



1986 - 2025



**Robert Vincent McMaugh Memorial  
American Legion Post 10  
9950 Cockrell Road  
Manassas, Virginia 20110  
703-369-4900  
[www.post10manassas.org](http://www.post10manassas.org)**



JULY 2025

**2025-2026  
Legion Officers**

Commander  
**Stan Moore**

1st Vice Commander  
**Ed Filipowski**

2nd Vice Commander  
**Mike Parra**

Adjutant  
TBA

Finance Officer  
TBA

Chaplain

**Steven Botello**  
Sergeant-at-Arms  
TBA

1 Year Committeeperson  
TBA

2 Year Committeeperson  
**Greg Neiss**

3 Year Committeeperson  
TBA

Quartermaster

**Greg Hall**

Judge Advocate

**Rick Raskin**

Post 10 Veteran Advocate

**Ginger Harvey**

Newsletter Editor

**Gunny Lewis**

**Swearing in of 2025-2026 Legionnaire Officers**



Lft to Rt: **Steve Botello** (Chaplain), **Ed Filipowski** (1st Vice), **Greg Hall** (Quartermaster), **Stan Moore** (Commander), **Mike Parra** (2nd Vice).  
Sworn in by **Mark Stein**.

*Gunny photo*

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**"15 minutes prior to 15 minutes prior"** - Military people learn to show up to everything (especially an official formation) at least 15 minutes early. The phrase "15 minutes prior to 15 minutes prior" comes from the expectation that you arrive 15 minutes earlier than the person in the next rank. The captain wants everyone to meet at 0600, so the master sergeant wants folks to arrive at 0545, and when it finally hits the corporal, people are told to show up at midnight.

**ATTENTION: FRIDAY, JULY 4th, POST CLOSSES AT 5 P.M.**

**NO DINNERS on Saturday 5th, 12th, and 26th July.**

**Prime Rib Dinner *will be served* on Sat., 19 July.**





## Legionnaire Membership Report from 1st Vice Commander

### 2025 Membership Recap.

700 Legionnaires have renewed their membership.

As of now, 82 2024 members have not renewed. National has moved these members to an expired status. However, they are still accepting 2025 renewals. If you have not renewed, please do so and you will be reinstated. **Distribution of 2026 membership cards** should begin for all current members by August 1.

Please welcome our new Legionnaires: **Philip Doell, USAF; Jerry Selvage, USA; Christopher Williams, USMC.**

Please welcome our new transfers:

**Amanda Graham, USAF; Kevin Pitman, USAF; James (Dan) Howard, USMC.**

You can now renew for up to 3 years online. Go to [mylegion.org](http://mylegion.org), click the renew tab and put in your member number and you should be able to extend your membership at the current membership price for 3 years. If you have any questions, please feel free to contact me.

There are several ways to renew your American Legion membership:

1. Online at [www.mylegion.org](http://www.mylegion.org). You can use a credit card online and set-up automatic yearly renewal with your credit card. You can also update your profile information: address and phone number. You need your permanent membership ID number to start an account at [mylegion.org](http://mylegion.org). If you have a hand written card, you probably have a temporary number. Email me for your permanent number. Online renewals can also print out a new membership card on-line. This will show that you are paid up and I will also send out a new 2024 card once I am notified by National of your renewal.
2. By mail. If you've received your renewal request from National Headquarters, mail it to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 attn: Post 10 Membership. If you haven't received a form from National Headquarters, send a check, and a note with your name, ID number, address, email and phone number.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, **fill out the envelope**, include your membership number and dues. Current Legion dues are \$50.00. Provide your address, email, and phone number. It's important to be able to contact you. Your information is stored in a protected database, accessible only to Post officers with a need to know. If you have an email address and can receive the newsletter electronically it will save the Post money. Please feel free to email me with any questions/concerns about your membership.

For God and Country,

**Ed Filipowski,**

1st Vice Commander

[al10membership@gmail.com](mailto:al10membership@gmail.com)

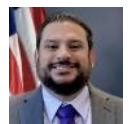
**REMINDER:** During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or **vacate Post 10 property.**" Take the time and attend the ceremony, you may find it informative, educational, and interesting.

**Gunny**

### From the desk of the 2nd Vice Commander

No report received.

**Mike Parra, 2nd Vice**



### Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays.

Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by **George Moschatos**





Poor is a Nation that has no Heroes.  
Shameful is a Nation that has Heroes but forgets them.



*"To Those Who Died,  
Honor and Eternal Rest;  
To Those Still In Bondage,  
Remembrance and Hope;  
To Those Who Returned,  
Gratitude and Peace."*







# INDEPENDENCE DAY

The Fourth of July (Independence Day) has been a federal holiday in the U.S. since 1941, but the tradition of Independence Day celebrations goes back to the American Revolution.

**BACKGROUND:** When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical. By the middle of the following year, however, many more colonists had come to favor independence, thanks to the growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the pamphlet “Common Sense,” published by *Thomas Paine* in early 1776.

On June 7, when the Continental Congress met at the Pennsylvania State House (Independence Hall) in Philadelphia, the Virginia delegate *Richard Henry Lee* introduced a motion calling for the colonies’ independence. Amid heated debate, Congress postponed the vote on *Lee’s* resolution, but appointed a five-man committee—including *Thomas Jefferson* of Virginia, *John Adams* of Massachusetts, *Roger Sherman* of Connecticut, *Benjamin Franklin* of Pennsylvania and *Robert R. Livingston* of New York—to draft a formal statement justifying the break with Great Britain.

On July 2nd, the Continental Congress voted in favor of *Lee’s* resolution for independence in a near-unanimous vote (the New York delegation abstained, but later voted affirmatively). On that day, *John Adams* wrote to his wife *Abigail* that July 2 “will be celebrated, by succeeding Generations, as the great anniversary Festival” and that the celebration should include “Pomp and Parade...Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other.”

On July 4th, the Continental Congress formally adopted the Declaration of Independence, which had been written mostly by *Jefferson*. Though the vote for actual independence took place on July 2nd, *Adams* believed that July 2nd was the correct date on which to celebrate the birth of American independence, and turned down invitations to appear at July 4th events in protest. During the summer of 1776 some colonists celebrated the birth of independence by holding mock funerals for *King George III* as a way of symbolizing the end of the monarchy’s hold on America and the triumph of liberty.

Philadelphia held the first annual commemoration of independence on July 4, 1777, while Congress was still occupied with the ongoing war. *George Washington* issued double rations of rum to all his soldiers to mark the anniversary of independence in 1778, and 1781, several months before the key American victory at the Battle of Yorktown. Massachusetts became the first state to make July 4th an official state holiday. After the Revolutionary War, Americans continued to celebrate Independence Day. The tradition of setting off fireworks on the 4th began in Philadelphia on July 4, 1777, during the first organized celebration of Independence Day. Ship’s cannon fired a 13-gun salute in honor of the 13 colonies. The *Pennsylvania Evening Post* reported: “at night there was a grand exhibition of fireworks on the Commons, and the city was beautifully illuminated.” That same night, the Sons of Liberty set off fireworks over Boston Common. The tradition of patriotic celebration became even more widespread after the War of 1812, in which the US again faced Great Britain. In 1870, the U.S. Congress made July 4th a federal holiday; in 1941, the provision was expanded to grant a paid holiday to all federal employees.


Submitted by *Vic Librizzi*



**22**

**SUICIDES**  
**PER**  
**DAY**

**22 IS TOO MANY!**



**20%**  
**OF SUICIDE  
DEATHS  
ANNUALLY IN  
THE U.S. ARE  
MILITARY  
VETERANS.**

A word cloud centered around the word "civility". The words are arranged in a circular pattern, with "civility" being the largest and most central. Other prominent words include "respect", "politeness", "professionalism", "conduct", "consideration", "order", "training", "attitude", "good", "thoughtfulness", "service", "courtesy", "correctitude", "manners", "compliance", "propriety", "friendliness", "orderliness", "generosity", "properness", "education", and "attentiveness".





## Stars, Stripes, and **SUSTAINABILITY**

- This **July**, make a difference with every purchase! When you buy this \$2.75 reusable Community Bag at our designated Giant Food store, \$1 will be donated to our organization.
- [giantfood.2givelocal.com](http://giantfood.2givelocal.com)  
Community Bag  
Program



### Benefiting Organization:



Robert V McMaugh  
Memorial Post 10  
9950 Cockrell Rd  
Manassas, Va. 20110

### At This Giant Food Location:

Giant Foods  
10100 Dumfries Road,  
Manassas VA 20110

# THE AMERICAN LEGION IS NOT A BAR



## IT IS A VETERANS SERVICE ORGANIZATION

## COLOR GUARD REPORT

Memorial Day Ceremony

Color Guard: **Rich Rosene, Carl Carey**

Assisted: Bagpipes - **Kevin Byrne, Garrett McKenzie**

Flag Day Ceremony

Color Guard: **David Fisk, Carl Carey**

The ceremony was presented by: Troop 884, Scouts of Manassas.



As you all know, much of what gets done at a Post like ours is done by **volunteers**. You have heard before; the **Post is always in need of help** in one form or another. If we wish to continue our strong relationship with the communities around us, we need your help in many ways to ensure our bond with the community remains strong. A great way to help is by helping with color guard activities. The Post provides most of the uniform accoutrements you would need. Many events are indoors and are not frequent. We must maintain our support for veterans and your Color Guard is always on point to do just that. Step-up and honor Veterans.

**We welcome all Post 10 Members who would like to join us. To uphold America's traditions to honor All Veterans.**

I say goodbye to being your Sgt-at-Arms. I'm incredibly grateful for the amazing memories and lessons learned.

Thank you—**Carl Carey**

**July is recognized as Military Consumer Month**, an annual observance to increase awareness of consumer protections and financial readiness for servicemembers, Veterans, and military families. Military families make enormous sacrifices for our nation, but as a result of their service, they often face some unique financial challenges.

Each week in July, the Consumer Financial Protection Bureau (CFPB) – in collaboration with the Federal Trade Commission (FTC) and Department of Defense (DoD) – will highlight a key financial topic within the military community. If you're a servicemember, Veteran, or a military family member, we encourage you to share in one of the many free and virtual events scheduled throughout the month. Go to [www.consumerfinance.gov](http://www.consumerfinance.gov)  
[Source: CFPB] Submitted by **Vic Librizzi**

*Gunny* proverb:

**Sometimes we are tested, not to show our weakness  
but to discover our strength.**

A vibrant poster for 'TRIVIA NIGHT' featuring a large red star with the words 'TRIVIA NIGHT' in white, bold, outlined letters. Below the star, it says 'EVERY THURSDAY' in large, bold, black letters. Underneath that, 'STARTING NOV 7TH' is written in a smaller, italicized font. The time '7-9PM' is displayed in large, bold, yellow letters. At the bottom, the address '9950 Cockrell Rd, Manassas, VA' is written in a small, black font. On the left, there is a circular logo for the 'AMERICAN LEGION' with '1919' and '2019' on either side. On the right, there is a cartoon illustration of Albert Einstein with a lightbulb above his head, and a 'ROCKSTAR TRIVIA' logo featuring a skull and headphones.



## Using your GI Bill for college this fall? Get real help and avoid scams

Are you hanging up the dog tags to start college this fall? Not all schools tell the whole truth about how your GI Bill benefits will cover your tuition and fees. Learn where to get real answers and make sure your GI Bill benefits don't get wasted by mistake.

Whether it's you, your spouse, or your kids using your GI Bill benefits for school, research is key — especially as you're getting ready to enroll. Some schools might tell you to take out student loans to cover costs before your education benefits pay out (but that's not how education benefits work). Other schools say your benefits will cover all your fees (but you end up needing to apply for loans just to cover tuition).

If you don't want a surprise bill after classes have started, get help figuring out your benefits and avoid scams **before** you enroll:

**Start with the VA.** The Department of Veterans Affairs (VA) manages your education benefits. Use their site first to check your eligibility, research schools you're considering, and apply for your benefits. Need more help?

The VA has accredited professionals to help you — for free.

**Use the GI Bill Comparison Tool.** This VA resource will show you how your benefits pay out at approved schools — and where to contact the school's certifying official if you have questions.

**Sign up for the Military Consumer blog** and get the latest on spotting and avoiding scams. You'll find articles to help you avoid scams while paying for school. Share what you learn with friends and family.

If you're enrolled in a school that's not living up to its promises, report it to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud) and your state attorney general's office.

[Source: FTC]

Submitted by **Gunny**



## Sons of the American Legion, Squadron 10

Your 2025-2026 Officers: Commander, **Mark Emerman**; 1st Vice, **Scott Moffit**; 2nd Vice, **Tom Ramirez**; Finance, **Glenn Brixius**; Adjutant, **Kevin Byrne**; Sgt-at-Arms, **Tom Colburn**; Chaplain, **Brandon Garner**; Historian, **Bobby Olinger**

June was a quiet month for the Son's as we ramp up for our **John J. Chada Golf Tournament** on September 12th. We did have our annual fishing trip to Lake Anna but it's not a Son's event. 22 members of Squadron 10 got together for a few hours of stripper fishing. We chartered 4 boats and caught around 50 fish. Afterwards **Bruce** and **Miguel** cooked some of our bounty along with some burgers and dogs. It was a great day. Special thanks go out to **Kevin Byrne** for setting this up. We're already talking about next year's trip. On a side note keep **Scott** and **Diane Vale** in your prayers, **Scott's** been in the hospital and is now in rehab. We all hope for a speedy recovery and hope he can get home soon.

Thanks. **Tom Ramirez**, 2nd Vice Commander



Lft to Rt: **Kevin Byrne**, **Brandon Garner**, **Scott Moffit**, **Tom Ramirez**, **Tom Colburn**.  
Sworn in by **Victor Graulau**.

**Gunny** photo



Fishing Trip to Lake Anna, VA (Submitted photos)







### Post 10 Veterans Advocate

I hope everyone has a very nice and safe July 4<sup>th</sup> holiday this month with their families! Always keep in mind the true meaning of Independence Day. It represents people's efforts to earn and keep freedom. Thank you for your selflessness and dedication to our country and thank you to the families of veterans for their support and strength.

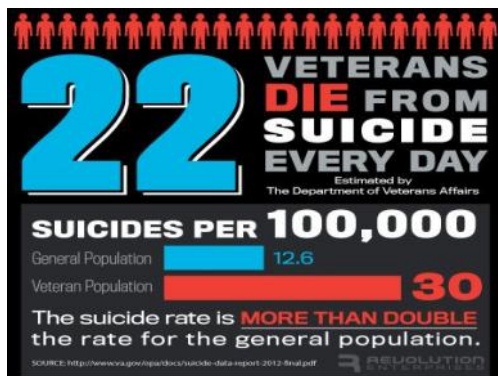
As your Post 10 Veterans Advocate, I will continue to guide and assist veterans in filing service-connected disability claims with the VA. It is a pleasure to be able to assist you with any questions that you may have and will continue to do so in 2025!

The Appointment of Claimant's Representative VA form authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims.

Contact me: [ginger.c.harvey@gmail.com](mailto:ginger.c.harvey@gmail.com) for VA claims assistance. Please include all of your contact information so that I can better assist you.

Post 10 Veterans Advocate,  
*Ginger Harvey*





The Fourth of July isn't all about barbecues and fireworks. It's also about freedom, liberty and the birthday of our country. Teach your kids about the true history of Independence Day.



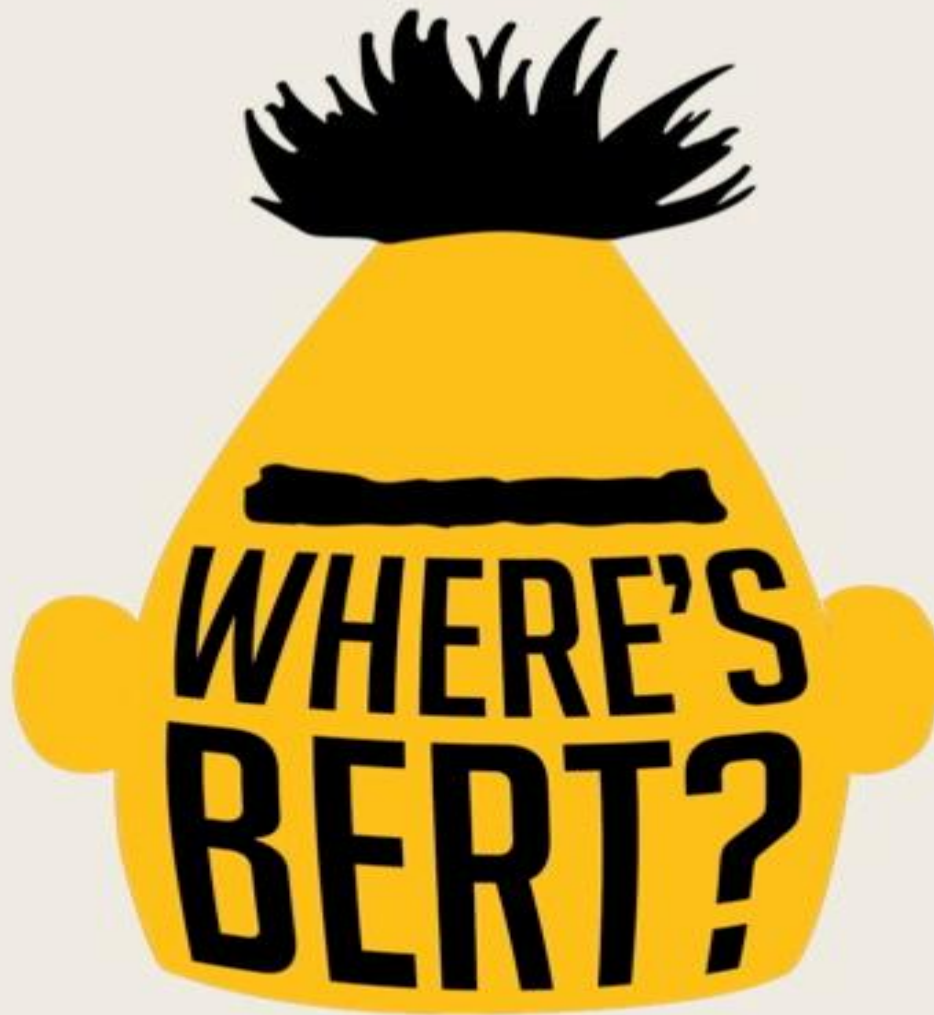
We are the Land of the Free  
We are the home of the Brave  
Let's pay tribute  
To our brave American Heroes  
On this day and forever  
**Happy Independence Day!**



# Independence Day

Freedom has its life in the hearts,  
the actions, the spirit of men and so  
it must be daily earned and refreshed -  
else like a flower cut from its life-giving  
roots, it will wither and die.

~Dwight D. Eisenhower



**Live at American Legion  
Robert V. McMaugh Memorial Post 10  
9950 Cockrell Road, Manassas, VA**

**Saturday July 5 2025  
7:30 - 11:00 PM**

### Chaplain's Report:

Dear Post 10 Members,

As I draft this message it is only a few days away from our National holiday the 4<sup>th</sup> of July 2025. I cannot encourage you and your family members more to get out and enjoy this upcoming time. It is specifically to celebrate our nations birthday but it is also a time to get out with family and friends... to meet and enjoy who we are as Americans, to relish and celebrate freedom that many people in the world never get to do.



Please go swim, go to a cookout, go ride a bike, take your family out hiking, go watch fireworks anywhere you wish. Do what you can do best and celebrate our lives, our world, our country and our freedom. You have earned it as an American and you and your family deserve every bit of the enjoyment that God has said to go have. God bless all of you.

Please take care of yourselves and you families. Of course you may reach me at any time at: 1-703-853-1869 or Email: [steven.botello@gmail.com](mailto:steven.botello@gmail.com)

Respectfully,

**Steven Botello**, Chaplain P10 Manassas, VA

**NOTICES:** When playing the 'game' machines ***you must turn in your cash receipts within 48 hours of printing them.*** After that they become **null and void**. The Post has 48 hours to pay on winning tickets. of machines during Social Quarters' hours **ONLY!**

**Thank you for your cooperation.**

**Yes, going to the DMV is the only way to avoid a REAL ID scam:** If you want to use your driver's license to fly, you'll need a REAL ID. If you don't have one yet, your state's Department of Motor Vehicles (DMV) is the place to go, and they're **only** taking in-person appointments. But people are telling the FTC that scammers are pretending to be the DMV or another government agency. Reports say these "officials" are sending messages saying you can skip the line if you pay or give them information. Here's how that scam works so you can avoid it. You get an unexpected text or email from someone who says they're from the DMV or the Department of Homeland Security. They say you can skip the line and expedite your application for a REAL ID. You just have to click a link to share your information and pay, they say. But this is a phishing scam to steal your money or info.

To help you avoid a scam like this: **Know that the only way to get a REAL ID is by visiting your state DMV in person.** You can't submit an application online or in the mail. And nobody can expedite the process for you. **Don't click links in unexpected texts or emails** — and don't respond to them. If you think the message could be legit, contact the DMV using a phone number, email, or website you know is real.

Learn more about how to get fewer spam texts and emails. If you get an unwanted message, use your phone's "report junk" option or forward unwanted texts to 7726 (SPAM) and unwanted emails to your email provider. Once you've checked it out and reported it, delete the message. And if you spot a scam, report it to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud).

[Source: FTC]

Submitted by *Renee Valenti*

*Heroes don't wear capes, they wear dog tags.*

**At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from the Social Quarters— *immediately*. We ask for your cooperation. Thank you.**

***Gunny***



## AUXILIARY UNIT 10

Your 2025—2026 Auxiliary Officers are: President **Peggy Pignone**; Vice President **Jayne Ramirez**; Treasurer **Kim Kowalewski**; Chaplain **Pam Drake**; Secretary **Kimberly Reddington**; Sgt-at-Arms **Susan Ramirez**; Historian **Maureen O'Donnell**.



Left to right: **Kimberly Reddington**,  
**Susie Ramirez**, **Pam Drake**,  
**Peggy Pignone**, **Kim Kowalewski**.

Congratulations to all for a successful year.

**Peggy Pignone**, ALA Unit 10 President

*Gunny photo*



### Auxiliary Membership Report

We currently have 201 mail-in renewals, 64 on-line, and 48 new members for a total of 313 members for 2025.

Welcome to our newest members: **Lynne Agnew**, **Marilyn Golden**, **Jennifer Linden**, **Susan Martin**, **Barbara Nichols**, **Pamela Singleton-Howe**, **Diana P. Spindle**.

Welcome to our transfer members: **Shirley Miller** from Post 259, Clinton, MD.

#### **Haven't Renewed Yet? There's still time to renew your membership. Here Are Your Options:**

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at [www.ALAforVeterans.org](http://www.ALAforVeterans.org) with your member ID on your card. You must log in to pay your dues. If you do not have a username or password, simply click 'Create Account' to get started. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank you,

**Johnnetta Jetten**, ALA Membership Chair

**JULY LUNCH SPECIALS**  
**Monday thru Friday, 11 AM x 2 PM**

TUE 01 July Meatloaf, Potatoes, Veg, R&B.  
WED 02 July Sloppy Joes, FFs or ORs.  
THU 03 July Fried Clamburger, Slaw, FFs or ORs.  
**FRI 04 July NO Lunch, 5 PM Post Closes.**  
MON 07 July Chicken & Schrimp Curry o/Jasmine Rice.  
TUE 08 July Patty Melt on Rye w/Grilled Onions, FFs or ORs.  
WED 09 July Soup & Grilled Sandwich.  
THU 10 July Hangry Burger w/Hot Sauce, Bleu Cheese, Jalapenos, FFs.  
FRI 11 July Crab Cake Sand., Slaw, FFs or ORs.  
MON 14 July Country Fried Steak, Gravy, Veg., Pot., R&B.  
TUE 15 July Brown Sugar, Bacon, Cheeseburger, ORs or FFs.  
WED 16 July Cowboy Chicken w/Bacon & Provolone, BBQ or Ranch Dressing.  
THU 17 July Teriyaki Pork Chop, Veg., R&B.  
FRI 18 July Hot or Cold It. Sub. ORs or FFs.  
MON 21 July Braised Boneless Short Ribs, Pot., Veg., R&B.  
TUE 22 July Garlic Parm. Chicken o/Penne Pasta, Salad, R&B.  
WED 23 July Mushroom Swiss Burger, ORs or FFs.  
THU 24 July Catfish, Slaw, Chips.  
FRI 25 July NY Strip, Baked Pot., Salad or Veg.  
MON 28 July Bourbon Beef Tenderloin, Pot., Veg., R&B.  
TUE 29 July Meatball & Cheese Sub., ORs or FFs  
WED 30 July Chicken & Cheese Quesadilla, Tortilla Chips, Salsa, Sour Cream.  
THU 31 July Fried Bologna & Cheese, Ors or FFs  
**Sides if not listed above will be listed on the board.**

**Above subject to change.**  
**ENJOY YOUR LUNCH.**

**SATURDAY DINNER SPECIALS**  
**5:30 x 7:30 PM**

**SAT—5 JUL, NO DINNER**  
**SAT—12 JUL, NO DINNER**  
**SAT—19 JUL, Prime Rib**  
**SAT—26 JUL, NO DINNER**

**Friday is Seafood Night—5:30 x 7:30 PM**

**FRIDAY, JULY 4th Post CLOSES at 5 PM**



**July Entertainment**  
**(Friday & Saturday evenings)**

**FRI, JUL 5—WHERE'S BERT (Band)**  
**7:30 x 11 PM**

**FRI, SAT/11, 12 JUL—JOEY OKE**

**FRI, JUL 18—BROOK YODER (Acoustic)**  
**7:30 x 11 PM**

**FRI, JUL 25—RON THAYER (Acoustic)**  
**7:30 x 11 PM**

**Menu and Prices Subject to Change**  
**Call Post on 703-369-4900 for Current Info.**

**NEWSLETTER SUBMISSION:** Please remember to submit your articles to me in word document format by COB [1700 hours] on the 25th day of each month. Photos should be 'jpeg' and separate from the body of the article & include identifying info. Please check and double check your spelling and grammar.

Articles should be submitted to [gysgt\\_mc@yahoo.com](mailto:gysgt_mc@yahoo.com)

Thank you, **Gunny**



## The Post Recently Had Two Legionnaires That Celebrated Their 90th Birthday

*Jake Bianco and Joe Licari*

Happy and Healthy Birthday to *Jake* and *Joe*



*Jake* (lft) received a \$2.00 bill and a Million Dollar candy bar from Legionnaire *Ben Hester* (rt).



*Joe* (far rt) celebrated his 90th birthday with his wife, *Dorothy*, (2nd from lft) who also celebrated her 90th a day prior. Also pictured are friend *Judy* (lft) and sister, *Annette* (Aux)( 3rd from lft).



**Protect Veterans from Pension Poaching:** The VA Office of Inspector General (OIG) cautions Veterans to be alert to a form of financial exploitation known as “pension poaching.” VA pension benefits are available to war-time veterans or their surviving spouses who meet certain age or disability requirements and have limited income and net worth. Veterans are targets of a wide range of pension-poaching schemes, all of which attempt to steal their assets. Frequently, scammers promote suspect legal or financial products or services that are designed to qualify otherwise ineligible individuals for a VA pension, either by falsifying financial information or restructuring assets to meet criteria. Others may charge large fees to represent unsuspecting Veterans in pursuing pension benefits for which they may not qualify. Some may also try to sell in-home care to eligible pension recipients that may be overpriced or is never provided. Scams often start with a dishonest lawyer, financial planner, or insurance agent soliciting veterans through cold calls, mail campaigns, or in-person encounters at a senior center or assisted living facility. Steer clear of and report to the OIG individuals and organizations that • claim to guarantee eligibility for a particular benefit; • encourage false reporting of income and expense information, reallocating assets to trusts, or purchasing annuities to qualify for a VA pension; • charge upfront fees or a percentage of any awarded benefit to file VA claims or applications (*free help is available from VA-accredited individuals and entities*); • apply pressure to provide sensitive financial information like credit card numbers; or • attempt to redirect VA deposits to a bank account controlled by a caregiver, power of attorney, claim representative, or anyone other than the rightful beneficiary. • Find accredited representatives authorized to help Veterans and their dependents and survivors with VA benefits claims. Note: If someone isn’t recognized by VA, they can’t legally help with a VA benefit claim. • Veterans can also receive assistance from their state’s Veterans office or the Federal Trade Commission.




[Source: VA OIG]

Submitted by *Gunny*



# Robert V. McMaugh Memorial American Legion Post 10 JULY 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Check w/Post for hours	Be respectful of each other	1 Taco Tuesday Auxiliary Unit 10 Meeting 7pm 	2 Army Air Corps Est. (1926) BAR BINGO 5:30—8 PM	3 Queen of Hearts Horseshoes 6 x 8 PM	4 INDEPENDENCE DAY Post Closes at 5 PM NO Lunch or Dinner R.E.D.	5 NO Lunch/Dinner <b>WHERE'S BERT (Band)</b> 7:30 x 11 PM
6 <b>NO Lunch OR Dinner</b>	7 BINGO 9:15am x Noon	8 Taco Tuesday SAL Squadron 10 Meeting 7pm 	9 BAR BINGO 5:30—8 PM	10 Queen of Hearts Horseshoes 6 x 8 PM	11 R.E.D. Seafood Night 5:30-7:45 pm <b>JOEYOKE (DJ)</b> 8 x 11 PM	12 No Dinner <b>JOEYOKE (DJ)</b> 8 x 11 PM
13 Young Marines 1 x 5 PM	14 BINGO 9:15am x Noon	15 Taco Tuesday Riders Chapter 10 Meeting 7pm	16 BAR BINGO 5:30—8 PM	17 Queen of Hearts Horseshoes 6 x 8 PM	18 R.E.D. Seafood Night 5:30-7:45 pm <b>BROOK YODER</b> (Acoustic) 7:30 x 11 PM	19 EX Mtg. 8:30 AM GEN. Mtg. 10 AM Prime Rib Dinner
20	21 BINGO 9:15am x Noon	22 Taco Tuesday	23 BAR BINGO 5:30—8 PM	24 Queen of Hearts Horseshoes 6 x 8 PM	25 R.E.D. National Hire a Veteran Day Seafood Night 5:30-7:45 pm <b>RON THAYER</b> 7:30 x 11 PM	26 No Dinner
27 Korean War Ended (1953)	28 <b>WWI Began</b> (1914) BINGO 9:15am x Noon	29 Taco Tuesday	30 BAR BINGO 5:30—8 PM	31 Queen of Hearts Horseshoes 6 x 8 PM		

See Menu page for lunch and dinner specials.

Calendar subject to change—call Post on 703-369-4900 for current information.

Our website is: [www.post10manassas.org](http://www.post10manassas.org)



**Is it health insurance or a medical discount plan?** Looking for health insurance? Make sure that's what you're really getting. Some dishonest marketers make it sound like they're selling health insurance — when you're really just getting a discount plan. Here's what to know. Scammers might lie and make you think you're getting health insurance or make it seem like a medical discount plan offers the same coverage as health insurance but for a much lower price. They might also make it seem like the medical discount plan they're selling is widely accepted by many medical providers when, in fact, it might not be.

If you're looking for health insurance, make sure that is what you're buying:

**Don't decide on the spot.** Get details in writing before you sign up. Scammers might try to pressure you to sign up quickly to get a supposed special deal. That pressure to act fast is a sign of a scam.

**Confirm the details of the plan.** Is it health insurance or a medical discount plan? Call your health care providers — and others on the plan's list — to find out. But call before you enroll or pay any fees.

**Search online for the name of the company and plan** with the words “complaint,” “scam,” or “fraud.” Read reviews and see what others have to say.

[Source: FTC]

Submitted by **George Moschatos**

**Protecting your personal information: Which documents to keep and which to shred.** When it comes to protecting your identity, you might think about keeping usernames to yourself, using strong passwords, and reviewing your statements. That's all great. But it's also important to think about what you do with documents or digital files that contain your financial information. So, let's look at what you should keep and lock up, and what you should shred or delete.

**Keep for a Year:** Bank statements; Pay stubs; Undisputed medical bills; Credit card and utility bills; Deposited checks If you can access these documents electronically, consider shredding your paper copies.

**Keep for at Least Three Years:** Income tax returns; Tax-related documents, like canceled checks, receipts, W-2s, and 1099s; Records related to selling a home In some cases, the IRS recommends keeping tax returns and tax-related documents **for longer than three years**. If you can access these documents electronically, consider shredding your paper copies.

**Keep While You Own:** The title to your vehicle; The title or deed to your home; Documents related to mortgage or vehicle loans; Home improvement receipts; Rental agreements and leases; Sales receipts and warranty information for major appliances.

**Keep Forever and lock up:** Birth certificate or adoption papers; Social Security cards; Valid passports and citizenship or residency papers; Marriage licenses and divorce decrees; Military records; Wills, living wills, powers of attorney, and retirement and pension plans; Death certificates of family members; Vital health records (especially those that pre-date electronic health records).

**Shred:** ATM receipts; Offers of credit or insurance; Cleared checks (after 14 days); Credit reports; Prescription information for medicines you no longer take; Expired warranties; Expired credit cards, driver's licenses, and other forms of identification.

When it's time to dispose of documents with your personal or financial information, shred them. If you don't have a shredder, look for a local shred day in your community.

[Source: FTC]

Submitted by **Annette Lewis**

Some Military sayings: *'When in doubt, empty the magazine.'* *'Death smiles at everyone—Marines smile back.'* *'Happiness is a belt fed weapon.'* *'One shot, twelve kills. US Naval gun fire support.'* *'If the wings are travelling faster than the fuselage, it's probably a helicopter and therefore unsafe.'* *'The only ground you truly control is the ground you are standing on.'* *'Peace thru superior firepower.'* *'There are two types of naval vessels: submarines and targets.'* [Expression popular in the Silent Service]. *'When everything is going right, you are about to be hit in the flank.'* *'Fight the enemy, not the plan.'* *'Marines—Providing enemies of America an opportunity to die for their country since 1775.'* *'Tracers work both ways.'* *'If something hasn't broken on your helicopter, it's about to.'* *'The Piper Cub is the safest airplane in the world; it can just barely kill you.'* - [Max Stanley, Northrop test pilot]. *'Try to look unimportant; they may be low on ammo.'*

Submitted by **Gunny** for a few chuckles.



## American Legion Riders Chapter 10

### Greetings Post 10 Family



**Rolling to Remember**, this iconic Memorial Day ride into Washington DC to pay tribute to those who made the ultimate sacrifice and honor those that serve. This is a reminder of the sacrifices and bravery that our servicemen and women have gone through. We participated in the event to let the world know ***“You Are Not Forgotten”***. If you’ve never seen or been to the event, we highly recommend experiencing the Ride.

Riders attended the Fredericksburg Bikes and Breakfast, leaving from Clifton with a group to Motoworks Cycle Shop, there were plenty of classic bikes to look over and many conversations about motorcycles.

VA ALR Legacy Run, this is the ride that the Riders have been looking forward to for many months. This year the event was held in Natural Bridge. The Riders were tasked with selling 50/50 tickets and tickets for a four gun raffle, along with many other Legion Riders across the State. These were sold to benefit the Veterans and Children’s Foundation. There were two planned rides that totaled over 350 miles, not to mention the 400+ miles round trip we made to attend. We took this opportunity to see how other Rider groups operate, to network, and to meet the people who all hold the same views, concerns and thoughts as we do. Friendships, laughs, and talks of meeting up on the road were a common topic.

Loudoun Co. ALR’s held their first ever poker run which we supported. The run started in Purcellville and took us through the north western part of VA, crossing into WV and back. The countryside along the Shenandoah River is beautiful, it made for a very enjoyable ride.

### **Safety Reminders:**

This time of the year it is crucial to hydrate before, during and after your ride.

**Ride On**, Chapter 10 American Legion Riders

Article by ***Leon Kowalewski***



***Rick Goodman*** photos



US Air Force tightens dress, grooming regulations: Prohibition of career-field identifier patches worn on airmen's camouflage-pattern utility uniforms. Hair must not touch the ears, and all male airmen not on a waiver must be clean shaven at the start of each duty day. In addition, the Air Force has winnowed down permitted nail-polish colors from 60 to three: clear or French or American Manicure.

[Source: Stars and Stripes]

Submitted by *Gunny*



## **American Legion Post 10 Manassas VA Blood Drive**



Aug 28  
2am-6pm

How to make an appointment: go to  
<https://www.redcrossblood.org>



**Have a Happy &  
Safe July 4th.**

**Remember Post  
will CLOSE at 5  
PM on the 4th.**

**No Lunch or  
Dinner on the  
4th**



“The legacy of  
brave men and  
women who have  
fought and died  
for their country is  
the freedom we  
enjoy as  
Americans.” —  
*Lucian Adams*

**Under the new  
2022 PACT Act**

eligibility is added for Veterans who served in  
**Republic of Vietnam**  
**01/09/1962–05/07/1975**

**EXPOSED TO AGENT ORANGE OR HERBICIDES?**

Learn more at [VA.gov](https://va.gov)  
1-800-MyVA4111 (800-698-2411)

**VA** U.S. Department  
of Veterans Affairs



**Help for Homeless Veterans**

**877-4AID-VET**

[va.gov/homeless](https://va.gov/homeless) | (877) 424-3838

**JULY 2025 Newsletter**  
**[www.post10manassas.org](http://www.post10manassas.org)**

