



1986 - 2025



**Robert Vincent McMaugh Memorial
American Legion Post 10
9950 Cockrell Road
Manassas, Virginia 20110
703-369-4900
www.post10manassas.org**



SEPT2025

**2025-2026
Legion Officers**

Commander
Stan Moore

1st Vice Commander
Ed Filipowski

2nd Vice Commander
Mike Parra

Adjutant
Steve Olson

Finance Officer
Larry Logsdon

Chaplain
Steven Botello

Sergeant-at-Arms
Dave 'Pops' Fisk

1 Year Committeeperson
Gunny Lewis

2 Year Committeeperson
Greg Neiss

3 Year Committeeperson
Rick Goodman

Quartermaster
Francis Hall

Judge Advocate
Rick Raskin

Post 10 Veteran Advocate

Ginger Harvey
Newsletter Editor

Gunny Lewis

Welcome to September Legion Family, I hope everyone enjoyed our Labor Day Picnic? Now that school is back please watch for the buses picking up and dropping off the kids. If the lights are flashing get ready to stop. If the stop sign is out stop. The law requires you to stop in both directions unless there is a **physical barrier**. Paint lines **do not** constitute a barrier.



I presented our check to the Veterans and Children's Foundation at the National Convention on August 26th. Pictures will be in the next newsletter. I also want to congratulate our youth shooter ***Lexi Strand***. She represented Post 10 in the National Championship in Hillsdale where she placed 3rd in Standing position and finished 9th overall. Great work ***Lexi***. Pictures will be further down in the newsletter. Finally I want to mention the Son's golf tournament. If you're not participating please come out and watch. It's a fun time for all.

As always, let's remember that we are a family, and it's vital that we have each others' backs. We are still losing too many Veterans, and if you have the opportunity to lend a hand, please do so. Small gestures can make a significant difference. A simple act of kindness—be it offering a listening ear or a helping hand—can provide tremendous comfort and support to someone in need. These moments not only remind us that we aren't alone but also strengthen our community bonds. Let's all strive to be there for one another. Every action counts, whether it's a kind word, a small favor, or just being present. Together, we can make a difference and ensure that no one feels left behind.

For God and Country
Stanley C. Moore, Your American Legion Post 10 Commander

It's OK
to not be OK.
to ask for help.
to call.

Veterans Crisis Line
DIAL 988 then PRESS 1

22 SUICIDES PER DAY
22 IS TOO MANY!





Legionnaire Membership Report from 1st Vice Commander

2026 - A new year.

We began our 2026 renewal period on July 1. So far, we have 409 renewals which is exceptional. Keep up the good work and I will ask the Commander to authorize two Early Bird awards this year.

Please welcome our new Legionnaire: **Frank Desena, Jr., USAF.**

And please welcome our new transfer: **James Deily, USA**

You can now renew for up to 3 years online. Go to mylegion.org, click the renew tab and put in your member number and you should be able to extend your membership at the current membership price for 3 years. If you have any questions, please feel free to contact me.

There are several ways to renew your American Legion membership:

1. Online at www.mylegion.org. You can use a credit card online and set-up automatic yearly renewal with your credit card. You can also update your profile information: address and phone number. You need your permanent membership ID number to start an account at mylegion.org. If you have a hand written card, you probably have a temporary number. Email me for your permanent number. Online renewals can also print out a new membership card on-line. This will show that you are paid up and I will also send out a new 2024 card once I am notified by National of your renewal.
2. By mail. If you've received your renewal request from National Headquarters, mail it to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 attn: Post 10 Membership. If you haven't received a form from National Headquarters, send a check, and a note with your name, ID number, address, email and phone number.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, **fill out the envelope**, include your membership number and dues. Current Legion dues are \$50.00. Provide your address, email, and phone number. It's important to be able to contact you. Your information is stored in a protected database, accessible only to Post officers with a need to know. If you have an email address and can receive the newsletter electronically it will save the Post money. Please feel free to email me with any questions/concerns about your membership.
For God and Country,

Ed Filipowski,

1st Vice Commander

al10membership@yahoo.com

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

REMINDER: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or *vacate Post 10 property.*" Take the time and attend the ceremony, you may find it informative, educational, and interesting. **Gunny**

From the desk of the 2nd Vice Commander

No report received.

Mike Parra, 2nd Vice



Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays. Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by **George Moschatos**



Poor is a Nation that has no Heroes.
Shameful is a Nation that has Heroes but forgets them.



*“To Those Who Died,
Honor and Eternal Rest;
To Those Still In Bondage,
Remembrance and Hope;
To Those Who Returned,
Gratitude and Peace.*”



Celebrate LABOR DAY with us on Monday, September 1st, Noon to 3 PM. At the Pavilion. Please bring a side dish to share. \$5.00 per person. Post is supplying hot dogs, burgers, buns, potato salad, and condiments.



COLOR GUARD REPORT

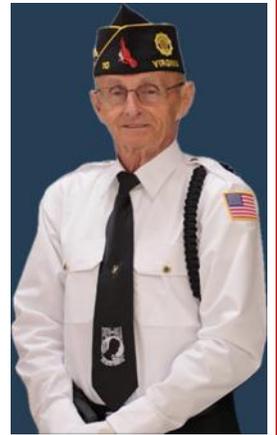
Hope everyone had a wonderful summer!

We'd like to take a moment to recognize and thank *Carl Carey* for his 4 years of outstanding service as Sergeant-at-Arms. His leadership and dedication have played a vital role in keeping the Color Guard active and strong.

With *Carl* stepping down, I have proudly assumed the duties of Sergeant-at-Arms. I look forward to honoring *Carl's* legacy and continuing the important work he helped build.

As we are moving forward, I'm asking for your support. The Color Guard plays a meaningful role in representing our Post and honoring our Veterans at community events, parades, and ceremonies. We are always looking for members who are willing to participate, help behind the scenes, or simply show their support at events. Every bit of help makes a difference.

If you're interested in getting involved or learning more, please don't hesitate to reach out.



Thank you ,
Your Post 10 SGT-at-ARMS *Dave "Pops" Fisk*

(814) 574 – 7726

varoaderunnr@gmail.com



Local Junior Shooter Excels at National Championship:

Lexi Strand Takes 3rd Place in Standing and 9th Overall at Hillsdale College

Hillsdale, Michigan – Congratulations to *Alexis “Lexi” Strand* for her outstanding performance at the 34th American Legion Junior Shooting Three Position Air Rifle National Tournament Championship, held at Hillsdale College. Representing Trigger Time and sponsored by The American Legion, Department of Virginia, *Lexi* showcased exceptional skill and determination on the national stage.

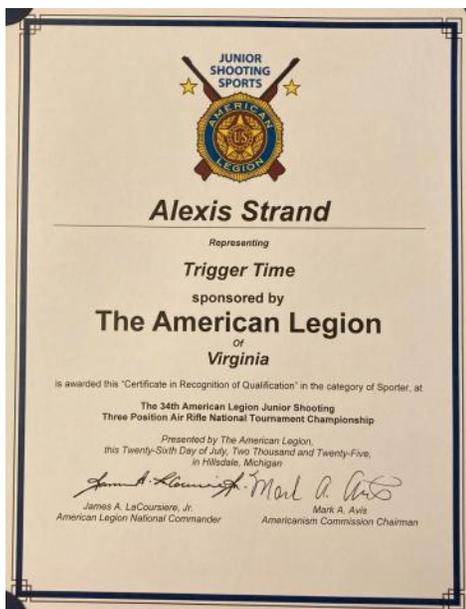
Competing against the best junior shooters in the country, *Lexi* secured 3rd place in the Standing Position and earned an impressive 9th place overall in the Sporter category. This remarkable achievement highlights her precision, focus, and hours of dedicated practice.

The tournament, which brings together top competitors from across the nation, tests athletes in three challenging positions: prone, kneeling, and standing. *Lexi’s* success in the standing position—one of the most demanding—speaks volumes about her discipline and talent.

Lexi received her certificate of recognition from American Legion National Commander *James A. LaCoursiere, Jr.* and Americanism Commission Chairman *Mark A. Avis* during the award ceremony at Hillsdale College.

The American Legion Junior Shooting Sports Program not only promotes marksmanship and safe firearm handling but also builds character, confidence, and leadership in young athletes like *Lexi*. Please join us in congratulating *Lexi Strand* on this incredible accomplishment. She has made our Post, the Commonwealth of Virginia and her local community proud!

Article by *Rick Goodman*



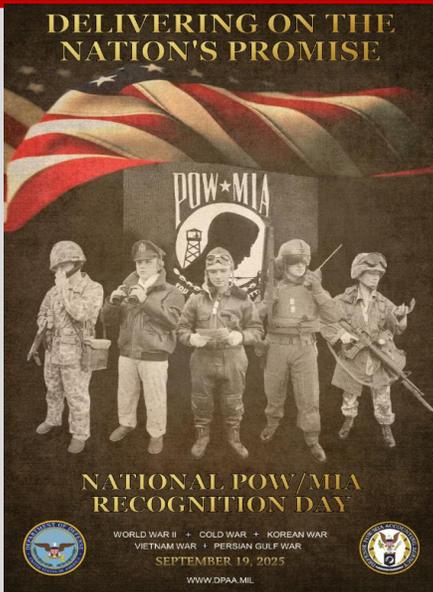
SAL National Vice *Butch Ray*, *Lexi Strand*, and National Americanism Chair *Mark Avis*.

Lexi Strand and ‘proud’ pop *Jim Strand*.

Lexi Strand



Submitted photos.



POW/MIA Recognition Day Ceremony in Post Hall Friday, 19 SEP 2025, at 2000 hrs.

POW/MIA Recognition Day is commemorated on the third Friday of September, a date that's not associated with any particular war. In 1979, Congress and the president passed resolutions making it official after the families of the more than 2,500 Vietnam War **POW/MIAs** pushed for full accountability. During the first **POW/MIA** Recognition Day commemoration, a ceremony was held at the National Cathedral in Washington, D.C., while the 1st Tactical Squadron from Langley Air Force Base in Virginia flew the missing man formation. Most ceremonies since then have been held at the Pentagon, and many smaller observances have cropped up across the nation and around the world on military installations and Veterans Service Organizations.

The point of **POW/MIA** Recognition Day is to ensure that America remembers to stand behind those who serve and to make sure we do everything we can to account for those who have never returned. In order to comprehend the importance of this movement, all you need to do is look at the number of Americans who have been listed as POW/MIAs.

According to the Defense **POW/MIA** Accounting Agency (DPAA), over 82,000 Americans who fought in US wars are still missing, including: 4,452 from WWI; 73,515 from World War II; 7,841 from the Korean War; 1,575 from Vietnam; 126 from the Cold War; 6 from conflicts since 1991.

DPAA said about 75 percent of those missing Americans are somewhere in the Asia-Pacific. More than 41,000 have been presumed lost at sea. Efforts to find those men, identify them and bring them home are constant.

The POW/MIA Flag: The traditional **POW/MIA** flag that is well-known across America was actually created many years before the remembrance day became official. In 1971, a woman named **Mary Hoff** contacted a flag company near her home to see if a flag reminding people of **POWs** and the missing could be made. She was waiting to see if her husband, Navy Lt. Cmdr. **Michael Hoff**, would ever return home after his plane had been shot down over Laos. World War II pilot **Newt Heisley** designed the now-famous flag, which was made in black and white to represent the sorrow, anxiety and hope symbolized by the image of the gaunt man featured on it.



Ceremony in Post Hall on Friday, 19 Sep 2025, at 8:00 P.M.

Submitted by **Gunny**



POW/MIA National Recognition Day Ceremony will be held on
Friday, September 19, 2025, at 8 PM in the Hall.

Everyone is invited to attend.

The Hall will be closed for dining on this date.



SEPTEMBER 11, 2001—Do YOU remember? The September 11 attacks were a series of four coordinated terrorist attacks by the Wahhabi Islamist terrorist group Al-Qaeda against the United States on the morning of Tuesday, September 11, 2001. Four California-bound commercial airliners, which took off from three different airports across the northeastern U.S., were hijacked mid-flight by 19 al-Qaeda terrorists, who carried out the attacks in three groups of five and one group of four. American Airlines Flight 11 was flown into the North tower of the World Trade Center complex in Lower Manhattan at 8:46 am; seventeen minutes later, the World Trade Center's South tower was hit by United Airlines Flight 175. Both 110 story towers collapsed later in the morning, leading to the collapse of the other World Trade Center structures including 7 World Trade Center, and damaging surrounding buildings. A third flight, AA Flight 77, flown from Dulles International Airport, was hijacked over Ohio and, at 9:37 am, was crashed into the west side of the Pentagon* causing a partial collapse of the building. The fourth flight, UA Flight 93, was flown in the direction of D.C.; the plane crashed in a field near Shanksville, PA, after passengers forced their way into the cockpit and fought the hijackers over the controls.

Investigators determined that Flight 93's target was either the White House or the Capitol Building.

In the immediate aftermath of the attacks, suspicion quickly fell onto Al-Qaeda. The U.S. formally responded by launching the War on Terror and invading Afghanistan to depose the Taliban, which had not complied with U.S. demands to expel Al-Qaeda from Afghanistan and extradite their leader Osama bin Laden. Many countries strengthened their anti-terrorism legislation and expanded the powers of law enforcement and intelligence agencies to prevent terrorist attacks. bin Laden initially denied any involvement, in 2004 he formally claimed responsibility for the attacks. Al-Qaeda and bin Laden cited U.S. support of Israel, the presence of U.S. troops in Saudi Arabia, and sanctions against Iraq as motives. After evading capture for almost a decade, bin Laden was located in Pakistan in 2011 and killed during a U.S. military raid.

The destruction of the WTC and nearby infrastructure harmed the economy of New York City and created a global economic recession. The U.S. and Canadian civilian airspaces were closed until September 13, while Wall Street trading was closed until September 17. Many closings, evacuations, and cancellations followed, out of respect or fear of further attacks. Cleanup of the WTC site was completed in May 2002, and the Pentagon was repaired within a year. The attacks resulted in **2,977 fatalities, over 25,000 injuries**, and substantial long-term health consequences (deaths of first responders/rescue workers have been attributed to long-term health effects from the pollution—burning jet fuel, plastics, metal, fiberglass, asbestos, etc.) in addition to at least \$10 billion in infrastructure and property damage. It remains the deadliest terrorist attack in human history and the single deadliest incident for **firefighters and law enforcement** officers in the history of the U.S., with **340 and 72 killed** respectively.

The construction of One World Trade Center began in November 2006, and the building opened in November 2014. Numerous memorials have been constructed, including the National September 11 Memorial & Museum in New York City, the Pentagon Memorial in Arlington, and the Flight 93 National Memorial at the Pennsylvania crash site.



WTC, NYC



Pentagon, VA



Shanksville, PA

* Post 10 Legionnaire *John Chada* was killed at the Pentagon.

Lest We Forget!

Submitted by *Gunny*

Job-seeking servicemembers: Avoid scams while you search: Discharged from the military, retiring, or transitioning to civilian life? Once you leave active duty, you might be interested in new career opportunities to put your valuable skills and experience to work. Scammers are also looking for opportunities — specifically, to steal your money. Reports to the FTC about job scams have tripled from 2020 to 2024 and reported losses jumped from \$90 million to \$501 million in that time. Here are some ways to help you spot a scam while you're job searching. Reports to the FTC say scammers flock to the places where job seekers look: online ads, job sites, and social media. But sometimes they try to contact you directly. You might get an unexpected text or message on WhatsApp from someone who says they're a recruiter for a company. The message might even look like it's coming from a company you know. If it asks you to click a link or enter personal or financial information, that's probably a scam. To avoid [job scams](#):

Start your job search with trusted sources. Try visiting sites like [fedshirevets.gov](https://www.fedshirevets.gov) and your state's job bank at [Career OneStop](#).

Do some research. [Search online](#) for the name of the company and words like “review,” “scam,” or “complaint.” If you can't find the company online, steer clear.

Slow down and talk to someone you trust. Scammers try to pressure you to act quickly so you don't have time to think. Slow down and see what your friends and family have to say about the job ad. **Never pay anyone to get a job.** Anyone who asks you to pay to get a job is a scammer.

Learn more about spotting and avoiding job scams at [ftc.gov/jobsams](https://www.ftc.gov/jobsams) and report them to the FTC at [ReportFraud.ftc.gov](https://www.reportfraud.ftc.gov).

[Source: FTC]

Submitted by *Vic Librizzi*

How to spot and avoid task scams: You get an unexpected message on WhatsApp, Telegram, text, or social media. The person says you can make quick money online doing tasks. It sounds simple, and the message says you'll get paid right away. But this could be a scam. Read on to find out how to spot and avoid them.

Task scams — or gamified [job scams](#) — begin with an unexpected message offering you “work” doing things like “optimization” or “product boosting” online. You complete the tasks through an app or online platform and — supposedly — earn money through a “commission” with each click you make. But spoiler alert: there aren't any commissions and only the scammers make money.

As you complete each task, you'll see what looks like more and more supposed earnings in the app. They're fake, but the scammers want you to think those earnings are real. So they might pay you a little — usually \$5 to \$20 — to try to gain your trust. Then the scammer turns the tables. To unlock and complete your next set of tasks, and to be able to get your “earnings” out of the app, the scammer tells you to deposit your own money, usually in crypto. But even making that deposit won't let you get those (fake) earnings — and your real money will be gone.

To avoid task scams: **Ignore generic and unexpected texts**, WhatsApp, or Telegram messages about jobs. Real employers will never contact you that way. **Never pay anyone to get paid**, or to get a job. That's a sure sign of a scam. **Don't trust anyone who says they'll pay you to give a positive rating or like things online.** No honest company will do that.

Learn more about spotting and avoiding scams at [ftc.gov/scams](https://www.ftc.gov/scams). And report scams you see to the FTC at [ReportFraud.ftc.gov](https://www.reportfraud.ftc.gov).

[Source: FTC]

Submitted by *Joe Licari*

TRIVIA NIGHT
EVERY THURSDAY
STARTING NOV 7TH
7-9PM
9950 Cockrell Rd, Manassas, VA

AMERICAN REGION 1919 2019

ROCKSTAR TRIVIA

On 4 AUG 2025, the Post held a cake cutting ceremony for the 235th birthday of the US Coast Guard.
Rick Goodman, ret. USCG, was the representative for the CG and emceed the ceremony.



Rick Goodman

Leon Kowalewski assists Rick

Gunny photos



AMERICAN LEGION AUXILIARY UNIT # 10
CA\$H BA\$H 2025
SATURDAY OCTOBER 11
DOORS OPEN @ 2:00 PM - 10:00 PM
Mission BBQ and Beer included with your ticket; starting @ 4pm
\$30 open to the public
4:00-9:00 DRAWING FOR \$500 EVERY 15 MINS
EACH TICKET CAN BE A ONE TIME WINNER
GRAND PRIZE OF \$4,500 @ 10PM
EACH TICKET IS ALSO ELIGIBLE FOR GRAND PRIZE IF YOU WIN \$500
VOLUNTEERS WILL BE WALKING AROUND DURING THE EVENING SELLING RAFFLE TICKETS, PULL TABS (HOG), 50/50'S
WINNERS NEED NOT BE PRESENT TO WIN. NO ONE UNDER 21 PERMITTED, NO SMOKING. FILL THE CART HARVEST KICK OFF - PLEASE BRING IN A NON-EXPIRED AND NON-PERISHABLE FOOD ITEM TO FILL OUR CART. YOU WILL RECEIVE 1 DOOR PRIZE TICKET FOR EACH ITEM DONATED.
CASH ONLY EVENT
9950 COCKRELL RD. MANASSAS, VA 20110

AUXILIARY UNIT 10



It's that time of year again! The American Legion Unit 10 Auxiliary Annual Ca\$h Ba\$h! It will be held on October 11, 2025. You need not be present to win. This is the Auxiliary's *only* fundraiser of the year. Money raised goes towards helping Veterans and the surrounding community. Tickets are \$30 each and includes admission, food and drinks.

Reminder- our next Auxiliary meeting will be held on Tuesday, September 2nd @ 7pm.

Peggy Pignone, President

NOTICES: When playing the 'game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become **null and void**. The Post has 48 hours to pay on winning tickets. Thank you for your cooperation.



GOLD STAR MOTHER'S AND FAMILY DAY; On the last Sunday in September, Gold Star Mother's and Family Day honors the mothers, fathers, and families of fallen military service members. Also known as National Gold Star Mother's Day, the day serves as a reminder of the losses suffered by military families. Since World War I, the observance has provided a way to recognize and honor those who have lost a son or daughter who served our country in the United States Armed Forces. A gold star symbolizes a family member who died in the line of duty while serving the U.S. Armed

Forces. On Gold Star Mother's Day, the nation remembers alongside them. It's an opportunity for us to pay tribute to their sacrifices and support those who remain behind.

The history of National Gold Star Mother's Day and their families begins with a young country thrown in the midst of a great war. Army Captain **Robert L. Queissner**, whose two sons were serving on the front-line during World War I, created what is now called the Service Flag. Families displayed the flag with a blue star to represent a child serving in the military during times of war or hostilities. When a service member died, families stitched a gold star over the blue star.

Submitted by **Annette Lewis**



Sons of the American Legion, Squadron 10

No report received.

Mark Emerman, Commander

TRIGGER TIME Sponsored by the Post



<< Lft to Rt: **Jim Strand** (coach), **Rebecca Ahrens**, **Alexis Strand**, **Ayden Strand**, **Stan Moore**.

>> Lft to Rt: **Samantha Seagle**, **Jim Strand**, **Alexis Strand**, **Stan Moore**, **Rebecca Ahrens**.



<< Lft to Rt: **Jim Strand**, **Rebecca Ahrens**, **Stan Moore**

Photo 1: First Place in AL National competition and 2nd in the region.

Photo 2: Team set the AL National CMP 3PAR record last year and it still holds this year.

Photo 3: Rebecca took 1st place Individual Shooter in VA.

Gunny photos



SONS OF THE AMERICAN LEGION, SQUADRON 10
JOHN J. CHADA MEMORIAL GOLF TOURNAMENT
PRINCE WILLIAM COUNTY GOLF COURSE, NOKESVILLE, VA
SEPT 12TH, 2025

Four Person Teams/ Captains Choice - All are welcome to attend. The first 144 golfers registered will be accepted. 0830 Shotgun Start!! NO RAIN DATE!!!

COST:

\$110 Per Golfer - Includes round of golf, door prize, and 50/50 drawing.

\$440 Per Team (4 golfers) - Includes round of golf, door prize, & 50/50 drawing for each golfer.

Sponsors - Please see Sponsor Registration Form.

TOURNAMENT PRIZES:

- Top Three Teams and Our Infamous "Horses Ass Trophy"
- Closest to the Pin (Par Three's) Including "The Hamm Hole"
- Longest Drive(s) - Women (Red Tee) / Men (White Tee)

Golfers over sixty years of age may use Gold Tees, if desired. **NO MULLIGANS!!!**

Please mail completed form with golfer names, phone numbers and email addresses along with check payable to:

American Legion Post 10
 Attn: Mark Emermen or Tom Ramirez
 9950 Cockrell Road, Manassas, VA 20110

Please mail no later than A SEPT 5TH, 2025

If you have any questions, please feel free to contact Mark Emerman @w8n2hnt@gmail.com or Tom Ramirez at Bdaddy8@comcast.net

- Pre-registration along with payment is preferred due to the tournament size.
- All tournament prizes will be distributed after the tournament at the Awards Ceremony at Post 10.
- Food and refreshments will be provided as well as a 50/50 drawing.
- All tournament proceeds benefit the Sons of the American Legion Post 10 charities.

Name: _____ Phone: _____ Email: _____
 Name: _____ Phone: _____ Email: _____
 Name: _____ Phone: _____ Email: _____
 Name: _____ Phone: _____ Email: _____

The Golf Tournament will be played rain or shine unless the golf course facility closes due to inclement weather, in which case a rain check will be issued to all registered and paid players.



Sons of the American Legion, Squadron 10 John J. Chada
Memorial Golf Tournament, Sept 12th, 2025, Sponsor Registration Form:

Sponsor Name: _____

Address: _____

City/State/Zip Code: _____

Contact Name: _____ Email Address: _____

Phone Number: _____

___ **"EVENT SPONSOR"** (\$2,500.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed as the Event Sponsor larger at the top of our banner at the Tournament and the Awards Ceremony.

___ **"ELITE SPONSOR"** (\$1,000.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed on a banner in larger font as an elite sponsor at the Tournament and the Awards Ceremony.

___ **"GOLD LEVEL"** (\$600.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

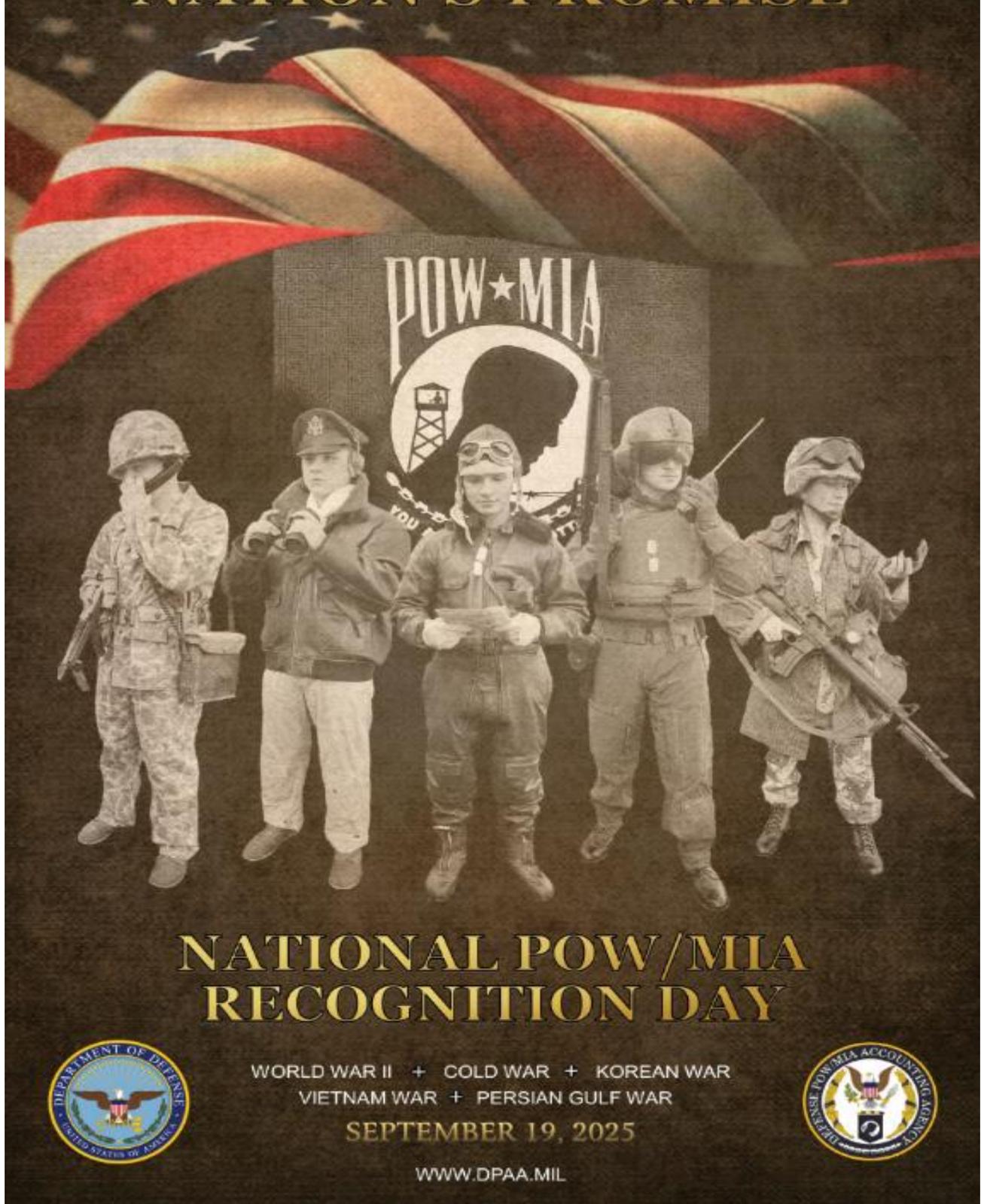
___ **"SILVER LEVEL"** (\$250.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, One (1) Individual Player entered in the Tournament, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

___ **"BRONZE LEVEL"** (\$100.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

___ **"CASH DONATION"** Please make check payable to, "The American Legion, Post 10, SAL".

The proceeds from the Sons of the American Legion events support its mission of providing needed services to Veterans and their families as well as funding numerous local and regional charities. In recent years, S.A.L. Post 10 Manassas has submitted numerous donations to include Izaak Walton League of America, USO, Habitat for Humanity, Fisher House Foundation, NJROTC, Virginia Special Olympics, Comfort Our Troops Foundation, Make-A-Wish, American Legion Child Welfare Foundation, Children's Miracle Network, Boy Scouts of America, Food for Others, Final Salute Inc., American Legion Charities including Boys State & Youth Baseball, and many others supporting local people in need. SAL campaigns place emphasis on preserving American traditions and values, improving the quality of life for our nation's children, and teaching the fundamentals of good citizenship.

DELIVERING ON THE NATION'S PROMISE



NATIONAL POW/MIA RECOGNITION DAY

WORLD WAR II + COLD WAR + KOREAN WAR
VIETNAM WAR + PERSIAN GULF WAR

SEPTEMBER 19, 2025

WWW.DPAA.MIL

The Post will hold its 26th annual POW/MIA Recognition Day ceremony on Friday, 19 SEP 2025, starting at 2000 hours (8 PM) in the Hall. Please attend, this is one of the most informative and moving ceremonies that the Post holds each year. Thank you.

Gunny



Three Servicemen Statue at the Vietnam Veterans Memorial



"Celer, Silens, Mortalis"
"Arrugha!"



The Vietnam Women's Memorial to honor the women who risked their lives to serve their country. Depicting three women caring for a fallen soldier.

September 9, 1776 - The United States came into existence as the Continental Congress changed the name of the new American nation from the United Colonies.

September 3, 1783 - The Treaty of Paris was signed by *John Adams*, *Ben Franklin* and *John Jay*, formally ending the American Revolutionary War between Britain and the United States.

The year 2025 is the 250th anniversary of the United States Army (Hooah!) , the United States Marine Corps (Oorah!), and the United States Navy (Hooyah!).

Post 10 Veterans Advocate



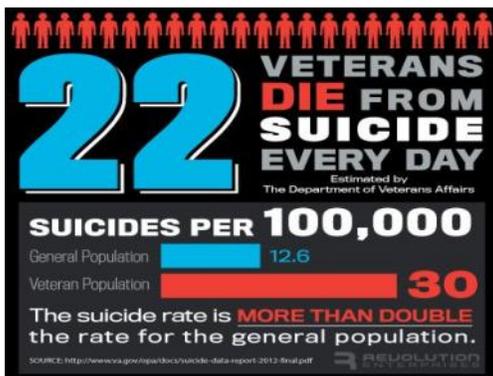
I hope everyone has a nice and safe Labor Day holiday weekend! Fall is approaching and the first day of Fall is September 22, 2025! Thank you for your selflessness and dedication to our country and thank you to the families of veterans for their support and strength. As your Post 10 Veterans Advocate, I will continue to guide and assist veterans in filing service-connected disability claims with the VA. It is a pleasure to be able to assist you with any questions that you may have and will continue to do so in 2025!

The Appointment of Claimant's Representative VA form authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims.

Contact me: ginger.c.harvey@gmail.com for VA claims assistance. Please include all of your contact information so that I can better assist you.

Post 10 Veterans Advocate, *Ginger Harvey*



Chaplain's Report: Dear Post 10 Members: The new *Puller Veterans Care Center* (PVCC) located in Fauquier County will shortly be opening its doors to all qualified Veterans with initially 128 beds. The Commonwealth of Virginia then will have four total in Virginia. They fall under the control of the Virginia Department of Veteran Services and are created for Veterans in need in the final stages of their lives. As you know those situations can vary based on declining health, medical conditions, healthcare needs, financial situation and several other categories that can put a Veteran and/or his/her family in a bad situation while trying to take care of their aging or ill loved one. So you know these facilities have been created and built for you...the Veteran and/or helping Veteran family.



To learn more about PVCC admissions, call (540) 680-5200, or email PVCCAdmissions@dvs.virginia.gov. In the email include the potential resident name, location, telephone number, email, as well as a secondary contact name and contact phone number to join the waitlist. The address for the PVCC is, 6951 Vint Hill Pkwy, Warrenton, VA 20187.

If I may be of any assistance You may reach me at any time at: 1-703-853-1869
or Email: steven.botello@gmail.com Respectfully,

Steven Botello Chaplain P10 Manassas, VA

Looking for health insurance? Make sure that's what you're getting: Are you looking to get or switch your health insurance? Know that some dishonest marketers might lie about what your plan would cover, make it seem like they're selling health insurance when you're really just getting a discount plan, or try to sell you something else entirely.

In the settlement with MediaAlpha, the FTC alleges that the company misled people interested in health insurance into sharing personal information MediaAlpha then sold to telemarketers. As a result, the FTC says people were bombarded with millions of robocalls, live telemarketing calls, and other sales tactics.

According to the FTC, MediaAlpha drew people in with false or misleading ads that faked a connection to the government and claimed they gave online quotes for supposed low-cost, comprehensive health insurance. In fact, the FTC alleges MediaAlpha knew its telemarketing partners rarely offered the kind of coverage MediaAlpha advertised and instead sold people very different products that covered much less than was promised.

If you're looking for health insurance, make sure that's what you're buying:

Don't decide on the spot. Get details in writing before you sign up. If the marketer won't give you information in writing about the plan's benefits and limitations before you give a credit card number or other payment information, that's a major red flag.

Review the plan documents carefully and make sure it's what you want. Is it health insurance, a medical discount plan, or something else? Call your health care providers directly to find out if it would cover your care, and how much it would cost you for things like going to the emergency room or being admitted to the hospital. Call before you enroll or pay any fees.

Search online for any company or plan name listed in the documents with the words "complaint," "scam," or "fraud." Read reviews and see what others have to say.

Spot a misleading ad? Tell the FTC: ReportFraud.ftc.gov.

[Source: FTC]

Submitted by *George Moschatos*

ATTENTION: *Greg Neiss* is planning the 3rd Annual Veterans ceremony to be held at the Harris Pavillion in November. *Greg* is seeking volunteers, see him for developing details.

At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from the Social Quarters— *immediately*. We ask for your cooperation. Thank you. *Gunny*

THE AMERICAN LEGION IS NOT A BAR



IT IS A VETERANS SERVICE ORGANIZATION



Auxiliary Membership Report



We've Surpassed Our 2025 Membership Goal! We are excited to announce that we have reached **316 members** — **101.61% of our 2025 membership goal!** This total includes: 201 mail-in renewals, 66 online renewals and 49 new members

Thank you to everyone who helped us surpass our 2025 membership goal — your support keeps our Auxiliary strong! With that success behind us, we're ready to kick off the 2026 membership year this September.

2026 Renewals Now Open — Let's Kick Off Strong! — Renew Early!
2026 Membership Cards Are Available!

Pick up your card Wednesday evenings during Bingo or at monthly Auxiliary meetings (*note: I will not be at the September meeting, but will have cards at the October meeting*).

Or as always:

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at www.ALAforVeterans.org with your member ID on your card. You must log in to pay your dues. If you do not have a username or password, simply click 'Create Account' to get started. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank you,

Johnnetta Jetten, ALA Membership Chair

SEPTEMBER LUNCH SPECIALS
Monday thru Friday, 11 AM x 2 PM

MON 01 Sep Labor Day. Picnic at Pavilion.
TUE 02 Sep BBQ Pork Ribs, Hobo Beans.
WED 03 Sep Hot or Cold Italian Sub.
THU 04 Sep Fried Shrimp Tacos.
FRI 05 Sep NY Strip, Potato, Salad or Veg.
MON 08 Sep London Broil.
TUE 09 Sep Utica Chicken Riggies.
WED 10 Sep Mushroom Swiss Burger.
THU 11 Sep Fried Bologna & Cheese.
FRI 12 Sep Crabcake Sand., Slaw, FFs.
MON 15 Sep Stuffed Turkey Roll.
TUE 16 Sep Creamy Steak Fettucini.
WED 17 Sep Soup & Grilled Sand.
THU 18 Sep Stuffed Peppers, Potatoes, R&B.
FRI 19 Sep Patti Melt on Rye w/Cheeses & Grilled Onions.
MON 22 Sep Prime Rib, French Dip.
TUE 23 Sep Country Style Pork Ribs.
WED 24 Sep Double Cheese Burger w/Bacon.
THU 25 Sep Teriyaki or Sweet 'n Sour Shrimp or Chicken Over Fried Rice.
FRI 26 Sep Cowboy Chicken Sand. w/Bacon & Provolone.
MON 29 Sep Country Fried Steak.
TUE 30 Sep Chicken Cacciatore o/Rice.

Sides if not listed above will be listed on the board.

Above subject to change.
ENJOY YOUR LUNCH.

SATURDAY DINNER SPECIALS

5:30 x 7:30 PM

13 SEP—Steak OR Crab Stuffed Tilapia

20 SEP—Prime Rib

Stop by for dinner and entertainment at the Post—make it a date night!

Friday is Seafood Night—5:30 x 7:30 PM



September Entertainment
(Friday & Saturday evenings)

12 SEP—FRI—*Joe Clay*, music, 8 x 11 PM

13 SEP—SAT—*Joe Clay*, music, 8 x 11 PM

19 SEP—FRI—*Hume & Frye*, music, 7:30 x 11 PM

27 SEP—SAT—*New Legacy Blues*, music,
7:30 x 11 PM

If you have suggestions for entertainment see *Bonnie*.

ATTN: FRI, 19 SEP, the Hall will be closed for dining—all dinners will be served in the Social Quarters. The Hall will be set up for the POW/MIA ceremony which will begin at 8 PM. Please plan to attend the ceremony and after enjoy the music of *Hume & Frye*.



Menu and Prices Subject to Change—Call Post on 703-369-4900 for Current Info.

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by COB [1700 hours] on the 25th day of each month. Photos should be 'jpeg' and separate from the body of the article & include identifying info. Please check and double check your spelling and grammar.

Articles should be submitted to gysgt_mc@yahoo.com

Thank you, ***Gunny***

Northern Virginia Veterans Parade (VetPar) will be held on Saturday, 1 NOV 2025, starting at 1100 hours in Old Town Manassas. This year the parade will highlight 250 year anniversaries of the Army, Marine Corps and Navy. For additional information including route of parade, participant application, sponsorship and volunteering opportunities, etc. go to www.vetpar.org

The **Manassas Veterans Parade** was started by Post 10 Legionnaires circa 2008 to honor all Veterans due to the fact that there was no such parade in Manassas honoring Veterans since the 1860s. The parade has grown to a regional event and was renamed **Northern Virginia Veterans Parade**.

Remember to mark your calendar for Saturday, 1 NOV 2025, stepping off at 1100 hours.

Submitted by **Gunny**

Northern Virginia Veterans Parade Honor Ad

HONOR OUR VETERANS

We are proud to offer Veterans Honor Pages; These Honor postings will be in our program book for donation of \$15.00

Please provide all requested information to insure your Veteran is honored properly or visit our website www.vetpar.org to complete an on line form and payment

No Business Ads or Posting permitted

Parade Sponsorship Packages are available contact us at ProgramBook@vetpar.org or visit web site www.vetpar.org

Your Information:

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ E-MAIL: _____

Select Branch of service and include message below

Select Service: U.S. Army U.S. Marine Corps U.S. Navy U.S. Air Force U. S. Coast Guard

Print a short three (3) line maximum message for your Veterans Honor Posting

ALL SUBMISSIONS MUST BE RECEIVED AND PAID BEFORE September 30th OR IT WILL NOT BE PUBLISHED

Please send your submission in one of the following formats MS Word, MS Publisher or PDF

Mail: Parade Program Book
8665 Sudley Road, Suite 247
Manassas VA 20110-4588

E-Mail: ProgramBook@Vetpar.org

Make checks payable to: VetPar Inc.

On behalf of the Northern Virginia Veterans Parade Committee we thank you for your support
VetPar Inc. reserves the right to refuse any submission which is deemed inappropriate by the Board of Directors

www.vetPar.org

VetPar Inc. 8665 Sudley Road, Suite 247, Manassas VA 20110-4588 // 501(c)(3) EIN# 27-4927900

Robert V. McMaugh Memorial American Legion Post 10 SEPTEMBER 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LABOR DAY Bingo 9:15-12pm Picnic Noon x 3 PM	2 VJ DAY (1945) Auxiliary Unit 10 Meeting 7pm	3 Bar Bingo 5:30 PM	4 Queen of Hearts Horseshoes Ends Today 6-8 PM	5 R.E.D. Seafood 5:30-7:45pm	6
7 Grandparents Day Young Marines 1 x 5 PM	8 Bingo 9:15-12pm	9 S.A.L. Squadron 10 Meeting 7pm	10 Bar Bingo 5:30 PM	11 9/11/01 Patriot Day Queen of Hearts	12 <i>John Chada Golf</i> Tourn. R.E.D. Seafood 5:30-7:45 pm	13 Joe Clay 8 x 11 PM
14	15 Bingo 9:15-12pm	16 TACO TUESDAY Riders Chapter 10 Meeting 7pm	17 US Constitution approved (1787) Bar Bingo 5:30 PM	18 USAF Est (1947) Queen of Hearts	19 POW/MIA Recognition Day Ceremony at 8 PM R.E.D. Seafood 5:30-7:45 PM Hume & Frye 7:30 x 11 PM	20 EXEC Mtg 9 AM General Membership Meeting 10 am
21 Young Marines 1 x 5 PM	22 Rosh Hashanah Begins (sundown) Bingo 9:15-12pm	23	24 Bar Bingo 5:30 PM	25 Queen of Hearts	26 R.E.D. Seafood 5:30-7:45 pm	27 <i>New Legacy Blues</i> 7:30 x 11 PM
28 GOLD STAR Mother's Day 	29 Bingo 9:15-12pm	30	31 Bar Bingo 5:30 PM			

See Menu page for lunch and dinner specials.

Calendar subject to change—call Post on 703-369-4900 for current information.

Our website is: www.post10manassas.org



American Legion Riders Chapter 10

Greetings Post 10 Family



Dave “Pops” Fisk, attended the Department of Virginia State Convention, he says there is plenty of opportunity for training classes and would like to see more people attend next year. Thanks **Pops** for doing this.

Riders VA ALR Quest is in full swing now. The Riders took the opportunity one Sunday afternoon to complete their own Northern District 16 Charters, **Dave** and **Deb Albrecht**, **Rick Goodman**, **Leon** and **Kim Kowalewski**, **Tim “Handlebars” Henderson**, **Paul “Goback” Goforth**, **Bob “Nitro” Ficken**, **Andy** and **Meredith Pascoe**, **Dave “Pops” Fisk**, **Leo Smith**, and **Mark Cannon** took on the adventure. Starting at Post 10 then headed to Post 28 (Triangle), Post 290 (Stafford), Post 72 (Warrenton), Post 295 (Middleburg), and Post 293 (Purcellville), while at these Posts, a picture must be taken with the rider in vest and the post in the back ground. We put on about 177 miles this trip.

Virginia held the start for the National Legacy Run to Tampa FLA., Riders not making the trip to Tampa were encouraged to make Virginia Fun Run Ride to the Ride. Post 10 Riders **Rick Goodman**, **Leon Kowalewski**, **Andy Pascoe**, **Paul “Goback” Goforth**, and **Bob “Nitro” Ficken**, started out on this ride from Post 176 Springfield, traveling down to South Boston Post 8. The next day was the sendoff for those going to Tampa. All riders gathered at the North Carolina State Line to cheer, salute, wave, and wish our fellow Riders safe travels as the raise awareness for our Veterans and Families.

While there the Riders continued their Quest, checking off 11 more Charters while down South and heading home. Post 176 (Springfield), Post 8 (South Boston), Post 325 (Danville Memorial), Post 1097 (Danville Dan River), Post 79 (South Hill), Post 50 (Crewe), Post 104 (Appomattox), Post 16 (Lynchburg), Post 74 (Charlottesville), Post 156 (Orange), and Post 157 (Madison). Totaling about 770 miles. The rides were hot, water and cooling towels kept the Riders going.

Coming up in September we have the Virginia ALR 15th Annual State Rally being hosted by Post 53 in Front Royal.

Safety Reminders: Road vigilance, almost every rider out there is looking “ahead”, drivers often don’t see us, not because they’re careless, but because they’ve never been us. Their mental picture doesn’t expect a motorcycle in that space at that time. Look twice, save a life.



Ride On, Chapter 10 American Legion Riders

Article by **Leon Kowalewski**

Submitted photos

Director, **David Albrecht**—ALR Chapter 10

Post 10 LIVE



UPCOMING EVENTS

SEPTEMBER
2025

9/7

SUN

COMMANDERS VS GAINTS FOOTBALL

1:00PM - 4:00 PM

9/11

THU

COMMANDERS VS PACKERS FOOTBALL

8:15 PM - 11:00 PM

9/12

FRI

JOE CLAY MUSIC

8:00 PM - 11:00 PM

9/13

SAT

JOE CLAY MUSIC

8:00PM - 11:00 PM

9/19

FRI

HUME & FRY MUSIC

7:30 PM - 11:00 PM

9/19

FRI

AMERICAN LEIGON POW/MIA CEREMONY

8:00 PM IN THE HALL

9/21

SUN

COMMANDERS VS RAIDERS FOOTBALL

1:00 PM - 4:00 PM

9/27

SAT

NEW LEGACY BLUES MUSIC

7:30 PM - 11:00 PM

9/28

SUN

COMMANDERS VS FALCONS FOOTBALL

1:00 PM - 4:00 PM

FACEBOOK

<https://www.facebook.com/all10historian/>



It is the soldier, not the reporter,
who has given us freedom of the press.
It is the soldier, not the poet,
who has given us freedom of speech.
It is the soldier, not the campus organizer,
who has given us freedom to demonstrate.

It is the soldier,
who salutes the flag,
and whose coffin is draped by the flag,
who allows the protester to burn the flag.

Father D. Edward O'Brien, USMC



**DON'T
FEED
THE
SHARKS**

**Under the new
2022 PACT Act**

eligibility is added for Veterans who served in
Republic of Vietnam
01/09/1962-05/07/1975

EXPOSED TO AGENT ORANGE OR HERBICIDES?

Learn more at VA.gov
1-800-MyVA411 (800-698-2411)

VA U.S. Department of Veterans Affairs

A close-up portrait of an older man with a white beard and mustache, wearing a black cap with 'VIETNAM VETERAN' written on it.

Help for Homeless Veterans

877-4AID-VET

va.gov/homeless | (877) 424-3838



SEPTEMBER 2025 Newsletter
www.post10manassas.org

