



1986 - 2026



**Robert Vincent McMaugh Memorial
American Legion Post 10
9950 Cockrell Road
Manassas, Virginia 20110
703-369-4900
www.post10manassas.org**



AUGUST 2026

**2026-2027
Legion Officers**

Commander
Stan Moore

1st Vice Commander
Ed Filipowski

2nd Vice Commander
Earl Heller

Adjutant

George Ussery
Finance Officer

Ben Turner
Chaplain

Steven Botello
Sergeant-at-Arms

Dave 'Pops' Fisk

1 Year Committeeperson
Greg Neiss

2 Year Committeeperson
Rick Goodman

3 Year Committeeperson
Gunny Lewis

Judge Advocate

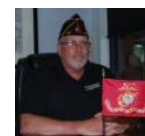
Rick Raskin

Post 10 Veteran Advocate

Ginger Harvey
Newsletter Editor

Gunny Lewis

Post 10 Commander's Report



We just celebrated our country's 250th anniversary. It was a great time for all. The picnic was a great success despite the heat, and I must say I had a blast in the dunk tank. Thank you all for showing up and having fun. With August now here, the heat normally gets even worse, so please check up on each other and especially our elderly members.

There are a lot of changes coming in our Social Quarters, and a lot has already changed. Please be patient while we adjust.

Finally, I want to let everyone know that our Jr. Shooting Team, Trigger Time Shooting, member **Rebecca Ahrens** qualified to go to the AL National Shooting Competition at Hillsdale College, where she placed 2nd in the nation, missing the first-place spot by only 5 points. Her total score was 2320.5 while the winner scored 2325.5. Great job, **Rebecca**! Picture below.

As always, let me close by saying that we are a family and we need to have each other's backs. We are still losing too many Veterans, and if you have the opportunity to help, please help. Small gestures can make a significant difference, often more than we realize. A simple act of kindness, like offering a listening ear or a helping hand, can provide comfort and support to someone in need. These moments of connection remind us that we are not alone and reinforce the strength of our community bonds. Remember, **BE THE ONE!** Let us strive to be there for one another, offering support in any way we can. Whether it's a kind word, a small favor, or simply being present, every action counts. Together, we can make a difference and ensure that no one feels left behind.

For God and Country,

Stanley Moore, Your Post 10 Commander AL10commander@yahoo.com



Top row, 3rd from left is **Rebecca**.

Submitted photo.





Legionnaire Membership Report from 1st Vice Commander



2026 - Renewals.

Currently, we have not received the final membership renewals from National for 2026. We will include them in next month's newsletter. The 2027 renewal season has started. Many of you have already renewed to grab a chance for the coveted Early Bird. Renewing online would be the quickest and give us instantaneous verification of your renewal.

Please welcome our new Legionnaires: **Ronnie Taylor, USA** and our newest Transfer **Rick Bookwalter, USA**.

Now you can renew for up to 3 years online. Go to mylegion.org, click the renew tab and put in your member number and you will be able to extend your membership at the current membership price for 3 years. If you have any questions, please feel free to contact me.

There are several additional ways to renew your American Legion membership:

1. Online at www.mylegion.org. You can use a credit card online and set-up automatic yearly renewal. You can also update your profile information: address and, phone number. I will also send out your new membership card once I am notified by National of your renewal.
2. By mail. If you've received your renewal request from National Headquarters, mail it in the enclosed return envelope to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 Attn: Post 10 Membership.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues. Current Legion dues are \$50.00. Please provide your address, email and phone number. It's important to be able to contact you.

Your information is stored in a protected database, accessible to only Post officers with the need to know.

If you have an email account, you can receive the newsletter electronically.

Please feel free to email me with any questions/concerns about your membership.

For God and Country,

Ed Filipowski, 1st Vice Commander

al10membership@yahoo.com

"All right. They're on our left, they're on our right, they're in front of us, they're behind us ... They can't get away this time." - **Lt. Gen. Lewis B. "Chesty" Puller**. (*Chesty* said this while Chinese forces surrounded his Marines at the Chosen Reservoir. The Marines were expected to fight what essentially amounted to a doomed delaying action as the Chinese wiped them out. Instead, the Marines broke out and slaughtered their way through multiple enemy divisions. **Oorah!**)

REMINDER: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or **vacate Post 10 property**." Take the time and attend the ceremony, you may find it informative, educational, and interesting.

Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays. Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by **George Moschatos**

JULY 4th Celebration at the Post



Photos by
Carl Carey



“The life of the nation is secure only while the nation is honest, truthful and virtuous.” —
Frederick Douglass

“Americans never quit. We never surrender. We never hide from history.
We make history.” —*John McCain*

“No man is entitled to the blessings of freedom unless he be vigilant in its preservation.” —
Douglas MacArthur

August is **Antiterrorism Month**, which is designed to raise awareness not only of the threat of terrorism, but also to encourage regular vigilance and communication to report potential threats.

What Activities Do I Report? People drawing or measuring important buildings; Strangers asking questions about security forces or security procedures; A briefcase, suitcase, backpack or package left behind; Cars or trucks left in “No Parking” zones in front of important buildings; Intruders found in secure areas; A person wearing clothes that are too big and bulky and/or too hot for the weather; Chemical smells or fumes that worry you; Questions about sensitive information, such as building blueprints, security plans or VIP travel schedules without a right or need to know; Purchasing supplies or equipment that can be used to make bombs or weapons or purchasing uniforms without having the proper credentials

“If you see something, say something” is common theme when it comes to terrorism awareness, and that is being strongly emphasized in August. “Trust your instincts; if a behavior or activity makes you feel uncomfortable,

“REPORT IT”

These reminders may sound familiar; they are posted in airports, train stations, bus terminals, etc. Antiterrorism Awareness Month is designed to bring these reminders back into the spotlight, serving as a reminder that we live in times which require this added watchfulness.

Submitted by **Annette Lewis**

Veterans: Don’t pay to apply for VA benefits: Scammers know that applying for Veterans benefits is at the top of the to-do list when you’re getting ready to leave the military. They pretend to be with the Department of Veterans Affairs (VA) and offer to help you apply for benefits if you pay them — even though it’s free to apply with the VA. If you’re applying for Veterans benefits, get the help you need while avoiding scams. Here’s how.

First, know how the scam works: You get an unexpected call, text, email, or message on social media from someone who says they’re reaching out about your Veterans benefits. They might claim to work for the VA or say they’re “approved” by the VA. (**But they’re not**) They offer to help you do things like apply for benefits you’re “missing,” get you a 100% disability rating, or speed up the claims process — all for a fee.

Those are all scams. The VA will **never** charge you to apply for benefits. Accredited representatives and recognized Veterans Service Organizations (VSOs) won’t charge you either, but scammers will. A few things to remember:

Never pay to apply. Whether you apply online or in person at a VA Regional Office, the VA will help you gather and develop evidence to support your initial claim for VA benefits — for free.

Apply directly to the VA. Only the VA can determine your eligibility and award benefits. Anything else is a scam.

Only scammers guarantee you’ll get benefits or offer to help you skip the line. Not even accredited representatives can do that.

Work with a VA accredited representative. Use the VA’s Accreditation Search tool to make sure that the person helping you is actually approved by the VA. If you spot a VA impersonation scam, tell the FTC and your state attorney general.

[Source: VA News]

Submitted by **Renee Valenti**



HAPPY BIRTHDAY U.S. COAST GUARD

The history of the United States Coast Guard goes back to the US Revenue Cutter Service, which was founded on 4 August 1790 as part of the Dept. of the Treasury. The Revenue Cutter Service and the US Life-Saving Service were merged to become the Coast Guard per 14 U.S.C. § 1 which states: "The Coast Guard as established January 28, 1915, shall be a military service and a branch of the armed forces of the United States at all times." In 1939, the US Lighthouse Service was merged into the Coast Guard. The Coast Guard itself was moved to DOT in 1967, and on 1 March 2003, it became part of the DHS. However, under 14 U.S.C. § 3 as amended by section 211 of the Coast Guard and Maritime Transportation Act of 2006, upon the declaration of war and when Congress so directs in the declaration, or when the President directs, the Coast Guard operates as a service in the Department of the Navy.



Semper Paratus

Submitted by **Vic Librizzi**



Poor is a Nation that has no Heroes.
Shameful is a Nation that has Heroes but forgets them.



*"To Those Who Died,
Honor and Eternal Rest;
To Those Still In Bondage,
Remembrance and Hope;
To Those Who Returned,
Gratitude and Peace.*



SGT-at-ARMS REPORT

Post 10 Color Guard is a specialized unit of Veterans that present, carry, and protect the US flag and military service flags at ceremonies, parades, funerals, and community events. We promote patriotism and teach the proper way to display and retire unserviceable US flags. Except for the Legion cover (hat) we provide the uniform and training.



Wednesday, July 1, 2026, SGT-at-ARMS, **Dave "Pops" Fisk** and Post Commander, **Stan Moore** placed 151 small US flags in the Post 10 front parking area, entrance, and the Pavilion. On Wednesday, July 6th, all flags were retrieved by Sgt-at-Arms, **Dave "Pops" Fisk**.

Post 10 Color Guard was requested at Quantico National Cemetery on Friday, 7/24 for the Memorial Service for **Sgt. Conner**. **Sgt. Conner** is the only Manassas Police Officer killed in the line of duty. **Kevin Byrne** "Pipes", **Carl Carey** "Taps".

V/r

Dave 'Pops' Fisk, Post 10 SGT-at-ARMS

(814) 574 - 7726 varoaderrunnr@gmail.com

CONGRATULATIONS to POST 10, LEGIONNAIRE QUIMBY, and COMMANDER MOORE



Dave Quimby, Cmdr Moore



Cmdr. **Moore** presents Post 10 Legionnaire of the Year pin to **Dave Quimby** at the July General Membership meeting (photo 1).

Cmdr. **Moore** displays plaques (photos 2 & 3) that the Post received from Department for Children & Youth and Americanism Award (2025—2026).

Cmdr. **Moore** displays Department of Virginia, District 16 POST COMMANDER of the YEAR (2026) certificate (photo 4) that he earned for 'outstanding leadership [which] provided motivation to succeed and contributed greatly to a significant growth in programs and membership during 2026". Congrats to you Commander.



Three Servicemen Statue at the Vietnam Veterans Memorial



"Celer, Silens, Mortalis"



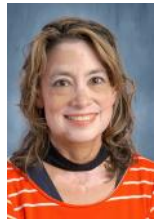
The Vietnam Women's Memorial to honor the women who risked their lives to serve their country. Depicting three women caring for a fallen soldier.



"We few, we Band of Brothers. For he who sheds his blood with me shall be my brother."
– William Shakespeare, "Henry V"

Post 10 Veterans Advocate

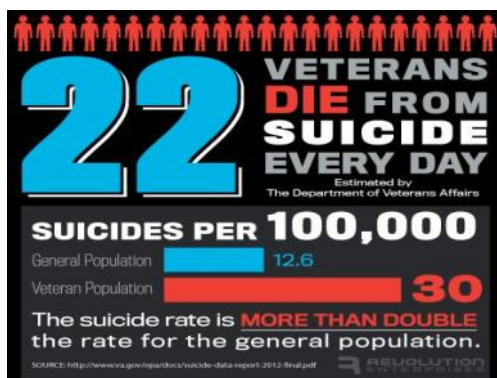
August is here and I hope all of our Veterans and their families are enjoying their summer! Thank you for your selflessness and dedication to our country and thank you to the families of veterans for their support and strength. As your Post 10 Veterans Advocate, I will continue to guide and assist veterans in filing service-connected disability claims with the VA. It is a pleasure to be able to assist you with any questions that you may have and will continue to do so in 2026!



The Appointment of Claimant's Representative VA form authorizes The American Legion to assist Veterans and beneficiaries. Additionally, please send your full and complete contact information. You cannot have more than one POA!

I am available to assist Veterans and their families in completing and filing benefit claims. Contact me: ginger.c.harvey@gmail.com for VA claims assistance. Please include all of your contact information so that I can better assist you.

Post 10 Veterans Advocate, *Ginger Harvey*



Can you spot debt relief scams that target the military? Scammers promise to solve your debt problems to trick you into paying them instead of your actual lender. If a caller offers to help you enroll in a special “military debt forgiveness” program, pause. That’s probably a scam. Learn how debt relief scammers might target the military and how to avoid the scam.

Scammy debt relief companies call out of the blue and use official-sounding names and phrases to suggest ties to the military. They might claim to be from a military bank or credit union, like USAA or Navy Federal, or a credit bureau like Equifax, Experian, or Transunion. But if the caller offers to help you reduce or settle your debt — after you pay a fee — that’s a sure sign of a scam. It’s illegal for a debt relief company to charge you before they help you. Some companies offer to enroll you in “exclusive” military debt relief or veteran debt forgiveness programs, but those programs might not even exist. If you pay upfront, you might lose your money and get nothing in return. Some scammers pressure you to pay them instead of your real creditors. But missing payments on your real debt can lower your credit score and mess up things like your security clearance. You could end up using your hard-earned savings to pay down the increased debt plus late fees and penalties.

Need help managing debt? Start by contacting your lender directly. Ask about your repayment options. To avoid a debt relief scam:

- Never pay upfront for debt relief. Only scammers try to collect fees from you before they settle any of your debts.

Find help. Financial counseling resources for active duty are available through an on-base personal financial manager or counselor. If you’re a veteran, find help through the VA

Do some research. Check out any organizations you’re considering with your state attorney.

If you spot a debt relief scam, tell the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/ReportFraud).

[Source: FTC]

Submitted by *Annette Lewis*

Unclaimed life insurance money? It’s a scam: People are telling the FTC they’ve gotten letters in the mail from law firms about unclaimed life insurance money. Have you gotten one of these? The “lawyer” says that one of their clients, with your same last name, died and you’re the heir to a life insurance policy worth millions. (Spoiler alert: you’re not.) The letter then explains that they’d like to split the proceeds between you, some charity organizations, and their law firm. But what’s really happening here?

Here’s the first thing to know: this is not a letter from a lawyer — it’s from a scammer. The letter might sound convincing, with the firm supposedly trying to contact family members and finding no heir to “the fortune.” You might even be tempted to reply, since maybe the worst that happens is you don’t get a share of the money. But there is worse: if you contact them, they’ll try to get your personal and financial information (like your Social Security or bank account numbers), your money, or all of the above. And that life insurance policy or inheritance? It doesn’t exist at all.

Here’s what to do if you get one of these letters:

- Don’t respond. Keep your money and information to yourself. Never send money or information to a stranger who promises big rewards. That’s always a scam.
- Pass this information on to a friend. You probably throw away these kinds of letters, but you probably know someone who could use a friendly reminder that these are scams.

Report it to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/ReportFraud).

[Source: FTC]

Submitted by *Vic Librizzi*

Post 10 provides a safe environment for comradery of all its members and guests.

Post 10 encourages the characteristics of honesty, good-fellowship, self-discipline, team play, and self-reliance amongst its members and guests. If a member or their guest’s conduct is judged in opposition to those founding principles, YOU and your guests will be requested to leave at once. Members are responsible for the conduct of their guests and bear the consequences of their guests’ behavior while at Post 10.

The House Rules are posted throughout the Post and **YOU and YOUR guest** are responsible for knowing, adhering to, and abiding to these rules.

Gunny

At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from the Social Quarters—immediately. We ask for your cooperation.

Thank you. *Gunny*



Auxiliary Membership Report

We currently have **208 mail-in renewals, 75 online renewals, and 30 new members for a total of 313 members for 2026.** We are at 99% of our 2026 membership goal.



Thank you to all of our members who have renewed their membership and continue to support the mission of the American Legion Auxiliary. Your continued support allows Unit 10 to serve our Veterans, their families, and our community.

Important Reminder About 2026 Memberships: If you have not yet renewed your **2026 membership**, please take a moment to do so before the end of the year. Members who allow their **2026 membership** to lapse beyond **December 31, 2026**, will be removed from the active membership roster and placed on the **Expired Member** list in January 2027. Members who wish to rejoin after being placed on the Expired member list will need to complete a **new membership application** before their membership can be reinstated. Renewing before the end of the year ensures your membership remains active without interruption.

There are several ways to renew:

- 1) You may leave your payment of \$35 in a membership envelope, complete the information required on the label, and give it to the bartender on duty at Post 10; or
- 2) Mail your payment of \$35 to the American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110 and include your current address, telephone number and email address; or
- 3) Renew online at www.ALAforVeterans.org with your member ID on your card. You must log in to pay your dues. If you do not have a username or password, simply click 'Create Account' to get started. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks. Cards have the authorized signature of an ALA National officer (instead of a unit officer).
- 4) Call ALA National Headquarters at (317) 569-4570 and pay by phone. Members will receive an emailed receipt as well as a signed, membership card mailed directly from ALA National Headquarters within three weeks (same procedure as number 3).

Thank you,

Johnnetta Jetten,

ALA Membership Chair



**Sons of the American Legion, Squadron 10, John J. Chada
Memorial Golf Tournament, September 11, 2026, Sponsor Registration
Form:**

Sponsor Name _____

Address: _____

City/State/Zip Code: _____

Contact Name: _____ Email Address: _____

Phone Number: _____

____ **"EVENT SPONSOR" (\$2,500.00)** includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed as the Event Sponsor larger at the top of our banner at the Tournament and the Awards Ceremony.

____ **"ELITE SPONSOR" (\$1,000.00)** includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed on a banner in larger font as an elite sponsor at the Tournament and the Awards Ceremony.

____ **"GOLD LEVEL" (\$600.00)** includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

____ **"SILVER LEVEL" (\$250.00)** includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, One (1) Individual Player entered in the Tournament, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

____ **"BRONZE LEVEL" (\$100.00)** includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

____ **"CASH DONATION"** Please make check payable to, "The American Legion, Post 10, SAL".

The proceeds from the Sons of the American Legion events support its mission of providing needed services to Veterans and their families as well as funding numerous local and regional charities. In recent years, S.A.L. Post 10 Manassas has submitted numerous donations to include USO, Habitat for Humanity, Fisher House Foundation, NJROTC, Virginia Special Olympics, Comfort Our Troops Foundation, Make-A-Wish, American Legion Child Welfare Foundation, Children's Miracle Network, Boy Scouts of America, Food for Others, Final Salute Inc., American Legion Charities including Boys State & Youth Baseball, and many others supporting local people in need. SAL campaigns place emphasis on preserving American traditions and values, improving the quality of life for our nation's children, and teaching the fundamentals of good citizenship.



25th Anniversary of 9/11

SONS OF THE AMERICAN LEGION, SQUADRON 10

JOHN J. CHADA MEMORIAL GOLF TOURNAMENT

PRINCE WILLIAM COUNTY GOLF COURSE, NOKESVILLE, VA

SEPTEMBER 11, 2026

Four Person Teams/ Captains Choice - All are welcome to attend. The first 144 golfers registered will be accepted. 0830 Shotgun Start!! NO RAIN DATE!!!

COST:

\$120 Per Golfer - Includes round of golf, door prize, and 50/50 drawing.

\$480 Per Team (4 golfers) - Includes round of golf, door prize, & 50/50 drawing for each golfer.

Sponsors - Please see Sponsor Registration Form.

TOURNAMENT PRIZES:

- Top Three Teams and Our Infamous "Horses Ass Trophy"
- Closest to the Pin (Par Three's) Including "The Hamm Hole"
- Longest Drive(s) - Women (Red Tee) / Men (White Tee)

Golfers over sixty years of age may use Gold Tees, if desired. **NO MULLIGANS!!!**

Please mail completed form with golfer names, phone numbers and email addresses along with check payable to:

American Legion Post 10
Attn: Tom Ramirez or Mike Dixon
9950 Cockrell Road, Manassas, VA 20110

Please mail no later than September 1, 2026

If you have any questions, please feel free to contact Tom Ramirez at bdaddy8@comcast.net or Mike Dixon at mdixon7744@gmail.com.

- Pre-registration along with payment is preferred due to the tournament size.
- All tournament prizes will be distributed after the tournament at the Awards Ceremony at Post 10.
- Food and refreshments will be provided as well as a 50/50 drawing.
- All tournament proceeds benefit the Sons of the American Legion Post 10 charities.

Name: _____	Phone: _____	Email: _____
Name: _____	Phone: _____	Email: _____
Name: _____	Phone: _____	Email: _____
Name: _____	Phone: _____	Email: _____

The Golf Tournament will be played rain or shine unless the golf course facility closes due to inclement weather, in which case a rain check will be issued to all registered and paid players.

Extreme heat season is in full swing. Temperatures high enough to be dangerous to health are occurring. Extreme heat, defined as temperatures above 90 degrees Fahrenheit for at least two days, can lead to serious medical issues, medical emergencies and even death. There are steps you can take to prevent health problems and stay safe during extreme heat.

Follow these safety tips for extreme heat

- Try to stay indoors during the hottest part of the day (usually 10 a.m. to 4 p.m.).
- If you must be outside, dress in light, loose-fitting clothes that cover arms/legs and frequently apply SPF 30+ sunscreen. Stay in the shade as much as possible.
- On hot days, avoid outdoor exercise.
- Drink extra water and avoid drinks with caffeine or alcohol.
- If you feel too hot and cannot get to a cooler area, cool off with wet cloths.
- Never leave children or pets alone in closed vehicles. Check on vulnerable family, friends and neighbors during times of extreme heat.

Fans will not cool you enough at indoor temperatures above 90*! Seek a cooled or air-conditioned location. Find a cool location: Go to the library, a shopping mall, a friend's home or a designated cooling center.

Be prepared for power outages during extreme heat. If you rely on medical equipment or refrigerated medications, talk to your medical provider about a power outage plan.

Recognize early signs and symptoms of heat-related illness: Heat cramps: Muscle pains or spasms are the first sign that heat is affecting the body. Heat exhaustion and heat stroke: Heavy sweating, paleness, fatigue, lightheadedness, headache, nausea, vomiting or fainting are more severe forms of heat-related illness.

If signs of heat-related illness occur: Stop any exercise Move to a cooler location Drink water or a sports drink

Stay prepared and informed

Look for local emergency alerts at weather.gov and sign up to receive alerts on the FEMA or Weather Channel apps. Identify nearby cooling shelters. Cooling areas are found online or by calling 2-1-1 (state helpline) or 3-1-1 (city helpline) or on your local health department website. Go to heat.gov for the latest heat information and printable materials.

Remember, always follow your local guidance related to any weather emergency.

VA heat resources:

VA Homeless Veterans Support: Helps Veterans who are homeless or at risk of homelessness connect with housing and services. Contact your local Homeless Programs Coordinator, or the National Call Center for Homeless Veterans at 1-877-4AID VET (877-424-3838)..

VA Housing Support: Offers Veterans home loans to buy, refinance, improve.

VA Disaster Assistance, Disaster Logistics Assets and Mobile Medical Units: Assistance with temporary housing, emergency prescriptions and replacement of damaged medical equipment, with various mobile assets deployed to affected areas to ensure continuity of care, including temperature-controlled medical/pharmacy units.

Mobile Vet Centers: Vehicles with space for free, confidential counseling and crisis support with no appointments needed. Veterans Crisis Line: Available 24/7 at 988 (press 1) or text 838255. You do not have to be enrolled in VA benefits or health care to connect.

VA Health Connect: Enrollees can access health care 24/7 from wherever you are.

Prepare for and stay safe during severe summer heat this year and every year.

Submitted by **Joe Licari**



NATIONAL SPIRIT OF '45 DAY HISTORY

In 1996, a project paired children with seniors to document their memories from World War II. Started by *Warren Hegg* and the Spirit of '45 Organization, the project grew. Soon they realized many shared a common story.

In 2009, spokesman *Ernest Borgnine* and *Edith Shain** talked about a day honoring the World War II generation. A year later in 2010, Congress passed a joint resolution in commemoration of the 65th anniversary of the day President *Truman* announced the end of World War II.

National Spirit of '45 Day honors the can-do attitude of an entire generation affected by the trials and hardships of World War II. Observed every year on the second Sunday in August, communities around the country hold events and memorials. Each one honors those who have inspired us, sacrificed, and preserved our nation for future generations.

The day sets out to illustrate the people of the Greatest Generation. Over the years, iconic images have been imprinted on our minds. However, they only tell a part of the story. Still, thousands more remain to be told. Spirit of '45 Day urges us to explore the history. Listen to the stories. Get involved and help preserve the memories of those who lived it.

Around the world, servicemen and women stepped up to the task in the Pacific, Europe, the Mediterranean or Africa. At home, men and women provided valuable food, parts, and labor. Everyone did their part. The youngest of them managed farm work and took on duties on the Homefront. Often, supplies of certain items were low – rubber for tires or leather for shoes, and meat, for example. And gas, too. Rationing was not uncommon.

The generation innovated. They sacrificed. And roles shifted. While they did, technology advanced, too. Those motivated to do their duty often did so at personal cost. The only means of communication was the post office. Journalists filled in the blanks via radio and newspaper. And the nation paid attention!

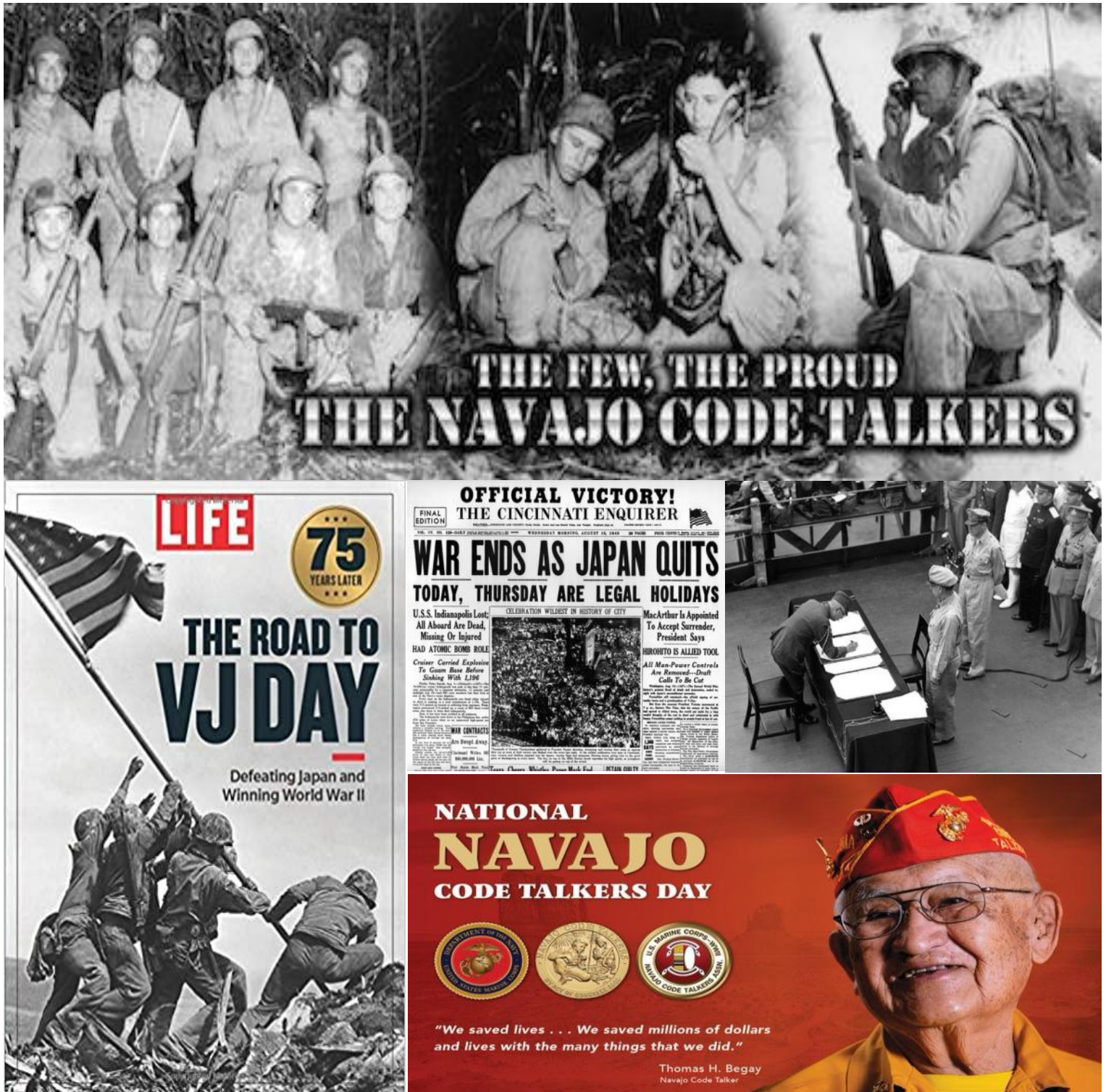
HOW TO OBSERVE #SpiritOf45Day

Even though 81 years have passed, so much can be learned from those who endured World War II. Some of those lessons are still being learned today. The [Spirit of '45 Organization](http://spiritof45.org) (spiritof45.org) provides a place to register and find events for the upcoming Spirit of '45 Day. They also share past Spirit of '45 events to keep the inspiration, honor, and preservation alive.

Submitted by *Vic Librizzi*

14 August 1982: President Ronald Reagan declared this day Navajo Code Talkers Day. Native American Code Talkers were inducted into the NSA Cryptologic Hall of Honor in 2013. The official plaque presentation took place in April 2014. From Navajocodetalkers.com: The story of the Navajo Code Talkers begins in 1940 when a small group of Chippewas and Oneidas became a part of the radio communications 32nd Infantry Division. Soon after, Sac and Fox tribes joined in the ranks as combat radiomen. The complexity of Navajo linguistics allowed it to become an ideal choice to be used in code due to the lack of documentation made available for learning to speak the language and ability for the same words to mean multiple things based on sound. The legacy of the Navajo Code Talkers will continue as many documentary and stories have been shared about their journey since it's declassification during Reagan's Administration.

Submitted by *George Moschatos*



The Navajo Code talkers were a group of U.S. Marines who used their Native language to transmit messages during World War II.

Chaplain's Report:

Hello to all of the Post 10 family. We are now past the halfway point of the Summer of 2026. This has been a very special time for all of us. Our country has just had it's 250th Birthday celebration and this alone is a lot to celebrate. That said we now look forward to our next 250 years of where America will be. Of this even I do not know. What new ideas, adventures, discoveries and many wonders await us as citizens of the World and that of the United States? One can only imagine where we will be as the human race constantly evolves, grows and changes.



This is so exciting for all of us and for our children and grand-children. The future and where it will take us. New science discoveries, new and fresh ideas, cures for almost all diseases perhaps even for the common cold. We can only hope for this and much much more for us and for our children and our families well into the future.

For now lets look forward to the end of summer and the beginning of fall. Soon the weather will be cooling off and right around the corner will be the change into the fall colors, change of seasons and getting ready for Halloween, Thanksgiving and soon after that the upcoming holiday season.

I ask that you consider and care for all your loved ones. Children will soon grow up and they will be going off to school and then moving out of the house. They will begin their new lives and take with them all that you have taught them. They will grow up, learn new things, make mistakes and hopefully learn how to be good adults and citizens of our great country. How to help others as they go through the different aspects of life.

We are lucky to have love and caring in our lives from our families. Share this with your loved ones and your children as they grow up. Remember.....they are reflections of you.

God bless America!!

If ever you may need help please feel free to contact me at my direct number of 1-703-853-1869, Fax 1-703-991-0677. Email: steven.botello@gmail.com

God Bless you one and all. Please take care of yourselves and your families.

Respectfully,

Steven M. Botello, Chaplain

"Volunteers don't get paid, not because they're worthless, but because they're priceless." – Sherry Anderson

"Alone we can do so little; together we can do so much." – Helen Keller

The military doesn't start wars. Politicians start wars. - **William C. Westmoreland**

SONS of the American Legion, Squadron 10

July was an awesome month!!! Celebrating our Nation's 250th Birthday is a special time in our lives!!! We should be thankful that we got to witness such a milestone!!!! The 4th of July celebration at Squadron 10 was well attended and everyone had fun!!!! Thanks to all the volunteers that helped put this together!!!



Next up is the **John J. Chada Memorial Golf Tournament** on 9/11!!! This is also the 25th anniversary of that fateful day!!! As it stands today it looks like we should have a couple other Color Guards joining us to celebrate and honor this day!!! If you golf sign up, if you don't you should watch our opening ceremonies and this one will be a memorable one..

Thanks, **Tom Ramirez**

2nd Vice Commander, Squadron 10

Mike Dixon, Squadron 10 Commander



AUXILIARY UNIT 10 REPORT

No Report Received—**Peggy Pignone**, ALA Unit 10 President

AUGUST LUNCH SPECIALS

Monday thru Friday, 11 AM x 2 PM

AUGUST 2026

Check with Post for current information.

MON 03 Meatloaf.
TUE 04 Honey Butter Chicken Sliders.
WED 05 Soup & Sandwich.
THU 06 Cowboy Casserole.
FRI 07 Fish 'n Chips.
MON 10 Hot Turkey Sandwich.
TUE 11 Chopped Steak.
WED 12 Taco Salad.
THU 13 Brown Sugar Bacon Cheeseburger.
FRI 14 Buffalo Chicken Sandwich.
MON 17 Beef Brisket.
TUE 18 Fried Chicken w/Gravy.
WED 19 Soup & Sandwich.
THU 20 Country Ham & Eggs.
FRI 21 Coconut OR Butterfly Shrimp.
MON 24 Thai Curry w/Shrimp OR Chicken o/Rice.
TUE 25 Italian Sausage w/Tortellini.
WED 26 Sloppy Joe.
THU 27 Popcorn Shrimp Bowl.
FRI 28 NY Strip.
MON 31 Country Fried Steak.

**Sides will be listed on the board
in the Social Quarters.**

Menu & Prices Subject to Change.

SATURDAY DINNER SPECIALS

5:30 x 7:30 PM

1 AUG—Steak OR Crab Stuffed Tilapia

15 AUG—Prime Rib

29 AUG—Steak OR Honey Butter Garlic Chicken

Friday is Seafood Night—5:30 x 7:30 PM



August Entertainment

FRI, 14 AUG—DJ Rock Star Karaoke

SAT. 15 AUG—DJ Rock Star Karaoke

Check Social Quarters for additional entertainment
for August

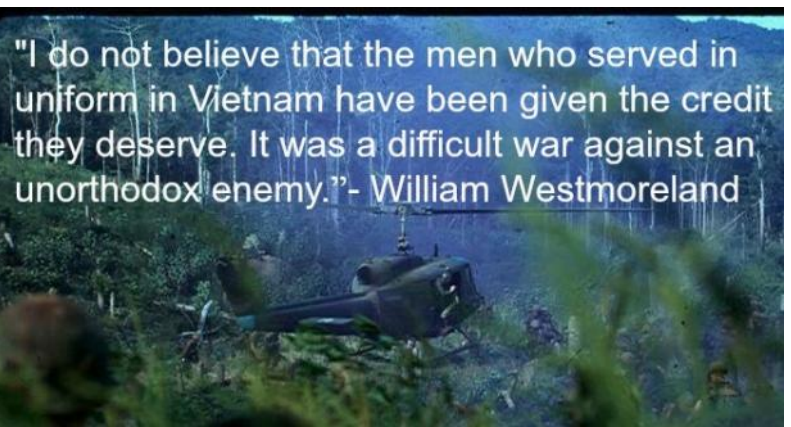
**If you have suggestions for entertainment see
Bonnie.**

NOTICES: When playing the 'electronic game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become **null and void**. The Post has 48 hours to pay on winning tickets. For other games you have 30 days or the ticket is void. Anyone who turns in a winning ticket for ANY game must show a VALID/CURRENT Legion/SON/AUX card to collect their winnings. Thank you for your cooperation.

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by COB [1700 hours] on the 25th day of each month. Photos must be 'jpeg' and separate from the body of the article & include identifying info. Please check and double check your spelling and grammar.

Articles should be submitted to gysgt_mc@yahoo.com

Thank you, **Gunny**



Celer, Silens, Mortalis is the official Latin motto of the U.S. Marine Corps Force Reconnaissance, translating to "**Swift, Silent, Deadly**". During the Vietnam War, 1st Force Recon acted as the highly trained "eyes and ears" of the Marine Corps, operating deep behind enemy lines to gather intelligence and launch deliberate strikes.

Under the new 2022 PACT Act



eligibility is added for Veterans who served in

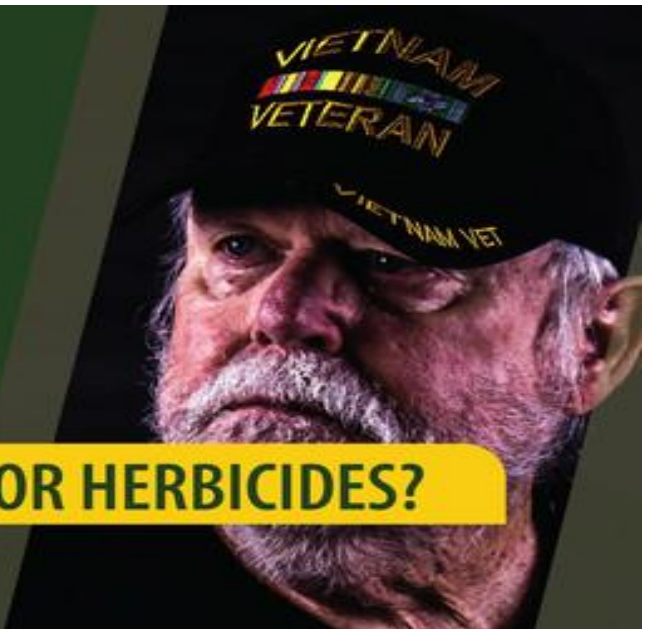
Republic of Vietnam

01/09/1962–05/07/1975

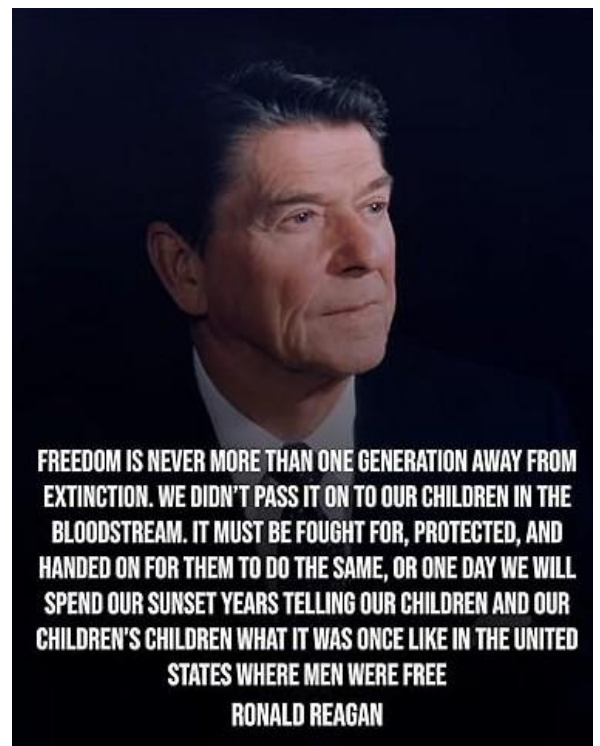
EXPOSED TO AGENT ORANGE OR HERBICIDES?

Learn more at [VA.gov](https://www.va.gov)
1-800-MyVA411 (800-698-2411)

VA  U.S. Department of Veterans Affairs




**THERE IS A TREE OUT THERE THAT HAS BEEN
WORKING HARD TO PROVIDE YOU WITH OXYGEN!**





Robert V. McMaugh Memorial American Legion Post 10 AUGUST 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Bar Bingo Wednesdays	Queen of Hearts Thursdays	EVERY FRIDAY is R.E.D. 'Remember Everyone Deployed'	1
2 YM Drill 1 x 5 PM	3 BINGO 9:15 x Noon	4 USCG Birthday (1790) Auxiliary Unit 10 Meeting 7 PM 	5 Bar Bingo 5:30PM	6 Queen of Hearts	7 Purple Heart Day Vietnam War Began (1964) R.E.D. Seafood 5:30-7:45pm	8
9	10 Spirit of '45 Day BINGO 9:15 x Noon	11 Squadron 10 Meeting 7 PM 	12 Bar Bingo 5:30PM	13 Queen of Hearts	14 End of War w/ Japan Announced (1945) Navajo Code Talkers Day R.E.D. Seafood 5:30-7:45 pm <i>DJ Rock Star Karaoke</i>	15 Exec Mtg 9 AM Member Mtg 11AM <i>DJ Rock Star Karaoke</i>
16	17 BINGO 9:15 x Noon	18 Riders Chapter 10 Meet- ing 7 PM 	19 Bar Bingo 5:30PM	20 Queen of Hearts	21 R.E.D. Seafood 5:30-7:45 pm	22
23 30	24 BINGO 9:15 x Noon 31 Iraqi Free- dom Ended (2010) BINGO 9:15 x Noon	25	26 Women Win the Vote (1920) Bar Bingo 5:30PM	27	28 R.E.D. Seafood 5:30-7:45pm	29

See Menu page for lunch & dinner specials as well as entertainment.

Calendar subject to change—call Post on 703-369-4900 for current information.

Our website is: www.post10manassas.org



American Legion Riders Chapter 10



Swearing in of Riders' Chapter 10 Officers by Cmdr. **Stan Moore**.

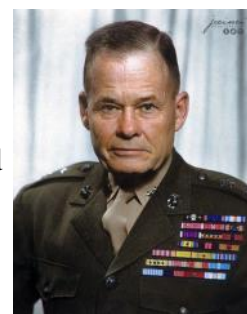
Lft to Rt: Cmdr. **Moore**; **Leon Kowalewski**, Historian/Membership; **Carl "Dooks" Carey**, Treasurer; **Rick Goodman**, Asst. Director; **Dave Albrecht**, Director; **Bob "Nitro" Ficken**, Sgt-at-Arms; **Steve "Santa" Wells**, Chaplain. Photo by **Greg "Speedy" Neiss**.



Riders doing the Virginia ALR Legacy Quest visited, Post 1776 (Annandale), Post 177 (Fairfax), Post 176 (Springfield), Post 162 (Lorton), Post 175 (Mechanicsville). Keep up the riding Riders.

Rider **Leon** drove the Post 10 Jeep to the **Gen. Lewis B. "Chesty" Puller** birthday celebration at the **Puller Veterans Care Center**. Joining him were Riders **Pops**, **Speedy** and Auxiliary member **Kim Kowalewski**.

It was good to support a facility that takes care of our Veterans, named after the most decorated Marine in American history.



Gen. Lewis B. "Chesty" Puller

Maintenance & Readiness

Motorcycle readiness means ensuring your bike and yourself are in optimal condition before every ride — from mechanical checks to mental preparedness.

Ride Safe and Ride Proud,

Article by **Leon Kowalewski**



Pops and Leon at Puller Veterans Care Center



Two Submitted photos

Director, **David Albrecht**—ALR Chapter 10

**It is the soldier, not the reporter,
who has given us freedom of the press.
It is the soldier, not the poet,
who has given us freedom of speech.
It is the soldier, not the campus organizer,
who has given us freedom to demonstrate.**

**It is the soldier,
who salutes the flag,
and whose coffin is draped by the flag,
who allows the protester to burn the flag.**

Father D. Edward O'Brien, USMC



**Access a digital membership card, manage membership information, recruit
and save a life featured on new mobile app.**

for more information go to the Legion website :

<https://www.legion.org/information-center/news/membership/2024/october/download-the-new-legion-membership-app>



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AUGUST 2026 Newsletter
www.post10manassas.org

