



1986 - 2026



Robert Vincent McMaugh Memorial
American Legion Post 10
9950 Cockrell Road
Manassas, Virginia 20110
703-369-4900
www.post10manassas.org



JULY 2026



2026-2027
Legion Officers

Commander
Stan Moore

1st Vice Commander
Ed Filipowski

2nd Vice Commander
Earl Heller

Adjutant
George Ussery
Finance Officer

Ben Turner
Chaplain

Steven Botello
Sergeant-at-Arms

Dave 'Pops' Fisk
1 Year Committeeperson
Greg Neiss

2 Year Committeeperson
Rick Goodman

3 Year Committeeperson
Gunny Lewis

Judge Advocate
Rick Raskin

Post 10 Veteran Advocate
Ginger Harvey

Newsletter Editor
Gunny Lewis

Post 10 Commander's Report

Hello Legion Family,

I want to bring your attention to the shirts worn by our Post staff. These shirts were generously paid for by the Auxiliary, Sons, and Riders so please thank them whenever you get a chance.

Moving on now. The Fourth of July Celebration is in full swing.* We will be having a picnic and fun for everyone. We have also succeeded in obtaining the dunk-tank so come on out and try your luck at dunking me and any other volunteers who are brave enough to get dunk. So come on out and try your luck hitting the target. Hopefully the weather will be nice and warm and after the party the Post will remain open for regular hours so stay and enjoy the fireworks from our parking lot.

As always, let me close by saying that in every family, communication is the thread that weaves trust, understanding, and connection together. This is especially true within our community of veterans, where challenges are deeply personal and often invisible to the outside world.

Communication provides a lifeline between isolation and healing. A simple conversation, a sincere question about someone's well-being, or just being present and truly listening—these small gestures can offer profound comfort to those who might otherwise suffer in silence. They remind us that no one faces their struggles alone.

Let this serve as a reminder to embrace the power of communication—to **Be the One** who listens, who reaches out, who shows compassion. Every act of connection helps build a stronger, more resilient support network. Together, we can help ensure no Veteran feels left behind.

For God and Country,
Stanley C. Moore Your American Legion Post 10 Commander

* See further in newsletter for details.

"I like to see a man proud of the place in which he lives.
I like to see a man live so that his place will be proud of him." – *Abraham Lincoln*





Legionnaire Membership Report from 1st Vice Commander



2026 - Renewals.

So far, we have signed up 39 new members and renewed 684. We are currently at 95.0% renewal. The final membership figures will be released sometime this month. For those of you who want to renew for 2026, this is last call. Renewing online would be the quickest and give us instantaneous verification of your renewal. July 1 begins the 2027 renewal period.

Please welcome our new Legionnaire: *Mario Torres, USA*

Now you can renew for up to 3 years online. Go to mylegion.org, click the renew tab and put in your member number and you will be able to extend your membership at the current membership price for 3 years. If you have any questions, please feel free to contact me.

There are several additional ways to renew your American Legion membership:

1. Online at www.mylegion.org. You can use a credit card online and set-up automatic yearly renewal. You can also update your profile information: address and, phone number. I will also send out your new membership card once I am notified by National of your renewal.
2. By mail. If you've received your renewal request from National Headquarters, mail it in the enclosed return envelope to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 Attn: Post 10 Membership.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues. Current Legion dues are \$50.00. Please provide your address, email and phone number. It's important to be able to contact you.

Your information is stored in a protected database, accessible to only Post officers with the need to know. If you have an email account, you can receive the newsletter electronically.

Please feel free to email me with any questions/concerns about your membership.

For God and Country,
Ed Filipowski, 1st Vice Commander
al10membership@yahoo.com

“We hold these truths to be self-evident, that all men are created equal...”

Declaration of Independence, July 4, 1776

REMINDER: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states “During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or vacate Post 10 property.” Take the time and attend the ceremony, you may find it informative, educational, and interesting.

Gunny

Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays. Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by *George Moschatos*

The 250th anniversary of the United States (the Semiquincentennial) is taking place on July 4, 2026, marking exactly 250 years since the adoption of the Declaration of Independence. The milestone is being honored nationwide. The Manassas/No. VA area has prime access to the most extensive series of events in the country.



Key Events & Celebrations

Washington, D.C. Festivities: The National Mall and the National Archives will host the largest Independence Day celebration and fireworks display in history. Check the [Freedom 250 - National Archives](#) portal.

The Great American State Fair: A massive 16-day exposition is taking place on the National Mall from June 25 to July 10, featuring exhibits, history pavilions, and major musical acts.

National Independence Day Parade: Washington, D.C., on the morning of July 4th.

Instead of dealing with the massive crowds in D.C., you can participate in several major historical experiences right here:

The Revolutionary War History Trail: PWC has launched a **12-site Revolutionary War History Trail**. It links historic properties across the Manassas area with special outdoor storytelling markers detailing how local citizens supported the road to independence. The **Manassas Museum** serves as a central hub for local **VA250** exhibits, walking tours, and mobile museum stops.

Rippon Lodge Historic Site, Woodbridge, VA - Features hands-on colonial living history programs.

Upcoming Local Events (Summer 2026)

PWC and the Resolves of 1774 (*June 27, 2026*): A localized look at the county's pre-Revolutionary protests and declarations against British rule. **"Nostalgia" Art Exhibition** (*Opening July 11, 2026*): The PW Art Society is hosting an anniversary-themed showcase at the ARTfactory on Battle Street.

George Washington's PWC (*July 17, 2026*): A specialized touring presentation focused on Washington's personal ties and travels through the local area.

Patriots' Memorial Dedication & Tavern Night (*August 8, 2026*): The official dedication of the new PWC Revolutionary War Memorial at Williams' Ordinary. The dedication is paired with an 18th-century "Tavern Night" featuring period music, costumed reenactors, historic games, and themed local craft beer.

July 4th in Old Town Manassas: Downtown Manassas & the Harris Pavilion will host its traditional community celebration, scaled up for the 250th. Featuring bike parades, live acoustic music, and one of the largest local fireworks displays in No. VA, centered around the historic train depot.

Local 250th Anniversary Highlights

The VA250 Mobile Museum: Virginia's state-of-the-art "History on Wheels" mobile exhibition is touring the region. It stops at local parks and the Manassas Museum lawn.

The Virginia 250 Passport: You can pick up a physical [Virginia 250 Passport](#) at local historic sites or the mobile museum. Kids and families can collect stamps at over 70 sites across the state through December 2026.

Nearby Northern Virginia "Signature" Events: Outside of Manassas, two massive nearby celebrations:

Sail250 Virginia (June 19–23, 2026): A spectacular fleet of international tall ships and military vessels will anchor in Alexandria. You can view the ships and attend maritime festivals celebrating the naval history of the Revolution.

Mount Vernon's Patriot's Path: George Washington's estate has fully restored its family mansion and debuted a live [Revolutionary War Encampment](#) featuring active reenactors, camp life demonstrations, and Colonial-era activities for kids.

Submitted by *Annette Lewis*

VVA Mourns Loss of Trail-Blazing Army Nurse and Vietnam Veteran *Diane Carlson Evans*

(Washington, D.C) – “It is with heavy heart that we share the news of the passing of Vietnam Veterans of America lifetime member and trail-blazing U.S. Army (ret.) Captain *Diane Carlson Evans*,” (20 MAY 2026) said VVA National President *Tom Burke*. *Carlson Evans* is known most widely for leading the hard-fought, decade-long effort to build the Vietnam Women's Memorial on the Mall in Washington, D.C., the first—and still the only—memorial on the National Mall dedicated specifically to women's military service.



“*Diane* was a true American hero,” said *Burke*. “Volunteering at age 21 for the Army Nurse Corps, she served a life-changing 1968-69 tour of duty as a combat nurse in the operating and recovery rooms at the U.S. Army's 36th Evacuation Hospital in Vung Tau and the 71st Evac in Pleiku.”

“In 1983, she became a founding member of VVA Chapter 5 in Eau Claire, Wisconsin, and spent a lifetime working as a forceful Veterans’ advocate. That advocacy—and her personal experiences in the war and after coming home—led to the idea of a memorial at The Wall in Washington to honor the American women who served in the Vietnam War,” he added.

In 1984, *Evans* incorporated the Vietnam Women’s Memorial Project as a non-profit organization. The fight to get the Women’s Memorial was ten years long, complex, and arduous, but *Carlson Evans* refused to back down, and her tenacity inspired the many women Veterans who joined her in the battle. *Evans* felt deeply an “incompleteness” in the initially controversial Wall, paradoxically highlighted by the addition of *Frederick Hart’s* statue of three fighting men. “Where are the women?” *Evans* asked. “Women are also soldiers. Women also need to heal. Their service is worthy of honor and recognition.”

Beyond this one life-altering accomplishment, *Carlson Evans’* dedication to her country and to her fellow Veterans continued throughout her life. Her unwavering commitment to public service defined her professional life. In 2022, at VVA’s National Convention, she was honored as a recipient of the VVA Lifetime Achievement Award.

The Vietnam Women's Memorial to honor the women who risked their lives to serve their country. Depicting three women caring for a fallen soldier.



Diane Althea Carlson Evans, 79, of Helena, Mont., passed away peacefully on May 20, 2026, after a long and courageous battle against cancer. She was a member of American Legion Post 2 in Helena and the recipient of The American Legion's Patriot Award and Distinguished Service Medal for her decade-long effort to install the **Vietnam Women's Memorial** on the National Mall in Washington, D.C.

The daughter of a dairy farmer and a nurse, ***Diane*** was born in Buffalo, Minnesota, in 1946 to ***Newell*** and ***Dorothy Carlson***. She attended the Carlson Country School for eight years near the farm where she grew up, graduated from Buffalo High School, and studied nursing at St. Barnabas Hospital in Minneapolis and the University of MN for her Registered Nurse degree. She joined the Army Nurse Corps Student Program in 1966. Upon graduation in 1967, she was commissioned a second lieutenant and completed officer basic training. While serving as a medical-surgical nurse at Fort Lee, Va., she volunteered for service in Vietnam. Her deployment began in the summer of 1968, for a one-year tour of duty as a surgical and burn nurse at the 36th Evacuation Hospital in Vung Tau, and head nurse in a surgical unit at the 71st Evacuation Hospital in the Central Highlands of Pleiku. Returning home, she was promoted to Captain and assigned as head nurse in the surgical intensive care unit at Brooke Army Medical Center, Ft. Sam Houston, Texas, where she met her future husband, ***Michael R. Evans***, M.D., then a surgical resident. They married in April 1971.

Diane's love for her family was boundless. She said the best part of her life was raising her children and spending time with her grandchildren. Nourishing those she loved with her incredible cooking, baking and homemade jam brought her great joy; she cherished time outdoors with her family, ideally by a lake with some loons calling, and the kids playing together in the water. She was an incredible role model and moral compass, with an exceptional work ethic and deep commitment to her mission and values. She often shared that those attributes came from her own mother, and she passed that same spirit on to her children.

She had a second family: the women and men in uniform with whom she had served during her six years of active military duty and the thousands more she met while founding and leading the **Vietnam Women's Memorial** effort to honor her military sisters. Dedicated in 1993, it was the first memorial in the United States to honor women in military uniform on the National Mall in Washington, D.C. In the decades since, she served as an advocate for Veterans nationally and close to home. ***Diane*** wrote about her work with the **Vietnam Women's Memorial** in her book *Healing Wounds: A Vietnam War Combat Nurse's 10 Year Fight to Win Women a Place of Honor in Washington D.C.* For her tireless efforts on behalf of women Veterans, she was awarded the Presidential Citizens Medal.

Remarkably strong and resilient, ***Diane*** was often at her very best when tackling the hardest of challenges. That was evident during her wartime service, trailblazing work on behalf of Veterans, and the way she said goodbye these last few years. Her cancer journey was filled with letters and calls from friends, family, Veterans and connections from across the country. This outpouring of care and compassion meant so much to her. She shared deep gratitude for the circle of compassion and the exceptional medical and nursing care she received.



Diane circa: 1968-1969,
Vietnam.



Dedication of Vietnam Women's Memorial, Washington, D.C.—11 NOV 1993



How to spot a CAPTCHA scam: The FTC is getting reports about a new phishing scam that looks a lot like the CAPTCHA requests you might be used to seeing. Real CAPTCHAs give you image- or text-based tasks to prove you're not a robot — something like typing letters and numbers exactly as they appear, or matching pictures of things like fire hydrants or traffic lights. Here's how the fake CAPTCHA requests happen...and how you could wind up installing malware on your own device.

You get an unexpected CAPTCHA request while browsing a website. The screen looks a lot like a regular CAPTCHA, asking you to verify you're human. But the message says to type a series of commands — something like “Windows + R,” then “Ctrl + V,” and then “Enter”. The screen might say “security verification,” but you're actually following the steps to paste and run hidden malware on your device. Once it's there, scammers can quickly steal your email account login data, mobile banking credentials, or any other information they can get access to.

Real CAPTCHAs won't ask you to run commands on your device. If you notice something downloading to your device after responding to a CAPTCHA, act quickly to remove the malware and protect yourself:

- **Disconnect from the internet.** This stops scammers from accessing your online shopping or banking accounts.
 - **Run a security scan to remove the malware.** Keep your software and apps up to date to catch viruses.
- Change your passwords and enable two-factor authentication** (using a different device) in case the malware already gave a hacker access to your accounts.

If you spot a CAPTCHA or pop-up that you think is trying to spread malware, report it to the FTC at ReportFraud.ftc.gov.

[Source: FTC]

Submitted by *Vic Librizzi*



**Under the new
2022 PACT Act**



eligibility is added for Veterans who served in

Republic of Vietnam
01/09/1962–05/07/1975

EXPOSED TO AGENT ORANGE OR HERBICIDES?

Learn more at VA.gov
1-800-MyVA411 (800-698-2411)



U.S. Department
of Veterans Affairs





Poor is a Nation that has no Heroes.
Shameful is a Nation that has Heroes but forgets them.



*“To Those Who Died,
Honor and Eternal Rest;
To Those Still In Bondage,
Remembrance and Hope;
To Those Who Returned,
Gratitude and Peace.*”



SGT-at-ARMS REPORT



I want to thank the following Post 10 members for their assistance with the service held on Saturday, June 6, 2026, at the Manassas City Cemetery for US Air Force Veteran, **Gerald Breeden**.
Post 10 Chaplain, **Steven Botello**, **Elizabeth Taverniti**, **Kevin Bryne**, (pipes), and **Carl Carey** (Bugler).

Post 10 Color Guard is a specialized unit of veterans that present, carry, and protect the US flag and military service flags at ceremonies, parades, funerals, and community events. We promote patriotism and teach the proper way to display and retire unserviceable US flags. With the exception of the Legion cover (hat) we provide the uniform and training.

V/R

Dave 'Pops' Fisk, Post 10 SGT-at-ARMS
(814) 574 - 7726
varoaderunnr@gmail.com

"The American flag represents all of us and all the values we hold sacred." — *Adrian Cronauer*

"Liberty and independence forever" - *Davy Crockett*

ATTENTION TO ALL THAT USE THE PATIO

On Thursday, 25 JUL 2026, at 0830 the Patio floor was found to be littered with cigarette butts, the ash trays overflowing, and the receptacles under the ash trays filled with empty beer bottles and other 'stuff'. This is unacceptable! There are metal containers for ashes and butts, large trash pails, and boxes for empty beer bottles. Use them.

The staff are not your maids—CLEAN UP AFTER YOURSELF!

This is a simple and civil request. It is a shame we have to bring this to your attention.



Donna, Facilities Manager

FLAG DAY CEREMONY, Sunday, 14 JUNE 2026



Thanks to the Manassas Young Marines for their participation at the Flag Day Ceremony on Sunday, 14 JUNE 2026, FLAG DAY!

Photos by *Gunny*



Three Servicemen Statue at the Vietnam Veterans Memorial



"Celer, Silens, Mortalis"



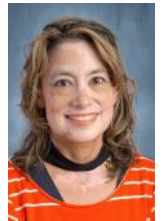
The Vietnam Women's Memorial to honor the women who risked their lives to serve their country. Depicting three women caring for a fallen soldier.



"We few, we Band of Brothers. For he who sheds his blood with me shall be my brother."
– William Shakespeare, "Henry V"

Post 10 Veterans Advocate

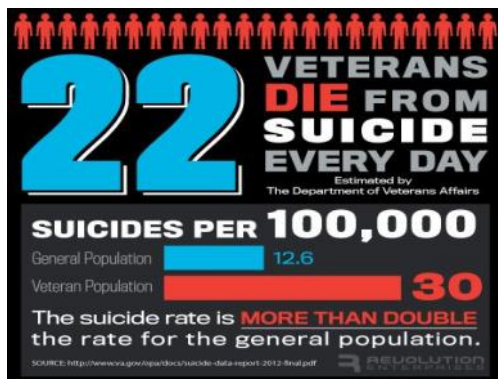
Summer is here! On July 4, 2026, our nation will commemorate and celebrate the 250th anniversary of the signing of the Declaration of Independence! Thank you for your selflessness and dedication to our country and thank you to the families of veterans for their support and strength. As your Post 10 Veterans Advocate, I will continue to guide and assist veterans in filing service-connected disability claims with the VA. It is a pleasure to be able to assist you with any questions that you may have and will continue to do so in 2026!



The Appointment of Claimant's Representative VA form authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims. Contact me: ginger.c.harvey@gmail.com for VA claims assistance. Please include all of your contact information so that I can better assist you.

Post 10 Veterans Advocate, *Ginger Harvey*





To celebrate the 250th Anniversary of the United States of America the Post will host a BBQ in the Pavilion. Food will be available from 1100 x 1500 (11 a.m. x 3 p.m.). The Post will supply hamburgers, hot dogs, cole slaw, buns, and assorted condiments. No charge; however, we request that you provide the sides (i.e. salads, beans, melon, etc.) and desserts. Beverages available for sale.

Between Noon and 1500 Bob Cook and his Bluegrass Band will provide entertainment.

We plan to have a dunk tank which the Commander will be the target. Activities for the children are in the works.

Come on out and celebrate.

HAPPY BIRTHDAY USA!!

“Liberty means responsibility. That is why most men dread it.” — *George Bernard Shaw*

JLC Report: The JLC met at the Virginia War Memorial on June 10 to evaluate last year's legislative initiatives and formulate a plan for the 2027 legislative session. The VFW was represented by me and JLC alternate **Joanne Smith**.

Secretary of Veterans and Defense Affairs MG **Timothy Willaims**, USA Retired, addressed the meeting citing his agency's willingness to assist with initiatives and contact with associated legislators. He stressed the need to make early contacts.

DVS Commissioner **John Maxwell** spoke on the agency's effort to handle increased claims and provide timely scheduling in addition to welcoming walk-ins. He also mentioned that the agency is working with Old Dominion University on AI innovations. Another key issue is preventing suicide and opioid addiction.

The JLC reviewed nine proposed initiatives and accepted five for the coming year. The following are the initiatives reviewed:

| VSO | Subject | Include for 2027 |
|--------------------------------------|--|------------------------|
| American Legion | Protecting VSO Revenue for Veterans Services | YES |
| American Legion | JLC Biannual Report to Quantify the Contributions of Veterans to Virginia | NO Information Only |
| AUSA | Study and Stabilize the VMSDEP program | YES |
| Marine Corps League | PTSD training for First Responders and Public Safety Officers | NO Deferred |
| MOAA | Introduction of USPHS and NOAA in Income Tax Subtraction | YES |
| NOVA Vets | Transportation and Care Coordination Grant Pilot | YES |
| NOVA Vets | Women Veteran Study | YES |
| SVA | Expanding JLC Membership | NO Deferred |
| Va. Army NG/ANG Enlisted Association | State Annuity Tax Exemption for Retired Members of the Virginia Militia and Virginia Defense Force | NO Future Study |

The American Legion initiative on VSO revenue directly relates to handling Use of Proceeds from charitable gaming. I offered VFW co-sponsorship and support in carrying this forward.

The next JLC meeting will be on September 16th, 10:00 AM at the Virginia War Memorial where additional initiatives may be considered.

For additional information visit: <https://www.dvs.virginia.gov/about-us/boards-foundations/joint-leadership-council-of-veterans-service-organizations>.

Note: The VFW is no longer pursuing the claim shark issue at the State level. However, I have been informed by MOAA that Delegate Laufer is considering placing additional restrictions into the legislation signed into law by Governor Spanberger.

Rick Raskin

PSC

Post 10 provides a safe environment for comradery of all its members and guests. Post 10 encourages the characteristics of honesty, good-fellowship, self-discipline, team play, and self-reliance amongst its members and guests. If a member or their guest's conduct is judged in opposition to those founding principles, YOU and your guests will be requested to leave at once. Members are responsible for the conduct of their guests and bear the consequences of their guests' behavior while at Post 10. The House Rules are posted throughout the Post and YOU and YOUR guest are responsible for knowing, adhering to, and abiding to these rules.

Gunny

At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from the Social Quarters— *immediately*. We ask for your cooperation.

Thank you. Gunny

How to avoid a travel scam this summer: Summer is here! If you haven't made your vacation plans yet, you might be looking for a deal. While you look for bargains, scammers are looking for ways to reach you...and your money. Here are some things to know to help you avoid travel scams. Travel scams can crop up when you're searching online for hotels or flights. Scammers sometimes use paid ads and put their number alongside a well-known company's name, or link to a website that only looks like it belongs to a hotel brand or airline. To avoid these scammers, scroll to the unpaid search results and check that you have the right website or contact info for the business you're looking for. Or better yet, type the company's website directly into the browser, if you know it.

Scammers have driving vacations covered, too, sending texts about fake "unpaid tolls" and demanding immediate payment. If you're not sure that text is real, reach out to the state's toll agency using a phone number or website you know is right — not the info from the text.

Here are some other ways to avoid travel scams:

- **Get all the details of a travel offer before you commit.** If the organizer can't or won't give you more specific details (other than saying "you'll stay at a 'five-star' resort"), walk away.

Do some research. Look up the names of travel companies, hotels, rentals, and agents with the words "scam," "review," or "complaint." See what others say about them before you commit.

Look at how they ask you to pay. Only scammers say the only way to pay is by wire transfer, gift card, payment app, or cryptocurrency. They prefer these methods because, once they've collected the money, it's almost impossible to get it back.

[Source: FTC]

Submitted by *Annette Lewis*

Auxiliary Membership Report



We currently have 206 mail-in renewals, 75 online, and 29 new members for a total of 310 members for 2026. We are at 98% of our 2026 membership goal.

Welcome to our newest members: ***Cathy Brooke, Michelle MacNichol, Thomas Osina, Jacqueline Pitkin & Michelle Runion***

Transfer member: ***Pamela Procell Flores*** from Post 290 Stafford, VA

There are several ways to renew:

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at www.ALAforVeterans.org with your member ID on your card. You must log in to pay your dues. If you do not have a username or password, simply click 'Create Account' to get started. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank you,

Johanna Jetten, ALA Membership Chair

Swearing In of Post 10 Legionnaire Officers for 2026—2027



Victor Graulau, 16th District Adjutant, swore in Post 10 Officers at the General Membership meeting on Saturday, 20 JUN 2026, as attendees witnessed. Officers for 2026—2027 are: Commander **Stan Moore**; 1st Vice **Ed Filipowski**; 2nd Vice **Earl Heller**; Adjutant **George Ussery**; Finance Officer **Ben Turner**; Chaplain **Steven Botello**; Sgt-at-Arms **Dave ‘Pops’ Fisk**; 1 Year Committeeperson **Greg Neiss**; 2 Year Committeeperson **Rick Goodman**; 3 Year Committeeperson **Gunny Lewis**.

Photos by **Rick Raskin**

Animal lovers: learn to spot and avoid this breed of pet scams: Scammers have been taking advantage of how much people love animals. They’ll steal and manipulate pet images, videos, and even use AI-generated deepfakes to help them trick you into giving them your money or personal information. There are ways to help you detect and avoid these kinds of scams: Scammers pretend to be law enforcement or an animal hospital, claiming to have your pet who’s had an emergency. They might have seen a flyer for a missing pet, or know from social media that you’re away from home. They may use AI to create fake photos or videos of your pet in distress. *But it’s all a lie.* If someone says the **only** way to pay for your pet’s treatment is with a gift card, a payment app, cryptocurrency, or a wire transfer service, you’re dealing with a scammer. Scammers impersonate real animal shelters/hospitals collecting donations for pets in need. They may create fake webpages and posts using stolen or AI-generated images of pets in need of homes. If someone asks you to donate, check [ftc.gov/charity](https://www.ftc.gov/charity) for advice on how to donate safely. And do a reverse image search to see if the images are stolen. Scammers want you to think you won a prize because you previously donated to help animals. If you have to pay to collect a prize or sweepstakes winnings, you know it’s a scam. Don’t let scammers rush you into making a decision. Slow down and talk to someone you trust. If you spot one of these scams, tell the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud).

[Source: FTC]

Submitted by **Scout**

Are you ready for hurricane season? Hurricane season starts today. Are you prepared? Wherever you live, scammers follow whatever weather emergencies may strike. So as this hurricane season gets started, check over your family's emergency plan and restock your supply kit. And then check out the FTC's Dealing with Weather Emergencies article so you're prepared to avoid scams in case a hurricane (and scammers) cross your path. Here are four things to do to prepare for hurricane season while avoiding scams.

Sign up for alerts and warnings in your area. Public safety officials use systems to alert you about severe weather and disasters.

1. **Check your insurance policy.** To avoid surprises, check to make sure your insurance policy is current, and find out what's covered — and what isn't.

Secure important documents. Use a lockable fireproof box to gather important documents — like Social Security and health insurance cards, and copies of deeds, titles, wills, birth and marriage certificates — so they're ready to go if you have to leave quickly. Or, use personal cloud storage to upload scanned PDFs of important documents. Make sure access requires a strong password and multifactor authentication.

Guard your personal information. Year-round, know that only scammers will say they're a government official and then demand money or your credit card, bank account, or Social Security number.

Bookmark ftc.gov/WeatherEmergencies so you always know how to avoid a scam during hurricane season, and share this information with your family and community.

[Source: FTC]

Submitted by *Vic Librizzi*

Chaplain's Report:

Hello to all of the Post 10 family. As I write this article to you all right around the corner is our Nations birthday of 250 years. This upcoming July 4th, 2026 will mark a historic point in the history of our Nation and that of the World as a whole.

Never before in the time we have been on this earth but for the grace of God has a country or civilization had the profound impact than that of our country the United States of America.

Since the beginning of the civilized nations of all mankind there has never been another country or another people who have had the impact on the World order as that of the USA and all the American's who live here over the years. Yes, there have been other great civilization's throughout human history that have had their footprint on the growth mankind in one way or another but when you look back these past 250 years there has been no other country who had the successes, the history, the wealth of knowledge, scientific discoveries, saving of civilizations such as in WWI and WWII and brought more positive impact than the United States has.

America and American's have been there time and time again in the last 250 years helping and saving our fellow Man. Even now each and every day somewhere on this Earth we are assisting and helping persons and countries all over the world with food, healthcare and basic humanitarian aid of some type as well as military protection of their people.

America stands alone in giving and providing aid and assistance and a strong powerful shoulder to lean on when times are tough even now and will do so well into the future.

God Bless the United States of America. Happy 4th of July to all. God bless America!!

God Bless you one and all. Please take care of yourselves and your families.

You may reach me at any time at: 1-703-853-1869 or Email: steven.botello@gmail.com

Respectfully,

Steven M. Botello, Chaplain, Post 10

SONS of the American Legion, Squadron 10

No Report Received—*Mike Dixon*, Squadron 10 Commander



AUXILIARY UNIT 10 REPORT

No Report Received—*Peggy Pignone*, ALA Unit 10 President

JULY LUNCH SPECIALS

Monday thru Friday, 11 AM x 2 PM

JULY 2026

Check with Post for current information.

WED 01 Sloppy Joe.
THU 02 'Po Boy'.
FRI 03 Crabcake Sandwich.
MON 06 Beef Brisket.
TUE 07 BBQ Sandwich & Slaw.
WED 08 Mushroom Swiss Burger.
THU 09 Sweet & Sour OR Teriyaki Chicken OR Shrimp.
FRI 10 NY Strip.
MON 13 Popcorn Chicken Bowl.
TUE 14 Cheese Burger Sliders.
WED 15 Soup & Sandwich.
THU 16 Chicken Quesadilla.
FRI 17 Bronco Burger.
MON 20 Prime Rib French Dip.
TUE 21 Chicken Cordon Bleu Sandwich.
WED 22 Patty Melt.
THU 23 Hibachi Chicken & Shrimp.
FRI 24 Italian Sub.
MON 27 Fried Chicken.
TUE 28 Carolina Pork Tenderloin.
WED 29 Cowboy Chicken Sandwich.
THU 30 Rigatoni & Meatballs.
FRI 31 BBQ Bacon Cheeseburger.

**Sides will be listed on the board
in the Social Quarters.**

SATURDAY DINNER SPECIALS

5:30 x 7:30 PM

18 JULY—Prime Rib Dinner

Friday is Seafood Night—5:30 x 7:30 PM

TACO TUESDAYS HAVE RETURNED

4:30 x 7 PM—WHEN? EVERY TUESDAY,

Duh!



July Entertainment

4 JULY—*Bob Cook Bluegrass* in Pavilion.
Noon by 3 PM

Check Social Quarters for additional entertainment
for July

**If you have suggestions for entertainment see
*Bonnie.***

NOTICES: When playing the 'electronic game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become **null and void**. The Post has 48 hours to pay on winning tickets. For other games you have 30 days or the ticket is void. Anyone who turns in a winning ticket for **ANY** game must show a **VALID/CURRENT** Legion/SON/AUX card to collect their winnings. Thank you for your cooperation.

“Any fool can criticize, condemn and complain and most fools do.”

– *Benjamin Franklin*

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by COB [1700 hours] on the 25th day of each month. Photos must be 'jpeg' and separate from the body of the article & include identifying info. Please check and double check your spelling and grammar.

Articles should be submitted to gysgt_mc@yahoo.com

Thank you, *Gunny*

There is a new scam targeting Veterans. The latest tactic involves sending fraudulent postcards claiming you (or your spouse) are entitled to “extra VA benefits” or additional payments, including CHAMPVA, TRICARE, and dental coverage, regardless of a VA disability rating. **Don't fall for it.**

These scammers claim to be affiliated with VA. They might instill a sense of urgency, pressuring you to contact them as soon as possible, or within five days. Their goal is to get you to call the number provided. Once you do, they will often use flattery and praise regarding your military service to gain trust. The scammer will attempt to obtain personal identifying information like your Social Security Number, bank account details or other sensitive information.

Never give this information over the phone or on the internet.

VA is monitoring the situation and urges you to remain vigilant against these fraudulent attempts to steal personal identifying information. You can help stop them:

- Refuse to engage.
- Do not call unverified numbers.

Hang up immediately if you are contacted by unsolicited numbers.

Common scam tactics

- Unsolicited postcards, emails, texts or social media messages: Scammers will send communication claiming you qualify for extra VA benefits
- Fake authority on calls or emails: Scammers may pretend to be VA officials and claim there's a problem with your benefits or account.
- Phishing attacks: Scammers may send emails or text messages that appear legitimate but are designed to steal personal information through malicious links or attachments.
- Payment requests: Scammers might demand payment using unconventional and untraceable payment methods, such as gift cards, wire transfers, bitcoin or prepaid debit cards.

Social media interactions: Scammers may try to build trust through social media messages or friend requests, only to exploit that trust for their own financial gain.

How to protect yourself

- Never share any personal or financial information with unverified contacts.
- Don't act on urgent requests from people you don't know. Legitimate VA communications will not pressure you to respond immediately or provide sensitive information.
- If you receive a suspicious postcard, email, text or call, do not call the number provided or click on any links.
- Always verify the sender's identity; when in doubt, call VA directly at 1-800-827-1000.

Be cautious on social media. Ignore friend requests or messages from people you don't know or recognize.

If something seems wrong

If you miss a VA benefits payment, notice a discrepancy, or suspect suspicious activity with your direct deposit, contact VA right away at 1-800-827-1000.

If you suspect you have experienced fraud, you can find out more and report to the appropriate agency at VSAFE.gov or by calling 1-833-38V-SAFE.

Don't fall for these scams!

Staying vigilant and recognizing the warning signs is the best way to keep your personal information safe. For more information on how to protect yourself, visit [VA News](#) and [VBA's fraud prevention](#) online.

[Source: VA News]

Submitted by *Joe Licari*



"We're blessed with the opportunity to stand for something, for liberty and fairness. And these are things worth fighting for, worth devoting our lives to." – *Ronald Reagan*



**Robert V. McMaugh Memorial
American Legion Post 10
JULY 2026**



The American Legion Family

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------|--|---|--|--------------------|--|---|
| <i>National Ice Cream Month</i> | TACO TUESDAY RETURNS 4:30 x 7 PM | TACO TUESDAY Riders Chapter 10 Meeting 7 PM | 1 Bar Bingo 5:30 PM | 2 Queen of Hearts | R.E.D. Seafood 5:30-7:45 PM | 4 INDEPENDENCE DAY 250th BBQ See newsletter for details |
| 5 | 6 Bingo 9:15 AM-Noon | 7 TACO TUESDAY AUX Unit 10 Meeting 7 PM | 8 Bar Bingo 5:30 PM | 9 Queen of Hearts | 10 R.E.D. Seafood 5:30-7:45 PM Karaoke | 11 |
| 12 Young Marines 1 x 5 PM | 13 Bingo 9:15 AM-Noon | 14 TACO TUESDAY Squadron 10 Meeting 7 PM | 15 Bar Bingo 5:30 PM | 16 Queen of Hearts | 17 R.E.D. Seafood 5:30-7:45 PM | 18 EX Mtg 9 AM GEN Mtg 11 AM Prime Rib Dinner Night |
| 19 | 20 Bingo 9:15 AM-Noon | 21 TACO TUESDAY Riders Chapter 10 Meeting 7 PM | 22 Bar Bingo 5:30 PM | 23 Queen of Hearts | 24 R.E.D. Seafood 5:30-7:45 PM | 25 National Hire A Veteran Day |
| 26 | 27 National Korean War Veterans Armistice Day Bingo 9:15AM-Noon | 28 TACO TUESDAY | 29 Army Chaplain Corps Est 1775 Bar Bingo 5:30 PM | 30 Queen of Hearts | 31 R.E.D. Seafood 5:30-7:45 PM | |

See Menu page for lunch and dinner specials.

Calendar subject to change—call Post on 703-369-4900 for current information.

Our website is: www.post10manassas.org



American Legion Riders Chapter 10



2026—2027 Officers: **David Albrecht**, Director; **Rick Goodman**, Asst. Dir.; Finance Officer, **Carl Carey**; Membership/Historian, **Leon Kowalewski**; Chaplain, **Steve Wells**; Sgt-at-Arms, **Bob Fricken**. At present the position of Secretary is vacant and will be appointed by the Director.

Legion Riders came together to honor the life, service, and memory of **Denver Steele**. Army Veteran, Post 290 Stafford member and Tail Gunner for Post 290 Riders. The ride raised over \$3000.00 for Boulder Crest Foundation, which help Veterans, First Responders and their families.

Riders **Rick** and **Leon** attended the Re-Ignition ceremony for Post 74 Charlottesville Riders as they brought back to life their Riders group and electing their new officers.

Let's not forget that the Virginia ALR Legacy Quest is still going on, the Riders are encouraged to visit all the Legion in the State that have Rider groups, getting a picture at the Legion, visiting, seeing new places and being a face for Post 10. Here are some of the Post visited, Post 215 Goochland, Post 90 Beaverdam, Post 3 Salem/ Roanoke, Post 93 Buchanan, Post 55 Fredericksburg, Post 86 Kilmarnock, Post 82 Saluda, Post 221 Caroline County, Post 320 Spotsylvania, Post 75 Gloucester. These Riders are moving around the State and putting on miles. 2026 Virginia American Legion Riders Legacy Run happened and was hosted by Post 148 in Colonial Beach. Riders from all over the State, about 190, got together to raise funds for the Veterans and Children's Foundation, get some riding in over two days, averaging over 200 miles a day. Starting the first day out was rain but changed to a beautiful sunny day, day two of riding was sunny to start changing to some humid heat on the way. This didn't deter Riders, **Rick, Leon, Pops (Dave), Garrett, Carl, Cary, Karl** from participating. Over \$64,000.00 has been raised so far. About 190 bikes were there. Post 10 Riders put on about 582 miles. Donations for the Virginia Legacy Run will be accepted for several more months, if you are moved to donate please use the accompanying donation form. Proceeds go to benefit the Veterans and Children's Foundation.

Maintenance & Readiness: With the warm weather upon us don't forget to just not only throw your leg over the bike and go but keep checking the fluids, tire pressure and doing a once over before each ride. Please stay HYDRATED!!

Ride Safe and Ride Proud,

The Chapter 10 Officers for God and Country



Article by **Leon Kowalewski**

Submitted photos

Director, **David Albrecht**—ALR Chapter 10



Virginia Legacy Run 2026

Virginia Legacy Run Donation Form

The American Legion Veterans & Children Foundation feeds and houses children of military personnel and veterans facing urgent, unexpected hardships. It prevents eviction, keeps the power on and fulfills basic needs to hold a family together through difficult times.

The foundation also covers rigorous training and accreditation costs for American Legion claims experts who provide free representation for veterans and families applying for disability benefits, survivor assistance, GI Bill opportunities and more.

The foundation relies entirely on charitable donations from individuals, like-minded associations and corporate allies.

At any one time, more than 3,000 trained and accredited American Legion service officers are handling the needs of 750,000 or more U.S. military veterans who have become disabled through service to our nation, as well as their families, who may be caregivers, surviving spouses or dependent children.

The fundraising goal is to make the American Legion Veterans & Children’s Foundation sustainable for the future. This is our new mission of The American Legion Riders.

Name: _____ Donation: \$_____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____



Make your checks payable to “Virginia Legacy Run” and mail to:

Virginia Legacy Run
7518 Taw Street
North Chesterfield VA 23237

For questions or more information contact Randy Gunn (804) 271-0701

Tax Exempt NO.# 35-6039680

Admin Use Only: VCF
 Department Programs

**It is the soldier, not the reporter,
who has given us freedom of the press.
It is the soldier, not the poet,
who has given us freedom of speech.
It is the soldier, not the campus organizer,
who has given us freedom to demonstrate.**

**It is the soldier,
who salutes the flag,
and whose coffin is draped by the flag,
who allows the protester to burn the flag.**

Father D. Edward O'Brien, USMC



Access a digital membership card, manage membership information, recruit and save a life featured on new mobile app.

for more information go to the Legion website :
<https://www.legion.org/information-center/news/membership/2024/october/download-the-new-legion-membership-app>



Apple Store



Google Play

JULY 2026 Newsletter
www.post10manassas.org

