIVOR BENEFITS

Learn more at VA.gov/PACT
1-800-MYVA111 (800-698-2411)



★ The Women Veterans Call Center is your guide to VA.

Hours of Operation
Monday - Friday: 8:00 am - 10:00 pm ET
Saturday: 8:00 am - 6:30 pm ET
Phone: 1.855.829.6636
Anonymous Chat at www.womenshealth.va.gov



The Department of Veterans Affairs (VA) announced two grant opportunities that will help Veterans experiencing homelessness.

Supportive Services for Veteran Families (SSVF) Grants: Within the coming year, VA will award hundreds of millions of dollars in funding to organizations that help rapidly rehouse Veterans and their families, prevent the imminent loss of a Veteran's home, or identify new, more suitable housing situations for Veterans and their families. The exact funding amount will be determined by VA's budget.

Legal Services for Homeless Veterans and Veterans At-Risk for Homelessness Grants: Within the coming year, VA will award more than \$26 million in funds to organizations that help homeless Veterans with legal representation, assistance with court proceedings, defense in criminal cases related to homelessness, and more.

This announcement comes shortly after the Department of Housing and Urban Development released the results of the 2023 Point-in-Time Count, the annual effort to estimate the number of Americans, including Veterans, experiencing homelessness. The data shows that on a **single night** in January 2023, there were 35,574 Veterans who were experiencing homelessness, a **7.4% increase over 2022**. This uptick mirrors the increase in homelessness among all Americans, which increased by 12% over 2022. "One Veteran experiencing homelessness will always be one too many, and we will do everything in our power to ensure that Veterans get the safe, stable housing they deserve," said VA Secretary *Denis McDonough*. "These new grants are a critical part of that effort, empowering VA and our partners to provide more housing and wraparound services to more homeless and at-risk Veterans than ever before. Together, we will not rest until Veteran homelessness is a thing of the past."

VA has permanently housed 38,847 homeless Veterans thus far in 2023. This year, VA has also expanded access to health care for homeless Veterans, expanded access to legal assistance for homeless Veterans, helped more than 145,000 Veterans and their families retain their homes and avoid foreclosure, and awarded more than \$1 billion in grant funding to help homeless Veterans. In partnership with HUD, VA also convened 10 national HUD-VA Supportive Housing bootcamps, in which local VA homeless program staff with public housing agencies from across the country participated in intensive two-day workshops to improve coordination to more quickly rehouse Veterans through the HUD-VASH program. During 2023, the HUD-VASH program helped over 13,000 Veterans exit homelessness and obtain permanent affordable housing with supportive services.

If you are a Veteran who is experiencing homelessness or at risk for homelessness, call the National Call Center for Homeless Veterans at 877-4AID-VET (877-424-3838). Visit the VA Homeless Programs website to learn about housing initiatives and other programs for Veterans exiting homelessness.

Source: VA News Release

Submitted by *Vic Librizzi*

And F I N A L L Y ! The Space Force emblem hung.



It was the MARINES that got it done! Thanks *Speedy*!!!

The Army said they would do it but never succeeded. Typical!

Gunny photos.

WREATHS ACROSS AMERICA PHOTOS, SATURDAY, 16 DEC 2023

MANASSAS CITY CEMETERY



Wreath pickup will be after the General Membership Meeting, Saturday, 20 JAN 2024

Photos by:
***Rick Goodman,
Annette Lewis, and
Gunny***

From the desk of the 2nd Vice Commander:

Toys For Tots: Thanks to all who donated a new unwrapped toy. We delivered the toys to the National Museum of the Marine Corps on Saturday, 9 DEC 2023.



Photos by

Rick Goodman & Gunny

Robyn Zweiban, 2nd Vice Commander

Camp Lejeune water contamination health issues: If you served at either of these locations between August 1, 1953, and December 31, 1987, you may be eligible for disability and health care benefits: Marine Corps Base Camp Lejeune, or Marine Corps Air Station (MCAS) New River, North Carolina.

Am I eligible for VA disability compensation? You may be eligible for disability compensation payments on a presumptive basis if you meet all of these requirements. These requirements apply to Veterans, Reservists, and National Guard members.

Both of these descriptions must be true: You served at Camp Lejeune or MCAS New River, North Carolina, for at least 30 days total between August 1, 1953, and December 31, 1987, **and** You didn't receive a dishonorable discharge when you separated from the military.

And you must have a diagnosis of 1 or more of these presumptive conditions:

- Adult leukemia
- Aplastic anemia and other myelodysplastic syndromes
- Bladder cancer
- Kidney cancer
- Liver cancer
- Multiple myeloma
- Non-Hodgkin's lymphoma
- Parkinson's disease

Evidence shows a link between these conditions and exposure to chemicals found in the drinking water at Camp Lejeune and MCAS New River during this time.

What does it mean to have a presumptive condition? To get a VA disability rating, your disability must connect to your military service. For many health conditions, you need to prove that your service caused your condition. But for some conditions, we automatically assume (or "presume") that your service caused your condition. We call these presumptive conditions. Presumptive conditions are established by law or regulation. If you have a presumptive condition, you don't need to prove that your service caused the condition. You only need to meet the service requirements for the presumption.

For further information go to:

[Camp Lejeune Water Contamination Health Issues | Veterans Affairs \(va.gov\)](#)

Source: VA

Submitted by ***Gunny***

Chaplain's Column



Dear Post 10 Members,
2023 will soon be past us all and 2024 and so much more will be in our future. What do we do with this gift that has been laid before us all? Opportunity and giving. Do we look at ourselves and say I can be better? Do we look at others and say ... they can do better? Or do we take a small step forward and say to others I will step up and do so so that I can help others? I cannot give you the answers to this question and many many more like them. Do you sit and say to yourself.... Gosh ... I should do something to help others... whatever that might be or do you wait for that opportunity to pass...again... and then say well I should have... but never did. Only you can make those decisions. That is between you... your heart and soul... and the God that you believe in.

If you want to talk about it give me a call. Better yet...if you want to do something give me a call. We welcome all.

Thanks, Steve Botello/Chaplain

Phone: 1-703-853-1869/ Email: steven.botello@gmail.com

Sons of the American Legion, Squadron 10

On December 9th the Son's held the 1st "Not Your Uncle's MRE" soup contest. We had a great turnout with 50 people either entering or tasting the soups. The winners were 1st place **Dan Frye** with an Irish Stew; 2nd place **Heather LeMay** with a Tortellini Soup; 3rd place **Steve Kowalewski** with a Tomato Tortellini Soup.

We want to thank all the cooks who entered a soup, we had 9 total, and all that participated.

December was a busy time of year for the Son's. We shopped and delivered gifts to some Vets in local rehab facilities. We had a nice mix of Son's and Veterans deliver the gifts. We spent time talking to each patient. The look on each person's face told the entire story. Not sure they get a lot of visitors so spending a few minutes with them made a big difference in their day. We have a lot of different events throughout the year, but this is what the Son's are all about. Giving back to the ones that made the real sacrifices.

Merry Christmas and a Happy New Year!!!

Tom Ramirez, Division Manager, Virginia Central Division

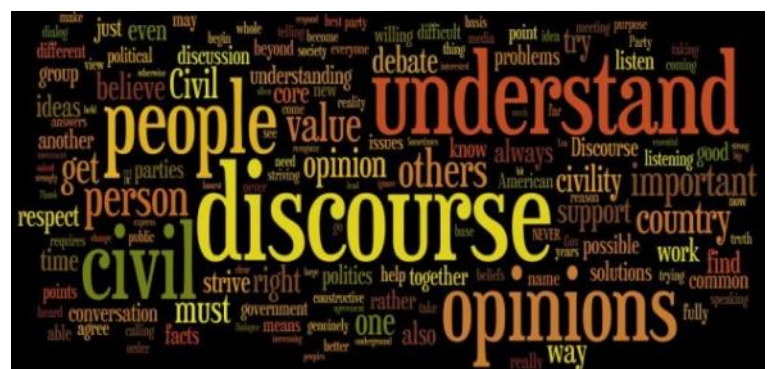


Relaxing after the visits to the Veterans at the local rehab facilities.

Dan Frye, Heather LeMay, Steve Kowalewski, Tom Ramirez.

Article & photos submitted by Tom Ramirez

Dan Frye, Squadron 10 Commander



COLOR GUARD REPORT



Manassas Christmas Parade Location: Manassas VA
Color Guard: *David Quimby, Carl Carey*

Wreathes Across American (WAA) Location: Manassas Cemetery
Color Guard: *Roger Nicol, David Fisk, Carl Carey*
Assisted: *Manassas Young Marines*

Manassas Cemetery Walk Location: Manassas Cemetery
Gunny Lewis, Carl Carey

It's important to maintain a Veteran present in our community. This is accomplished by the Color Guard of American Legion Post 10. With each performance, the Color Guard members honor those who serve currently and veterans who helped keep the United States and its people free and protected. We welcome all Post 10 Members who would like to join us. To uphold America's traditions to honor All Veterans. Thank You
careypmp@gmail.com
Sgt-at-Arms *Carl Carey*

POST 10 INVITES YOU TO BE PART OF OUR HISTORY

BE PART OF THE HISTORY OF THE AMERICAN LEGION, ROBERT VINCENT MCMAUGH MEMORIAL POST 10. WE ARE OFFERING A BRICK THAT CAN BE PERSONALIZED AND PLACED IN THE "POST 10 MEMORIAL" IN FRONT OF THE POST.

The cost is \$150.00 per brick and it can be imprinted with 3 lines of 14 characters (including spaces and punctuation). Part of the price (\$50.00) is a tax-deductible donation to The American Legion Post 10 Memorial Fund.

YOUR BRICK MAY CONTAIN ANY APPROPRIATE INSCRIPTION THAT YOU DESIRE, i.e., COMMEMORATING YOUR BRANCH/TIME OF SERVICE IN MEMORY OF A LOVED ONE, SERVING AS AN HONORARIUM, OR TO GIVE SOMEONE A CHEER. REGARDLESS OF THE INSCRIPTION, YOUR PERSONALIZED BRICK WILL BECOME A LANDMARK FOR POSTERITY.

AA

I'd like to purchase a brick. Please reserve my personalized brick as follows [print clearly and count letters, spaces and punctuation on each line NOT to exceed 14 characters]: ALL LETTERS ARE IN CAPS

Line 1: _____

Line 2: _____

Line 3: _____

[] I have enclosed a check for \$150.00 payable to American Legion Post 10 Memorial Fund. Mail to: American Legion Post 10 Memorial Fund, 9950 Cockrell Rd., Manassas, VA 20110

Purchaser's Information:

Name _____
Address _____
Phone _____
Email _____

It is the soldier, not the reporter, who has given us freedom of the press.

It is the soldier, not the poet, who has given us freedom of speech.

It is the soldier, not the campus organizer, who has given us freedom to demonstrate.

It is the soldier, who salutes the flag, who serves under the flag, and whose coffin is draped by the flag, who allows the protester to burn the flag.

Father Denis Edward O'Brien, USMC

The reason the Air Force, Army, Navy and Marines bicker is because they don't speak the same language. For instance, Take the simple phrase, "Secure the building." The Army will post guards around the place. The Navy will turn out the lights and lock the doors. The Marines will kill everybody inside and set up a headquarters. The Air Force will take out a 5 year lease with an option to buy.



AUXILIARY UNIT 10 REPORT

No report received.

Peggy Pignone, Unit 10 President



Post 10 Service Officer Column



Happy New Year 2024 to all of our Veterans and their families, active duty, and to all those who are serving! I hope all of you had a very nice Christmas holiday! We will be having a Veterans Claims Clinic on January 20, 2024 from noon to 3:00 p.m. to assist Veterans with filing claims for disability compensation. Please bring a copy of your DD-214. The Veterans Claims Clinic will be held at the Hall here at Post 10. For more information, contact me at ginger.c.harvey@gmail.com.

It is important that you know that you must sign and complete a "Appointment of Veterans Service Organization as Claimant's Representative (also called "power of attorney" form). This authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims. Contact **Ginger Harvey** at: ginger.c.harvey@gmail.com for VA claims assistance.

Post 10 Service Officer, **Ginger Harvey**

REMINDER: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or vacate Post 10 property." Take the time and attend the ceremony, you may find it informative, educational, and interesting.

On the Radar

JANUARY 2024

01 Jan New Year's Day
15 Jan Martin Luther King ,Jr. Day
17 Jan Persian Gulf War Began (1991)
27 Jan Signing of Vietnam Peace Accord (1973)
31 Jan Panama Campaign Ended (1990)

FEBRUARY 2024

02 Feb Groundhog Day
03 Feb Four Chaplains' Day
12 Feb Lincoln's Birthday
14 Feb Ash Wednesday. St. Valentine's Day
19 Feb Presidents' Day
22 Feb Washington's Birthday

NOTICES: When playing the 'game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become **null and void**. The Post has 48 hours to pay on winning tickets. Playing of machines during Social Quarters' hours **ONLY!**
Thank you for your cooperation.



American Legion Riders Post 10

No submission received.

Dave Albrecht, Director Post 10 ALR

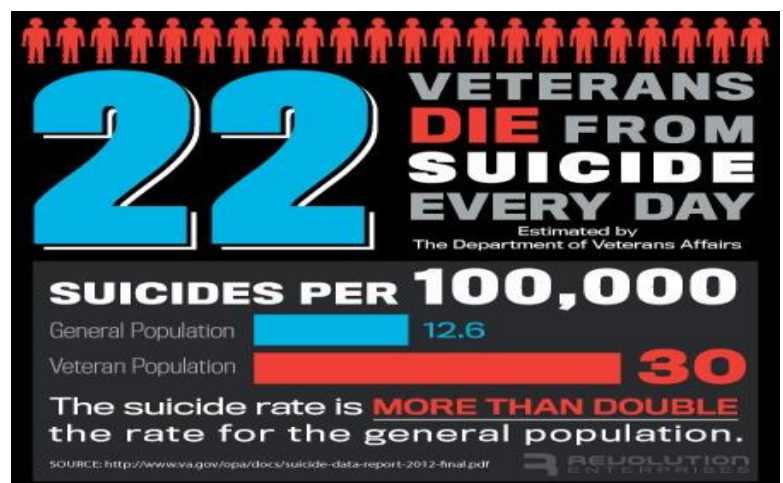


The original Purple Heart, designated as the Badge of Military Merit, was established by **George Washington** – then the commander-in-chief of the Continental Army – by order from his Newburgh, New York, headquarters on 7 August 1782. The Badge of Military Merit was only awarded to three Revolutionary War soldiers by **Washington** himself. **Washington** authorized his subordinate officers to issue Badges of Merit as appropriate. Although never abolished, the award of the badge was not proposed again officially until after World War I.

The Purple Heart medal is presented to service members who have been wounded or killed as a result of enemy action while serving in the U.S. military. A Purple Heart is a solemn distinction and means a service member has greatly sacrificed themselves, or paid the ultimate price, while in the line of duty.

The Purple Heart is the Oldest Military Award Still Presented to American Service Members.

Submitted by **George Moschatos**





*“To Those Who Died,
Honor and Eternal Rest;
To Those Still In Bondage,
Remembrance and Hope;
To Those Who Returned,
Gratitude and Peace.*



LOCKER RENT WAS DUE on Sunday, 31 DEC 2023:

\$20.00 per locker (floor level lockers \$10.00). Write your name and locker number on your check, place in envelope and give to bartender on duty. **Unpaid lockers shall be emptied on Saturday, 14 JAN 2024, and rented to the next member on list. Contents will be held at Post for 30 days and if not claimed will be treated as abandoned property and becomes the property of Post 10.**

Submitted by *Donna & Bonnie*



At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from Social Quarters privilege immediately. We ask for your cooperation. Thank you.

Gunny

The VA is responsible for **administering benefit programs for veterans, their families, and their survivors**. These benefits include pension, education, disability compensation, home loans, life insurance, vocational rehabilitation, survivor support, medical care, and burial benefits.

Auxiliary Membership Report



We currently have 177 mail-in renewals, 36 online renewals, and 16 new members for a total of 229.

We are at 76% of our 2024 membership goal.

Welcome to our newest member: *Vera Wallis*.

There are several ways to renew:

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at www.ALAforVeterans.org. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

MERRY CHRISTMAS and a HAPPY and HEALTHY NEW YEAR!

Thank You! **Diana L. Lake**, ALA Unit 10 Membership Chair



What's Cooking in the kitchen?

Monday—Friday 11am-2pm JANUARY LUNCH SPECIALS



MON 1 Jan Chopsteak w/Onions, Mushrooms,
Potatoes, Veggies., R&B.
TUE 2 Jan Applesauce Pork Chop, Fried
Cabbage, R&B.
WED 3 Jan Soup & Grilled Sandwich.
THU 4 Jan 'Po Boy' w/Catfish or Shrimp or
Oysters, Slaw, FFs.
FRI 5 Jan Crabcake Sandwich, Slaw, FF or ORs.
MON 8 Jan Hot Turkey Sandwich, Potatoes, Veggies.
TUE 9 Jan Country Fries Steak, Potatoes, Veg,
R&B.
WED 10 Jan Bronco Burger w/A-1, Cheese,
Jalapenos, ORs.
THU 11 Jan Cowboy Chicken Sand., FF or ORs.
FRI 12 Jan It. Sub., FF or ORs.
MON 15 Jan Beef Brisket, Red Bliss Potatoes.
TUE 16 Jan Lasagna Roll-Ups, Salad, Garlic
Bread.

WED 17 Jan Pork BBQ, Slaw, FF or ORs.
THU 18 Jan Grilled Ham Steak, Sweet
Potato, Corn Bread.
FRI 19 Jan Butterfly Shrimp, Slaw, FFs.
MON 22 Jan Chicken Parm., Salad, Garlic Bread.
TUE 23 Jan Meatloaf, Potatoes, Veg., R&B.
WED 24 Jan Patty Melt on Rye, Grilled Onions,
FFs.
THU 25 Jan 'Wild Bill' Sub., (a Country Fried
Steak w/all the fixins') FFs.
FRI 26 Jan NY Strip, Pot., Veg. OR Salad, R&B.
MON 29 Jan Braised Short Ribs, Potatoes, Veg.,
R&B.
TUE 30 Jan Taco Salad, Salsa, Sour Cream.
WED 31 Jan It. Sub., FFs or ORs.

SATURDAY DINNER SPECIALS 5:30 x 7:30 PM

6 Jan—NY Strip or Ribeye or Chicken Wellington, Pot.,
Veg., R&B.
13 Jan—NY Strip or Ribeye or Coconut Shrimp, Pot.,
Veg., R&B.
20 Jan—Prime Rib, Baked Potato, Veg., Salad Bar.
27 Jan—NY Strip or Ribeye or Chicken Alfredo
w/Broccoli 7 It. Sausage.

SUNDAY LUNCHESES Noon x 4 PM

**Stop by to see what's on the menu.
Prepared especially for you by *Steven***

Friday is Seafood Night—5:30 x 7:30 PM

**Menu and Prices Subject to Change.
Call Post on 703-369-4900 for Current Info.**

**Be considerate and clean up after
yourself. There are trash cans
throughout the Social Quarters and
Hall, use them!
Thank you for your cooperation.**

Management

January Entertainment (Friday & Saturday evenings 8 x 11 P.M.)

5 & 6— TBD
12 & 13—Wild Bill Karaoke
19 & 20— TBD
26 & 27—Wild Bill Karaoke

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by **COB [1700 hours] on the 25th day of each month.** Photos should be 'jpeg' and separate from the body of the **article.** Please check and double check your spelling and grammar.





Articles should be submitted to gysgt_mc@yahoo.com

Thank you, *Gunny*



Robert V. McMaugh Memorial
American Legion Post 10
JANUARY 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Remember Sunday Lunch Noon x 4 P.M. and TACO TUESDAYS 	1 New Year's Day (fly the flag)	2 Auxiliary Unit 10 Meeting 7pm 	3 Bar Bingo 5:30 PM Kitchen Open	4	5 R.E.D. Seafood 5:30-7:45 PM	6 Epiphany (Traditional)
7 Young Marines 1 x 5 PM 	8 Bingo 9:15-Noon	9 S.A.L. Squadron 10 Meeting 7pm 	10 Bar Bingo 5:30 PM Kitchen Open	11	12 R.E.D. Seafood 5:30-7:45 PM Wild Bill Karaoke	13 Exec. Board Meeting 10 AM Wild Bill Karaoke
14	15 ML King Jr. Day Bingo 9:15- Noon	16 Riders Chapter 10 Meeting 7pm 	17 Persian Gulf War Began (1991) Bar Bingo 5:30 PM Kitchen Open	18	19 R.E.D. Seafood 5:30-7:45 PM	20 General Membership Mtg. 10 AM Wreath Pickup after meeting
21 Young Marines 1 x 5 PM 	22 Bingo 9:15-12 Noon	23	24 Bar Bingo 5:30 PM Kitchen Open	25	26 R.E.D. Seafood 5:30-7:45 PM Wild Bill Karaoke	27 Signing of Vietnam Peace Accord (1973) Wild Bill Karaoke
28	29 Bingo 9:15 x Noon	30	31 Panama Campaign Ended (1990) Bar Bingo 5:30 PM Kitchen Open		S/he who throws dirt always loses ground.	

NOTICE: Sunday Lunches Noon to 4 p.m.—Stop In!

Calendar subject to change—call Post on 703-369-4900 for current information.

Our new website is: www.post10manassas.org



JANUARY 2024 Newsletter

www.post10manassas.org

