



1986 - 2024



Robert Vincent McMaugh Memorial
American Legion Post 10
9950 Cockrell Road
Manassas, Virginia 20110
703-369-4900
www.post10manassas.org



MAY 2024

2023-2024
Legion Officers

Commander
Dave Quimby

1st Vice Commander

Stan Moore

2nd Vice Commander

Robyn Zweiban

Adjutant

Bill Barron

Finance Officer

Larry Logsdon

Chaplain

Steven Botello

Sergeant-at-Arms

Carl Carey

1 Year Committeeperson

Greg Neiss

2 Year Committeeperson

Rick Goodman

3 Year Committeeperson

John Shaw

Quartermaster

Gunny Lewis

Judge Advocate

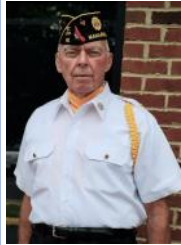
Rick Raskin

Service Officer

Ginger Harvey

Newsletter Editor

Gunny Lewis



Commander's Column

Hello to all my Post 10 family!! I trust all of you are enjoying the spring weather we are having. Get outside, crank up the grill, plant your flowers and vegetables. Whatever you do, make sure to enjoy yourself while at the Post. Lots of comradeship, friendship and fun. Some thoughts to ponder. The American Legion is a Post centered organization. Each Post has great autonomy in running its programs and operations. Our Post is a great example of that. Our Post is also a family of organizations all working in cooperation to benefit veterans and our community. Post 10 is very fortunate to have the full complement of organizations— the American Legion itself, The Auxiliary, SONs and Riders. These organizations work together to form our Post Family. Our Family is critical to the overall success of our Post. Help keep it strong, viable, safe and friendly. See you at the Post. Your Commander, *Dave Quimby*

MEMORIAL DAY, 27 MAY 2024: Ceremony at 1145. Family picnic in Pavilion starting at 1300. \$10.00/adult, children under 12—\$5.00. Bring a side dish or dessert.



Commander Quimby, left, presents Certificate of Appreciation to *Dave 'Pops' Fisk* for his 100% participation with the Post 10 Color Guard as well as always stepping up to the plate to volunteer to make the Post better. Thank you, *Pops!*

Article and photo by *Gunny*





Legionnaire Membership Report from the 1st Vice Commander

As of the 14th of March we are at 98.34% of our 2024 membership goal. Great job, thank you everyone! We need 12 members to renew to get to 100%. If you know someone who hasn't renewed give them a push to renew.

You can now renew for up to 3 years online. Go to mylegion.org, click the renew tab and put in your member number and you should be able to extend your membership at the current membership price for 3 years. If you have any questions please feel free to contact me.

Please welcome the following new members to Post 10: **Dennis Edgar**, USAF, Gulf War; **John Miller**, USAF, Vietnam; **James Murray**, USN, Gulf War; **Allen Renner**, USAF, Legion Act;; **Shawn Richardson**, USMC, GWOT; **Luis Sanchez**, USNC, Panama.

Transfers: **James Foley**, Post 141; **Kenneth Fisher**, Post 141; **Joseph Greco**, Post 141; **Stephen MacKenna**, Post 141; **Mark Moffett**, Post 85; **John Novak**, Post 141; **James Schoonmaker Jr.**, Post 1995; and **Gordon Smith**, Post 141.

There are several ways to renew your American Legion membership:

1. Online at www.mylegion.org. You can use a credit card online and set-up automatic yearly renewal with your credit card. You can also update your profile information: address and phone number. You need your permanent membership ID number to start an account at mylegion.org. If you have a hand written card, you probably have a temporary number. Email me for your permanent number. Online renewals can also print out a new membership card on-line. This will show that you are paid up and I will also send out a new 2024 card once I am notified by National of your renewal.
2. By mail. If you've received your renewal request from National Headquarters, mail it to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 attn: Post 10 Membership. If you haven't received a form from National Headquarters, send a check, and a note with your name, ID number, address, email and phone number.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues.

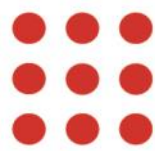
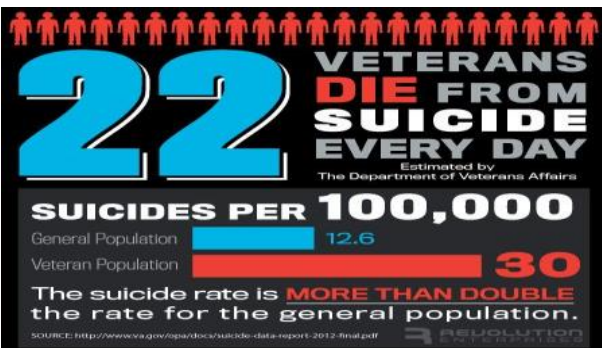
Current Legion dues for 2024 are \$35.00. REMEMBER the 2025 membership year the dues will be \$50.00. (Read notice on front page of this newsletter). Please provide your address, email and phone number. It's important to be able to contact you. Your information is stored in a protected database, accessible to only the post officers with the need to know. If you have an email account, and can receive the newsletter electronically, it will save the Post money. Please feel free to email me with any questions/concerns about your membership.

For God and Country,
Stan Moore, 1st Vice Commander all10membership@gmail.com

From the desk of the 2nd Vice Commander:

No report received.

Robyn Zweiban, 2nd Vice Commander



**Veterans
Crisis Line**

DIAL 988 then PRESS 1

The POPPY and MEMORIAL DAY

In the war-torn battlefields of Europe, the common red field poppy was one of the first plants to reappear. Its seeds scattered in the wind and sat dormant in the ground, only germinating when the ground was disturbed—as it was by the very brutal fighting of World War 1.

John McCrae, a Canadian soldier and physician, witnessed the war first hand and was inspired to write the now-famous poem “In Flanders Fields” in 1915. He saw the poppies scattered throughout the battlefield surrounding his artillery position in Belgium.

In November 1918, days before the official end of the war, an American professor named **Moina Michael** wrote her own poem, “We Shall Keep the Faith,” which was inspired by **McCrae’s** “In Flanders Fields.” In her poem she mentioned wearing the “poppy red” to honor the dead, and with that, the tradition of adorning one’s clothing with a single red poppy in remembrance of those killed in the Great War. **Moina** became known as “The Poppy Lady.”

The wearing of the poppy was traditionally done on Memorial Day in the U.S., but the symbolism has evolved to encompass all Veterans living and deceased, so poppies may be worn on Veterans Day as well. Not long after the custom began, it was adopted by other Allied nations, including Canada, Australia, New Zealand, and the United Kingdom. In these countries, the poppy is worn on Remembrance Day (Nov. 11th).

Today, poppies are not only a symbol of loss of life, but also of recovery and new life, especially in support of the Veterans who survived the war but suffered from physical and psychological injuries long after it ended.

“In Flanders Fields”

by John McCrae, May 1915

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow
In Flanders fields.*



“We Shall Keep the Faith”

by Moina Michael, November 1918

*Oh! you who sleep in Flanders Fields,
Sleep sweet – to rise anew!
We caught the torch you threw
And holding high, we keep the Faith
With All who died.*

*We cherish, too, the poppy red
That grows on fields where valor led;
It seems to signal to the skies
That blood of heroes never dies,
But lends a lustre to the red
Of the flower that blooms above the dead
In Flanders Fields.*

*And now the Torch and Poppy Red
We wear in honor of our dead.
Fear not that ye have died for naught;
We'll teach the lesson that ye wrought
In Flanders Fields.*

Submitted by **Vic Librizzi**

Post 10 is raffling off a one of a kind Colt 1911 government model in 45 ACP. This gun has been engraved to memorialize both **Cpl Robert McMaugh** and Post 10. One side of the slide has been engraved with "**Robert V. McMaugh Memorial American Legion Post 10**" while the other side has the American Legion Emblem. It is covered in beautiful scroll work. The work was done by Colt Certified Grand Master Engraver **Brian Powley** of **Brian Powley Engravers, LLC**. You can see samples of his other work on Facebook and on his company website. He has done work for *past Presidents Bush Jr* and *Donald Trump*. He has also done work for the DOD for retiring Generals. He has donated his time and work for Post 10. As a thank you he was given Certificates of Appreciation for his name and his company's name.



Left to right: **Stan Moore, Brian Powley**

Photo and article submitted by **Stan Moore**

Stanley C. Moore, First Vice Commander

American Legion Riders Post 10

The Legion Riders embarked on their fourth and final Polar Bear ride of the season. Alongside regular riders like **Dave "Pops" Fisk, Leon Kowalewski, Rick Goodman** as well as **Steve Wells, Tim "Handlebars" Henderson, Andy & Meredith Pascoe, and Bob "Nitro" Ficken** we were joined by guest rider **Sofia Pavia** from Reno, Nevada. Our journey began on a cloudy 55°F morning, with hopes of catching some sunshine. We rode through Haymarket and ascended Paris Mountain, eventually arriving at the Lone Oak Tavern in Boyce, Virginia. Despite the sun briefly peeking out, our spirits remained undimmed. The return trip led us down a road intriguingly named Halfway Rd (though we're not entirely sure halfway to what!), and we continued our pleasant ride back to the Post, covering a total of 110 miles. As the sun and pollen starts to make itself known in all its Spring glory please remember to look out for bikers on the road. We will be out there enjoying some two-wheel therapy. Also remember that if you are cutting your grass and blowing grass clippings into the road that can be a deadly situation for a rider. Please think twice about doing that for our sake.



Article and photos submitted by **Rick Goodman**

Dave Albrecht, Director

Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays. We honor the sacrifices and responsibilities the service members accept to protect our way of life. Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by *George Moschatos*

Happy Mother's Day, Mom. Sunday, 12 MAY 2024

A mother is a protector, disciplinarian and friend. A mother is a selfless, loving human who must sacrifice many of their wants and needs for the wants and needs of their children. A mother works hard to make sure their child is equipped with the knowledge, skills and abilities to make it as a competent human being. Being a mother is perhaps the hardest, most rewarding job a woman will ever experience.

By *Susan Diranian*

Submitted by *Annette Lewis*



Greg 'Speedy' Neiss repainting the lines on the Post 10 parking lot under the direction of *Gunny*.

The lines are perfectly straight, check your eyes before making any comments.

Gunny photo

COLOR GUARD REPORT

National Vietnam War Veterans Day

Color Guard – *David Quimby, David Fisk, Carl Carey*

GMBL Opening Day Ceremony Flag Presentation

Color Guard: *David Quimby, Carl Carey*

Celebration of Life for Christopher Mitchell, Navy Veteran

Color Guard: *David Fisk, Carl Carey*

It's important to maintain a Veteran present in our community. This is accomplished by the Color Guard of American Legion Post 10. With each performance, the Color Guard members honor those who serve currently and veterans who helped keep the United States and its people free and protected.

We welcome all Post 10 Members who would like to join us. To uphold America's traditions to honor All Veterans.

Thank You

careypmp@gmail.com Sgt-at-Arms *Carl Carey*



NOTICES: When playing the 'game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become null and void. The Post has 48 hours to pay on winning tickets. Playing of machines during Social Quarters' hours ONLY! **Thank you for your cooperation.**

FAMILY AND FRIENDS CELEBRATING EACH OTHER!

Since COVID, we as people have grown very intolerant with each other! We (as people) have become rude, and disrespectful of one another. We seem to have forgotten what empathy is. In my family there was always lots of love and happy memories at my Grandmothers' table, that led to my Aunt's, Uncle's and even today to my cousin's tables. The Legion needs to have that table set up. On May 4th, between 4pm-8pm I think we should all bring a dish, sit down and bring the heart of family back!! Let's have dinner, conversations, understanding, support and love for one another!

The Legion will only be supplying plates, napkins, silverware, chaffing dishes and sterno. We will have a theme of the 70's Love, Peace and Flower Power to decorate the Social Quarters. It is up to the rest of our Legion FAMILY to take care of its family.

The bartenders' will have a list of people who are bringing food and what kinds of food. We will need, meats, casseroles, veggies, cheese, desserts, and all the Love we can give one another. Please bring your dishes by 3pm, so we can set it up and if it needs to be heated we can do that for our family. The food will be set up in the hall (you may eat in there), but we would like for everyone to be in the Social Quarters.

There will be no dinner from the kitchen that night. A family takes care of their own! If you don't bring food and want to eat, a donation would be appreciated suggested amount \$10 up to \$25, which will go to Girls State....., but we want you to participate!

LET'S BECOME THE FAMILY WE ARE MENT TO BE, AND PAY IT FORWARD TO OUR COMMUNITIES AND POSSIBLY CHANGE ATTITUDES.

Thank You!
Tonna

MEMORIAL DAY, Monday, 27 MAY 2024

WHAT'S THE DIFFERENCE BETWEEN MEMORIAL DAY AND VETERANS DAY?

On both Memorial Day and Veterans Day, it's customary to spend time remembering and honoring the countless veterans who have served the United States throughout the country's history. However, there is a distinction between the two holidays:

Memorial Day commemorates the men and women who **died** while in the military service of their country, particularly those who died in battle or as a result of wounds sustained in battle. In other words, the purpose of Memorial Day is to memorialize the veterans who made the **ultimate sacrifice** for their country. We spend time remembering those who lost their lives and could not come home, reflecting on their service and why we have the luxury and freedom that we enjoy today. We might consider how we can support and safeguard their grieving families and loved ones who are left behind.

Veterans Day is the day set aside to thank and honor ALL who served—in wartime or peacetime—regardless of whether they died or survived. Veterans Day is always observed officially on November 11, regardless of the day of the week on which it falls.

For those who have lost loved ones in the military, hearing “**Happy Memorial Day**” can be unsettling. Many veterans have expressed their displeasure with the phrase, deeming it inappropriate for the occasion. While Veterans Day is a time to honor all those who have served in the military, Memorial Day is meant to pay tribute to those military personnel who *died while serving*.

The holiday began three years after the Civil War ended and was known as Decoration Day, a time to decorate the graves of fallen soldiers with flowers. The designated date was 30 May, the Uniform Monday Holiday Act (28 JUN 1968) took effect, moving Memorial Day to the last Monday in May.

In 2015, Marine Corps veteran **Jennie Haskamp** wrote a piece for [The Washington Post](#) in which she shared her frustration with the sentiment of “Happy Memorial Day” and the holiday's transformation into “grilled meat, super-duper discounts, a day off work, beer, potato salad and porches draped in bunting.” She said it should be more than that. Others have argued that using Memorial Day as an opportunity to celebrate with loved ones and embrace the joy that life has to offer is a fitting way to honor those who died in service of our country.

Those who seek to remind people of the more somber meaning of Memorial Day have advocated for Congress to change the date of the holiday back to 30 May, instead of making it part of a three-day weekend of leisure. These efforts have not been successful, Congress established “**The National Moment of Remembrance**” in 2000, asking Americans to pause for a minute of silence and reflection in honor of those who died in military service at **3 p.m.**

local time on Memorial Day.

In **Haskamp's** Washington Post piece, she noted that a friend reminded her how many people use Memorial Day to “pause and remember the men and women who paid the price of our freedom, and then go on about enjoying those freedoms.” But she believes not enough people commemorate the occasion in this way. “Not enough people pause. Not enough people remember,” she wrote, “I hope you enjoy your weekend — but I hope you pause to remember, too.”



Submitted by **Gunny**

Chaplain's Column



Dear Post 10 Members,
Spring is upon us with Summer 2024 on the door step. The World as we see it is really not going crazy. What we have are challenges to our lives, our perceptions and what we know as our morals and way of life. Stay true to what you know, what you believe and never give up hope. Many young people do not have the full life experience or wisdom that you and I possess and are willing to share to make our lives on this earth better for our children, grandchildren or others that may wish to listen.

If you want to discuss any aspect of this you can call me at (1-703-853-1869) or email me at anytime.

With respect to all, **Steven Botello**, Chaplain steven.botello@gmail.com
(W) 1-703-853-1869 (FX) 1-703-991-0677

Help Wanted at the Bull Run Swim & Racquet Club: They are looking for a front desk administrative assistant with the pay rate of \$20.00 per hour. For detailed information contact **Steven Botello**, President, Board of Directors, Bull Run Swim & Racquet Club on 703-576-7400. Email: Steven.Botello@gmail.com

Jimmy Bryant Memorial Golf Tournament, Fri, 26 APR 2024—Hosted by Squadron 10



Above photos by **Gunny**

Photos by **Diana Lake** at:

<https://photos.app.goo.gl/n14jcDoNGji6aRY66>

On the Radar

MAY 2024

- 05 May Orthodox Easter
- 06 May Nurses Day
- 07 May Unconditional Surrender of all German Forces (1945)
- 08 May V-E Day Declared (1945)
- 10 May Military Spouses Day
- 12 May Mother's Day
- 15 May Peace Officers Memorial Day & Women's Army Corps Founded (1942)
- 18 May Armed Forces Day
- 27 May Memorial Day (Flag 1/2 staff until Noon)

JUNE 2024

- 06 June D-Day: Allied Invasion of Europe (1944)
- 14 June Flag Day & US Army Birthday (1775)
- 16 June Father's Day
- 20 June Summer Begins
- 22 June Pledge of Allegiance Recognized by Congress (1942) & GI Bill Signed Into Law (1944)
- 25 June Korean War Began (1950)
- 30 June Post 9/11 GI Bill Signed Into Law (2008)

"All right. They're on our left, they're on our right, they're in front of us, they're behind us ... They can't get away this time." *Lt. Gen. Lewis B. "Chesty" Puller* while Chinese forces surrounded his men at the Chosin Reservoir (Nov-Dec 1950). The Marines were expected to fight what essentially amounted to a doomed delaying action as the Chinese wiped them out. Instead, the Marines broke out and fought their way through multiple enemy divisions.



Post 10 Service Officer Column



Every eligible Veteran should enroll in VA health care for one simple reason: Veterans who come to the VA are proven to have better health outcomes and pay less than Veterans who don't enroll. Even if Veterans don't need this care today, you might need it tomorrow, or the next day, or 30 years from now. It's quick and easy to apply, and once you're in, you have access for life.

It is very important that you know that you must sign and complete a "Appointment of Veterans Service Organization as Claimant's Representative (also called "power of attorney" form). This authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims. Contact **Ginger Harvey** at: ginger.c.harvey@gmail.com for VA claims assistance. Please include all of your contact information so that I can better assist you.

Post 10 Service Officer, **Ginger Harvey**

REMINDER: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or vacate Post 10 property." Take the time and attend the ceremony, you may find it informative, educational, and interesting.

Memorial Day is a day of remembrance to honor the brave men and women who have made the ultimate sacrifice in service to their country. It is a time to reflect on the sacrifices of our fallen heroes and to pay tribute to their legacy of courage, dedication, and selflessness. That is why VA's National Cemetery Administration is partnering with Carry The Load this year. Together, the goal is to honor and remember Veterans interred in VA National Cemeteries. Carry The Load, an organization dedicated to remembering the fallen, will visit 34 VA National Cemeteries traveling 20,000 miles along five separate routes covering all continental 48 states in what is known as the National Relay for Memorial May 2024. Along the routes, many marchers will carry signs, banners and flags honoring a fallen service member, Veteran or first responder. Find out when & where the National Relay will be in a city near you as supporters and volunteers walk through 48 states & hundreds of communities to honor our nation's heroes. The list of national cemeteries, along with the dates and times that they will be visited can be found at Memorial May 2024 – National Cemetery Administration (va.gov). Those wishing to participate in a march are asked to register in advance. No donation is required to participate.

MD, VA, NC, & FL routes below:

May 4, 2024, 7:45 a.m. – 12:00 p.m. ET: [Carry The Load's Memorial May Campaign – Catonsville, MD](#)

May 4, 2024, 4:30 – 6:30 p.m. ET: [Carry The Load's Memorial May Campaign – Annapolis, MD](#)

May 5, 2024, 1:45 – 2:45 p.m. ET: [Carry The Load's Memorial May Campaign – Alexandria, VA](#)

May 6, 2024, 9:30 – 10:30 a.m. ET: [Carry The Load's Memorial May Campaign – Culpeper, VA](#)

May 9, 2024, 9:15 – 10:00 a.m. ET: [Carry The Load's Memorial May Campaign – Raleigh, NC](#)

May 16, 2024, 8:15 – 10:30 a.m. ET: [Carry The Load's Memorial May Campaign – Sarasota, FL](#)

May 17, 2024, 12:15 – 1:00 p.m. ET: [Carry The Load's Memorial May Campaign – St. Petersburg, FL](#)

May 18, 2024, 1:30 – 3:00 p.m. ET: [Carry The Load's Memorial May Campaign – Bushnell, FL](#)

May 21, 2024, 3:45 – 6:00 p.m. ET: [Carry The Load's Memorial May Campaign – Pensacola, FL](#)

VA encourages all Americans to honor a fallen service member by leaving a tribute on the Veteran's personal memorial page at VA's [Veterans Legacy Memorial](#) (VLM).

Source: VA

Submitted by *Gunny*

You may have heard in the news about the recent Change Healthcare (CHC) cybersecurity incident, which impacted many health care institutions across America. We at VA want to provide an update on what this incident could mean for you. CHC is one of VA's vendors, and as soon we became aware of the breach we took swift action to disconnect from all known systems with CHC; we have confirmed that there is no malicious activity or irregularities in our system. However, CHC announced that "a substantial portion of the people in America" could have had some protected health information leaked as a result of this incident. While there is no confirmation that Veteran data was leaked as a result of this incident, we want to provide you with all of the information that you could need to protect yourself.

Here's what you need to know: CHC is offering credit monitoring for all impacted individuals. CHC will provide two years of free credit monitoring and identity theft protections for those impacted. You can call 1-866-262-5342 or visit the dedicated UHG/CHC website at <http://changeybersupport.com> to learn more.

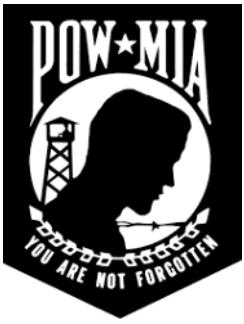
VA has general fraud protection information available to you. There are always steps that you can take to protect yourself against fraud and identity theft, and VA has resources available to you. General information on how to protect yourself from fraud is available at [Protecting Veterans From Fraud | Veterans Affairs \(va.gov\)](#). This includes a fraud protection toolkit, frequently asked questions, information about how to be vigilant about scams, and much more.

The federal trade commission also offers resources to help protect your identity. For additional information about other precautions available to you, visit the Federal Trade Commission website at <http://www.consumer.ftc.gov/features/feature-0014-identity-theft>.

VA health care operations are not impacted. While we work through this issue, we want you to know that VA remains fully open for business—and there is no known adverse impact on VA patient care or outcomes to date. Please do not hesitate to come to us for all of your health care needs, as usual. At this time, we cannot confirm that any Veteran data has been compromised, so we cannot answer specific questions as to whether your data is involved. But if it is determined that Veteran data was included in the data breach, we will ensure that you are notified, and full support is provided. Protecting your personal health information is—and always will be—one of our top priorities. We will continue to monitor this incident closely and provide updates whenever possible.

Source: VA

Submitted by *George Moschatos*



*“To Those Who Died,
Honor and Eternal Rest;
To Those Still In Bondage,
Remembrance and Hope;
To Those Who Returned,
Gratitude and Peace.*



At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from Social Quarters privilege immediately. We ask for your cooperation. Thank you.

Gunny

Memorial Day (originally known as Decoration Day) is one of the most important days of the year, not only for active duty service members and Veterans but for ALL citizens of the United States. Since the Revolutionary War over 1.4 million service members have given their lives in defense of our country—to protect our freedom and liberty. Memorial Day should be more than a day for a cook-out or a day off from work. Memorial Day is a day for honoring and mourning the U.S. military personnel who died while serving in the United States Armed Forces. Take a moment to reflect.

Gunny

Auxiliary Membership Report

We currently have 217 main-in renewals, 56 online renewals, and 29 new members for a total of 302. We reached our 2024 goal of 100%. Congratulations to Unit 10 and thank you to each and every member for supporting Veterans.

Welcome to our newest members: *Bobbie Ford, Kate Sporysz, and Deb Wiker.*

There are several ways to renew:

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at www.ALAforVeterans.org. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, hard copy membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank You! Diana L. Lake, ALA Unit 10 Membership Chair



Post Elections: Officers' position description sign-up sheets were posted in the Social Quarters. Annual voting will be at the May general membership meeting to all Post 10 members in good standing attending the May general membership meeting. Installation of officers shall be held at the June general membership meeting. See Post 10 By-Laws, Art. IX for complete details.

Submitted by **Gunny**



What's Cooking in the kitchen?

Monday—Friday 11am-2pm

MAY LUNCH SPECIALS



WED 1 May Soup & Grilled Sand., FF or OR.
 THU 2 May Turkey Burnt Ends Melt, FF or OR.
 FRI 3 May NY Strip, Baked Pot., Veg or Salad.
 MON 6 May Popcorn Chicken, Corn Mash Pot Bowl.
 TUE 7 May Beef & Broccoli o/Rice. R&B.
 WED 8 May Cowboy Chicken Sand. W/Provolone & Bacon, FF.
 THU 9 May Teriyaki Country Style Ribs, Fried Rice, Veg., R&B.
 FRI 10 May Fish & Chips, Slaw.
 MON 13 May Shepards Pie, R&B.
 TUE 14 May 'Wild Bill' Country Fried Steak Sub., FF
 WED 15 May Patty Melt w/Grilled Onions, FF or OR.
 THU 16 May Chicken & Cheese Quesadilla, Salsa & Sour Cream.

FRI 17 May Hot or Cold It. Sub, FF or OR.
 MON 20 May Hot Roast Beef Sand., FF or OR.
 TUE 21 May Chicken Parm., Pasta, Salad, Garlic Bread.
 WED 22 May Mushroom Swiss Burger, FF or OR.
 THU 23 May Veal Parm., Salad, Garlic Bread.
 FRI 24 May Crabcake Sand., Slaw, FF or OR.
MON 27 May Chicken Pot Pie, R&B.
MEMORIAL DAY Picnic in Pavilion. 1 x 3 PM
 TUE 28 May Meatloaf, Pot., Veg., R&B.
 WED 29 May Soup & Grilled Sand., FF or OR.
 THU 30 May BBQ Bacon Cheeseburger, FF or OR.
 FRI 31 May 'Po Boy' w/Oysters or Shrimp, Slaw, FF or OR.

SATURDAY DINNER SPECIALS 5:30 x 7:30 PM

4 MAY—Family & Friends Celebration, 4 x 8 PM
 see newsletter for details
 11 MAY—NY Strip or Rib Eye or Chicken Parm.
 18 MAY—Prime Rib, Pot., Veg., Salad, Dessert.
 25 MAY—NY Strip or Rib Eye or Coconut Shrimp, Salad

Stop in and enjoy a Saturday night dinner and entertainment.

SUNDAY LUNCHES Noon x 4 PM

Friday is Seafood Night—5:30 x 7:30 PM

Menu and Prices Subject to Change.
Call Post on 703-369-4900 for Current Info.

Queen of Hearts Thursday's Eats

May 2—It. Sub., Chips & Slaw
 May 9—Cracked Chicken, FF & Slaw
 May 16—Pizza
 May 23—Sloppy Joe, FF, Slaw
 May 30—It. Sub, Chips, Slaw

MAY Entertainment **(Friday & Saturday evenings 8 x 11 P.M.)**

3 & 4 May—Wild Bill Karaoke
10 & 11 May—TBA
17 & 18 May—Joe Clay
24 May—Jute Box
25 May—Empty Pockets Duo
31 May & 1 JUN—Wild Bill Karaoke

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by **COB [1700 hours] on the 25th day of each month.** Photos should be 'jpeg' and separate from the body of the article. Please check and double check your spelling and grammar.

Articles should be submitted to gysgt_mc@yahoo.com

Thank you, *Gunny*



Robert V. McMaugh Memorial American Legion Post 10 MAY 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		TACO TUESDAYS 5—7 PM	1 LAW DAY Bar Bingo 5:30 PM	2 Queen of Hearts	3 R.E.D. Seafood 5:30-7:45 PM	4 Family & Friends Celebrating Each Other 4-8 PM See newsletter for details
5 Young Marines Mtg. 1 x 5 PM	6 Nurses Day Bingo 9:15 AM-Noon	7 Unconditional Surrender of all German Forces Signed (1945) NO AUX MITG changed to 13th	8 V-E DAY Declared (1945) Bar Bingo 5:30 PM	9 Queen of Hearts	10 R.E.D. MILITARY SPOUSES DAY Seafood 5:30-7:45 PM	11 EX. Mtg. 10 AM
12 MOTHER'S DAY	13 AUX UNIT 10 MITG 7 PM Bingo 9:15 AM-Noon	14 Squadron 10 Meeting 7 PM	15 Peace Officers Memorial Day Women's Army Corps Founded (1942) Bar Bingo 5:30 PM	16 Queen of Hearts	17 R.E.D. Seafood 5:30-7:45 PM	18 Armed Forces Day GEN Mtg 10 AM
19 Young Marines Mtg. 1 x 5 PM	20 Bingo 9:15 AM-Noon	21 Riders Chapter 10 Meeting 7 PM	22 Bar Bingo 5:30 PM	23 Queen of Hearts	24 R.E.D. Seafood 5:30-7:45 PM	25
26	27 MEMORIAL DAY observed Flag half staff until noon Ceremony 1145 AM	28	29 Bar Bingo 5:30 PM	30 Queen of Hearts	31 R.E.D. Seafood 5:30-7:45 PM	

See Menu page for lunch and dinner specials. Reminder on Queen of Hearts evenings (Thursdays) we will have a limited menu: 2 MAY, It. Sub., Chips, Slaw; 9 MAY, Cracked Chicken, FF & Slaw; 16 MAY, Pizza; 23 MAY, Sloppy Joe, FF, Slaw; 30 MAY, It. Sub, Chips & Slaw.

Calendar subject to change—call Post on 703-369-4900 for current information.

Our new website is: www.post10manassas.org



**It is the soldier, not the reporter,
who has given us freedom of the press.
It is the soldier, not the poet,
who has given us freedom of speech.
It is the soldier, not the campus organizer,
who has given us freedom to demonstrate.
It is the soldier,
who salutes the flag,
and whose coffin is draped by the flag,
who allows the protester to burn the flag.
*Father D. Edward O'Brien, USMC***



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www.post10manassas.org

