



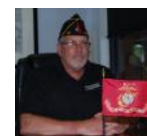
1986 - 2026



**Robert Vincent McMaugh Memorial
American Legion Post 10
9950 Cockrell Road
Manassas, Virginia 20110
703-369-4900
www.post10manassas.org**



SEPT 2026



**2026-2027
Legion Officers**

Commander
Stan Moore

1st Vice Commander
Ed Filipowski

2nd Vice Commander
Earl Heller

Adjutant

George Ussery
Finance Officer

Ben Turner
Chaplain

Steven Botello
Sergeant-at-Arms

Dave 'Pops' Fisk

1 Year Committeeperson
Greg Neiss

2 Year Committeeperson
Rick Goodman

3 Year Committeeperson
Gunny Lewis

Judge Advocate

Rick Raskin
Newsletter Editor

Gunny Lewis

Post 10 Commander's Report

Hello Legion Family: We made it through August. The weather is cooling, and kids have returned to school. Before we know it, summer will be gone and winter will be on the doorstep. I want to give a shout out to **Team Home Depot** for donating the supplies and to their volunteers with helping to rebuild the parade float. I also want to thank ***Greg Neiss***, ***Leon Kowalewski***, and ***Rick Goodman*** for their help. We placed a small time capsule inside the float for the next team to find once this float is ready to be rebuilt again.

Coming up, we have our Son's golf tournament and the Auxiliary's' Cash Bash. The golf tournament will coincide with the anniversary of 911. Even if you aren't going to golf come out for the opening ceremony as we remember all those who died that day including our Legion Family member ***John Chada*** whom the tournament is named in memory of. Let us never forget those who died that day or those who died fighting in the years after.

As always, let me close by saying that we are a family and we need to have each other's backs. We are still losing too many Veterans, and if you have the opportunity to help, please help. Small gestures can make a significant difference, often more than we realize. A simple act of kindness, like offering a listening ear or a helping hand, can provide comfort and support to someone in need. These moments of connection remind us that we are not alone and reinforce the strength of our community bonds. Remember, **BE THE ONE!** Let us strive to be there for one another, offering support in any way we can. Whether it's a kind word, a small favor, or simply being present, every action counts. Together, we can make a difference and ensure that no one feels left behind.

For God and Country,

Stanley Moore

Your Post 10 Commander

AL10commander@yahoo.com





Legionnaire Membership Report from 1st Vice Commander

2026 Rap Up and 2027 Kick-off

We received our final membership numbers for 2026 from the Department of Virginia. We had 39 new members, 132 Paid Up for Life, and 513 annual renewals. That put us at 94.5% of our goal. The 2027 renewal season has started off well. We have 391 renewals which is 56.34% of our goal of 694. Early Bird renewals will end on November 9, 2026. This year there will be two Early Bird winners. More on that later. Renewing online would be the quickest and give us instantaneous verification of your renewal.

NOTE: A number of 2027 membership cards were missing or had incorrect continuous years. If you experience this problem and want me to make corrections, please see me and have your 2026 card with you. Or send an email to the address below. If you send an email, please attach a photo of your 2026 card. **Thank you.**

Please welcome our new Legionnaire: **Andrew Pica**, USAF and our newest Transfers: **Amanda Graham**, USAF; **Kevin Pittman**, USA; **Vale Short**, USA; and **John Zampino**, USMC

Now you can renew for up to 3 years online. Go to mylegion.org, click the renew tab and put in your member number and you will be able to extend your membership at the current membership price for 3 years. If you have any questions, please feel free to contact me.

There are several additional ways to renew your American Legion membership:

1. Online at www.mylegion.org. You can use a credit card online and set-up automatic yearly renewal. You can also update your profile information: address and, phone number. I will also send out your new membership card once I am notified by National of your renewal.
2. By mail. If you've received your renewal request from National Headquarters, mail it in the enclosed return envelope to Post 10 at 9950 Cockrell Road, Manassas, VA 20110 Attn: Post 10 Membership.
3. In person. Stop by Post 10 and ask the bartender for a membership envelope, fill out the envelope, include your membership number and dues. Current Legion dues are \$50.00. Please provide your address, email and phone number. It's important to be able to contact you.

Your information is stored in a protected database, accessible to only Post officers with the need to know. If you have an email account, you can receive the newsletter electronically.

Please feel free to email me with any questions/concerns about your membership.

For God and Country,

Ed Filipowski, 1st Vice Commander
al10membership@yahoo.com

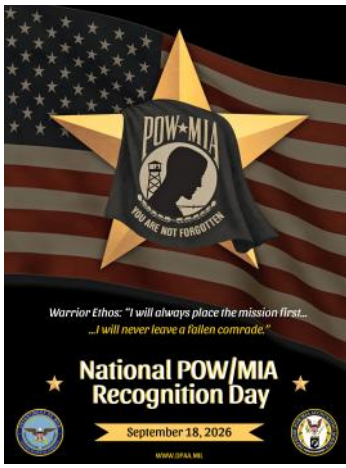
REMINDER: During ceremonies the Social Quarters is CLOSED. Post SQ Rules clearly states "During Post 10 ceremonies the Social Quarters will be closed. Occupants must either attend the Post 10 ceremony or vacate Post 10 property." Take the time and attend the ceremony, you may find it informative, educational, and interesting.

Remember Everyone Deployed Fridays (R.E.D.)

R.E.D. was created to show solidarity and support for our deployed service members and veterans. The primary mission is to keep the deployed at the forefront of our hearts and minds until they return home by wearing red on Fridays. The deployed and their families are not nameless, faceless, or forgotten. They are our heroes, and for them, we go R.E.D. on Fridays. Wearing a specific color of shirt or other apparel may seem a trivial act, but it represents something very significant. It translates to mean that as you prepare for the day, you recognize that others are playing an active role to allow you to go about your day with relative peace of mind that you are safe.

Submitted by **George Moschatos**

POW/MIA Recognition Day Ceremony in Post Hall Friday, 18 SEP 2026, at 2000 hrs.



POW/MIA Recognition Day is commemorated on the third Friday of September, a date that's not associated with any particular war. In 1979, Congress and the president passed resolutions making it official after the families of the more than 2,500 Vietnam War **POW/MIAs** pushed for full accountability. During the first **POW/MIA** Recognition Day commemoration, a ceremony was held at the National Cathedral in Washington, D.C., while the 1st Tactical Squadron from Langley Air Force Base in Virginia flew the missing man formation. Most ceremonies since then have been held at the Pentagon, and many smaller observances have cropped up across the nation and around the world

on military installations and Veterans Service Organizations.

The point of **POW/MIA** Recognition Day is to ensure that America remembers to stand behind those who serve and to make sure we do everything we can to account for those who have never returned. In order to comprehend the importance of this movement, all you need to do is look at the number of Americans who have been listed as **POW/MIAs**.

According to the Defense **POW/MIA** Accounting Agency (DPAA), over 82,000 Americans who fought in US wars are *still* missing, including: 4,452 from WWI; 73,515 from World War II; 7,841 from the Korean War; 1,575 from Vietnam; 126 from the Cold War; 6 from conflicts since 1991.

DPAA said about 75 percent of those missing Americans are somewhere in the Asia-Pacific. More than 41,000 have been presumed lost at sea. Efforts to find those men, identify them and bring them home are constant.

The **POW/MIA** Flag: The traditional **POW/MIA** flag that is well-known across America was actually created many years before the remembrance day became official. In 1971, a woman named *Mary Hoff* contacted a flag company near her home to see if a flag reminding people of **POWs** and the missing could be made. She was waiting to see if her husband, Navy Lt. Cmdr. *Michael Hoff*, would ever return home after his plane had been shot down over Laos. World War II pilot *Newt Heisley* designed the now-famous flag, which was made in black and white to represent the sorrow, anxiety and hope symbolized by the image of the gaunt man featured on it.

Ceremony in Post Hall on Friday, 18 Sep 2026, at 8:00 P.M.



Submitted by *Gunny*



POW/MIA National Recognition Day Ceremony will be held on Friday,
September 18, 2026, at 8 PM in the Hall.

Everyone is invited to attend.

The Hall will be closed for dining on this date.



POW in Both WWII and Vietnam Wars



Richard Keirn was born on July 29, 1924, in Akron, Ohio. He enlisted in the U.S. Army Reserve on November 10, 1942, and was accepted into the Aviation Cadet Program of the U.S. Army Air Forces on February 15, 1943. He was awarded his pilot wings and promoted to Flight Officer on January 7, 1944, and began flying B-17 Flying Fortress bombers in the European Theater in August 1944. On September 11, 1944, Keirn's B-17 was shot down and he was taken as a Prisoner of War by the Germans. After spending 237 days in captivity, he was repatriated on May 5, 1945. **Keirn** received his commission as a 2Lt in the Army Air Forces on May 17, 1946. He went into the Air Force Reserve on March 31, 1947, and joined the Ohio Air National Guard on June 3, 1948. Captain **Keirn** went back on active duty with the Air Force on December 10, 1956, and served as a fighter pilot at Langley AFB, VA, Kadena AB, Okinawa, Seymour-Johnson AFB, NC, and MacDill AFB, FL, before flying combat missions in Southeast Asia with the 47th Tactical Fighter Squadron in July 1965. On

July 24, 1965, Major **Keirn** was forced to eject from his stricken F-4C Phantom II and was captured the next day and taken as a Prisoner of War by the North Vietnamese. After spending 2,760 days in captivity, Col **Keirn** was released during Operation Homecoming on February 12, 1973. After hospitalization, **Keirn** attended Air War College at Maxwell AFB, AL, before being assigned to the 507th Tactical Air Control Group at Shaw AFB, SC, from May 1974 to April 1975. His final assignment was as Director of Operational Services, Deputy Chief of Staff for Operations with Headquarters 9th Air Force at Shaw AFB, from April 1975 until his retirement from the Air Force on July 1, 1976. Colonel **Keirn** is one of only two Vietnam Prisoners of War to have been held as a POW twice. **Richard Keirn** died on May 25, 2000, and was buried at Florida Memorial Gardens in Rockledge, FL.

His Silver Star Citation reads:For the Period August 1967. This officer distinguished himself by gallantry and intrepidity in action in connection with military operations against an opposing armed force during the above period while a Prisoner of War in North Vietnam. Ignoring international agreements on treatment of prisoners of war, the enemy resorted to mental and physical cruelties to obtain information, confessions, and propaganda materials. This individual resisted their demands by calling upon his deepest inner strengths in a manner which reflected his devotion to duty and great credit upon himself and the United States Air Force.



POW WWII



POW Vietnam

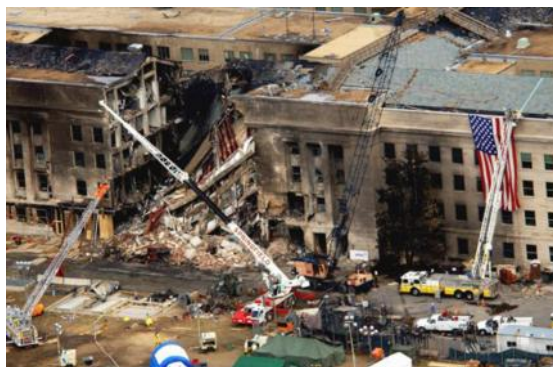
SEPTEMBER 11, 2001—Do YOU remember? The September 11 attacks were a series of four coordinated terrorist attacks by the Wahhabi Islamist terrorist group Al-Qaeda against the United States on the morning of Tuesday, September 11, 2001. Four California-bound commercial airliners, which took off from three different airports across the northeastern U.S., were hijacked mid-flight by 19 al-Qaeda terrorists, who carried out the attacks in three groups of five and one group of four. American Airlines Flight 11 was flown into the North tower of the World Trade Center complex in Lower Manhattan at 8:46 am; seventeen minutes later, the World Trade Center's South tower was hit by United Airlines Flight 175. Both 110 story towers collapsed later in the morning, leading to the collapse of the other World Trade Center structures including 7 World Trade Center, and damaging surrounding buildings. A third flight, AA Flight 77, flown from Dulles International Airport, was hijacked over Ohio and, at 9:37 am, was crashed into the west side of the Pentagon* causing a partial collapse of the building. The fourth flight, UA Flight 93, was flown in the direction of D.C.; the plane crashed in a field near Shanksville, PA, after passengers forced their way into the cockpit and fought the hijackers over the controls. Investigators determined that Flight 93's target was either the White House or the Capitol Building. In the immediate aftermath of the attacks, suspicion quickly fell onto Al-Qaeda. The U.S. formally responded by launching the War on Terror and invading Afghanistan to depose the Taliban, which had not complied with U.S. demands to expel Al-Qaeda from Afghanistan and extradite their leader Osama bin Laden. Many countries strengthened their anti-terrorism legislation and expanded the powers of law enforcement and intelligence agencies to prevent terrorist attacks. bin Laden initially denied any involvement, in 2004 he formally claimed responsibility for the attacks. Al-Qaeda and bin Laden cited U.S. support of Israel, the presence of U.S. troops in Saudi Arabia, and sanctions against Iraq as motives. After evading capture for almost a decade, bin Laden was located in Pakistan in 2011 and killed during a U.S. military raid.

The destruction of the WTC and nearby infrastructure harmed the economy of New York City and created a global economic recession. The U.S. and Canadian civilian airspaces were closed until September 13, while Wall Street trading was closed until September 17. Many closings, evacuations, and cancellations followed, out of respect or fear of further attacks. Cleanup of the WTC site was completed in May 2002, and the Pentagon was repaired within a year. The attacks resulted in **2,977 fatalities, over 25,000 injuries**, and substantial long-term health consequences (deaths of first responders/rescue workers have been attributed to long-term health effects from the pollution—burning jet fuel, plastics, metal, fiberglass, asbestos, etc.) in addition to at least \$10 billion in infrastructure and property damage. It remains the deadliest terrorist attack in human history and the single deadliest incident for **firefighters** and **law enforcement** officers in the history of the U.S., with **340 and 72 killed** respectively.

The construction of One World Trade Center began in November 2006, and the building opened in November 2014. Numerous memorials have been constructed, including the National September 11 Memorial & Museum in New York City, the Pentagon Memorial in Arlington, and the Flight 93 National Memorial at the Pennsylvania crash site.



WTC, NYC



Pentagon, VA



Shanksville, PA

* *John Chada*, Post 10 Legionnaire, was killed at the Pentagon.



Poor is a Nation that has no Heroes.
Shameful is a Nation that has Heroes but forgets them.



*"To Those Who Died,
Honor and Eternal Rest;
To Those Still In Bondage,
Remembrance and Hope;
To Those Who Returned,
Gratitude and Peace.*



SGT-at-ARMS REPORT

Post 10 Color Guard is a specialized unit of Veterans that present, carry, and protect the US flag and military service flags at ceremonies, parades, funerals, and community events. We promote patriotism and teach the proper way to display and retire unserviceable US flags. Except for the Legion cover (hat) we provide the uniform and training.



A special thank you to our newest Color Guard member, Army Veteran **Cary Guess**. **Cary** is also a member of the Post 10 Riders. Welcome aboard **Cary**.

V/r

Dave 'Pops' Fisk, Post 10 SGT-at-ARMS

(814) 574 - 7726 varoaderunnr@gmail.com

On Saturday, 19 SEP 2026, at the General Membership Meeting we will have the Admissions Director from the **Puller Veterans Care Center** speak on the admission criteria. This will be most informative. Plan on attending.

Meeting begins at 1100 hours sharp!

Iranian National Pleads Guilty to Conspiracy to Commit Healthcare Fraud

Mehrdad Geram, an Iranian National residing in Coos Bay, Oregon, pleaded guilty to conspiracy to commit healthcare fraud. According to court documents, since 2021, **Gerami** was the owner and operator of Coastal Diagnostic Testing Group in Oregon. He and his employees charged for intensive, in-office sleep studies that were medically unnecessary or didn't take place. The estimated loss is more than \$2 million. The VA OIG and Health and Human Services OIG investigated this case.

Kansas Woman Steals \$49K of Veteran Father's Disability Benefits

Lucretia Miller, of Topeka, Kansas, pleaded guilty to one count of misappropriation by a fiduciary and was sentenced to five years of probation. She served as the fiduciary for her veteran father, who was unable to manage his financial affairs for less than two years and misappropriated \$49,000 of his VA disability compensation for her personal expenses. The VA OIG investigated this case.

[Source: VAOIG]

Submitted by **Vic Librizzi**

USCG Birthday Cake Cutting Ceremony, 4 AUG 2026



Rick Goodman, former Coastie, informs us of the history of the Coast Guard



Kyle Kowalewski, active duty CG, assists **Rick** with cake cutting.

Gunny photos



Three Servicemen Statue at the Vietnam Veterans Memorial



"Celer, Silens, Mortalis"



The Vietnam Women's Memorial to honor the women who risked their lives to serve their country. Depicting three women caring for a fallen soldier.



"The Veterans of our military services have put their lives on the line to protect the freedoms that we enjoy. They have dedicated their lives to their country and deserve to be recognized for their commitment." *-Judd Gregg*

The more comfort, the less courage there is.
-Field Marshal Prince Aleksandr V. Suvorov

THE AMERICAN LEGION IS NOT A BAR



IT IS A VETERANS SERVICE ORGANIZATION


**Veterans
Crisis Line**
 DIAL 988 then **PRESS 1**



Help for Homeless Veterans
877-4AID-VET
va.gov/homeless (877) 424-3838



GOLD STAR MOTHER'S AND FAMILY DAY; On the last Sunday in September, Gold Star Mother's and Family Day honors the mothers, fathers, and families of fallen military service members. Also known as National Gold Star Mother's Day, the day serves as a reminder of the losses suffered by military families. Since World War I, the observance has provided a way to recognize and honor those who have lost a son or daughter who served our country in the United States Armed Forces. A gold star symbolizes a family member who

died in the line of duty while serving the U.S. Armed Forces. On Gold Star Mother's Day, the nation remembers alongside them. It's an opportunity for us to pay tribute to their sacrifices and support those who remain behind. The history of National Gold Star Mother's Day and their families begins with a young country thrown in the midst of a great war. Army Captain **Robert L. Queissner**, whose two sons were serving on the front-line during World War I, created what is now called the Service Flag. Families displayed the flag with a blue star to represent a child serving in the military during times of war or hostilities. When a service member died, families stitched a gold star over the blue star.

Submitted by *Annette Lewis*

Are ads on social media vetted or checked for scams? Here's what to know:

You're browsing your social media feed when an ad grabs your attention mid-swipe: that designer bag you've been dreaming of is 50% off for a limited time only! You're dying to get your hands on one, so you don't think twice about clicking on the ad. Why would you? The ad is right there in your feed and it looks real, so you trust that it's legit. But it might not be. That's because social media platforms don't always thoroughly vet the ads you see or the advertisers behind them.

Unfortunately, scammers are taking advantage of that, and some consumers are paying the price. According to FTC in 2025, people reported losses of more than \$95 million to scams that started when they ordered something after seeing an ad on social media. And since a lot of people don't report scams, real losses are likely much higher.

How to avoid fake or scammy ads on social media: Because ads on social media aren't always thoroughly vetted by platforms, check out the company before you buy based on an ad or post. Look online for its name plus "scam" or "complaint."

Anyone can pay to place ads in your social media feed — including scammers impersonating real brands, selling knock-off products, or touting a program to teach you how to invest and beat the stock market. And they can show you personalized ads based on your online activity like your interests and shopping habits. Check out What To Do About Online Tracking and Personalized Ads to learn how to review and adjust your privacy and advertising settings in your browser, phone, and apps.

Report scams on social media

If you spot or lose money to a fake or scammy ad, report it to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/report-fraud)

[Source: FTC]

Submitted by *Vic Librizzi*

Sometimes we are tested not to show our weakness but to discover our strength.

Post 10 provides a safe environment for comradery of all its members and guests.

Post 10 encourages the characteristics of honesty, good-fellowship, self-discipline, team play, and self-reliance amongst its members and guests. If a member or their guest's conduct is judged in opposition to those founding principles, YOU and your guests will be requested to leave at once. Members are responsible for the conduct of their guests and bear the consequences of their guests' behavior while at Post 10.

The House Rules are posted throughout the Post and **YOU and YOUR guest** are responsible for knowing, adhering to, and abiding to these rules.

Gunny



Cmdr. **Moore** receives a thank you card from **Rebecca Ahrens** for Post 10s sponsorship/support of Trigger Time Shooting Education Club while Coach **Jim Strand** looks on. Trigger Time is the VA State Champions and **Rebecca** was the National First runner up for individual shooters 2025—2026 season.

Gunny photo

18th Annual Northern Virginia Veterans Parade will be Saturday, 7 NOV 2026, stepping off at 1100 (11 AM) in Old Town Manassas. Go to www.vetpar.org for details. VETPAR is accepting Honor ads which are \$15.00—details on website and forms available at Post 10 as well as in this newsletter. Please support the parade—the only Veterans parade in Northern VA.



Auxiliary Membership Report

We currently have 206 mail-in renewals, 76 online, and 33 new members for a total of 315 members for 2026. We are at 99.68% of our 2026 membership goal.

Welcome to our newest members: *Cheryl Benjamin* and *Clare Torres*

❖ **2027 Membership Renewals Are Now Open!** ❖

Let's Kick Off Strong!

I'll have membership cards available Wednesday evenings during Bingo and at our monthly Auxiliary meetings. **Stop by to renew and get yours!**

Or, as always:

1. **Drop off at Post 10** – Place your \$35 payment in a membership envelope, complete the information required on the label, and give it to the bartender on duty.
2. **Mail your payment** – Send \$35 to American Legion Auxiliary Unit 10, 9950 Cockrell Road, Manassas, VA 20110. Include your membership number, current address, telephone number, and email address.
3. **Renew online** – Go to www.ALAforVeterans.org using your member ID. If you do not have a username or password, simply click *Create Account* to get started. Members will receive both an emailed receipt and a signed membership card mailed directly from ALA National Headquarters within three weeks. Cards carry the authorized signature of an ALA National officer.
4. **Renew by phone** – Call ALA National Headquarters at (317) 569-4570 and pay by phone. You will receive both an emailed receipt and a signed membership card mailed directly from ALA National Headquarters within three weeks (same as online).

Thank you,
Johnnetta Jetten
ALA Membership Chair



AUXILIARY UNIT 10 REPORT

No Report Received—**Peggy Pignone**, ALA Unit 10 President



How to spot a postcard scam targeting Veterans:

Veterans across the country have reported getting postcards in the mail saying they (or their spouse) might qualify for extra monthly veteran's benefits. **But the "Veterans Savings Program" mentioned in the mailer doesn't actually exist.** It's just a scammer **phishing** for personal or financial information. Here's how this scam works so you can avoid it.

Scammers often **pretend to be affiliated with the U.S. Department of Veterans Affairs (VA)**. But in this new twist, scammers are mailing postcards to Veterans, promising extra money through a "Veterans Savings Program." (**Remember: it's not a real program.**) The postcard might list the state you're living in and mention real VA benefits like CHAMPVA or TRICARE For Life, hoping to seem more real.

The message tells you to call right away or risk losing out. Scammers always hope you'll act quickly rather than pause and do some research. Their goal is to trick you into calling and sharing personal information like your Social Security number or bank account details.

If you get a postcard like this:

- **Don't respond.** Legitimate VA communications will not pressure you to respond immediately or give sensitive information over the phone.
- **Contact the VA directly** if you have questions about your benefits. Always use a number you know is real — never the one in the postcard. Start with the VA Benefits Hotline at 1-800-827-1000.

Spread the word. Scammers typically don't just contact one person. Sharing this advice can help others in your community spot and avoid the scam. Sign up for email updates to get the latest on scams like this one at [MilitaryConsumer.gov](https://militaryconsumer.gov).

If you spot this or another VA benefits scam, report it to the FTC at [ReportFraud.ftc.gov](https://reportfraud.ftc.gov) and to the VA at [VSAFE.gov](https://vsafe.gov) or 1-833-38V-SAFE.

[Source: FTC]

Submitted by **George Moschatos**

At Post 10 we believe in safety, dignity, and respect for ALL. Your words matter. Your behaviors matter. The safety and well being of our members, guests, and employees matters. There is NO place at the Post for unacceptable behavior such as: Aggression; Use of inappropriate language; Use of racist language and/or behavior; Bullying; Verbal abuse; Threats; Assaults; Property damage. Anyone exhibiting violent and aggressive behavior will be told to leave at once. Failure to obey the ABC manager on duty will result in suspension from the Social Quarters— immediately. We ask for your cooperation.

Thank you. Gunny

Captain John Paul Jones: "I have not yet begun to fight!" — Spoken on September 23, 1779, during the naval battle between the *Bonhomme Richard* and the *HMS Serapis*.



The Department of Veterans Affairs (VA) Office of Inspector General (OIG) announced its partnership with the U.S. Department of Justice (DOJ) in the launch of the National Fraud Detection Center (NFDC) on 25 AUG 2026. As a signatory of the NFDC Charter, the VA OIG has committed dedicated analysts and investigators to the prosecutor-led effort to strengthen interagency coordination to detect and dismantle complex fraud schemes.

"At the VA OIG, we are extremely devoted to protecting VA and veterans from fraud and close collaboration with our law enforcement partners increases our efficiency and success," said **Inspector General Cheryl L. Mason**. *"Partnering with the DOJ in the NFDC*

equips our agents, analysts, auditors, and inspectors with the shared tools, data, and resources to better detect, investigate, and prevent fraud. This alliance strengthens our ability to hold those accountable who seek to undermine the integrity of services and programs for Veterans."

[Source: VA OIG]

Submitted by **Gunny**

Northern Virginia Veterans Parade Honor Ad

HONOR OUR VETERANS

We are proud to offer Veterans Honor Pages; These Honor postings will be in our program book for donation of \$15.00

Please provide all requested information to insure your Veteran is honored properly or visit our website www.vetpar.org to complete an on line form and payment

No Business Ads or Posting permitted

Parade Sponsorship Packages are available contact us at ProgramBook@vetpar.org or visit web site www.vetpar.org

Your Information:

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: _____ E-MAIL: _____

Select Branch of service and include message below

Select Service: U.S. Army U.S. Marine Corps U.S. Navy U.S. Air Force U. S. Coast Guard

Print a short three (3) line maximum message for your Veterans Honor Posting

ALL SUBMISSIONS MUST BE RECEIVED AND PAID BEFORE September 30th OR IT WILL NOT BE PUBLISHED

Please send your submission in one of the following formats MS Word, MS Publisher or PDF

Mail: Parade Program Book
8665 Sudley Road, Suite 247
Manassas VA 20110-4588
E-Mail: ProgramBook@Vetpar.org

Make checks payable to: VetPar Inc.

On behalf of the Northern Virginia Veterans Parade Committee we thank you for your support
VetPar Inc. reserves the right to refuse any submission which is deemed inappropriate by the Board of Directors

www.vetPar.org
VetPar Inc. 8665 Sudley Road, Suite 247, Manassas VA 20110-4588 // 501(c)(3) EIN# 27-4927900



**Sons of the American Legion, Squadron 10, John J. Chada
Memorial Golf Tournament, September 11, 2026, Sponsor Registration
Form:**

Sponsor Name _____

Address: _____

City/State/Zip Code: _____

Contact Name: _____ Email Address: _____

Phone Number: _____

____ **"EVENT SPONSOR"** (\$2,500.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed as the Event Sponsor larger at the top of our banner at the Tournament and the Awards Ceremony.

____ **"ELITE SPONSOR"** (\$1,000.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed on a banner in larger font as an elite sponsor at the Tournament and the Awards Ceremony.

____ **"GOLD LEVEL"** (\$600.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, Four (4) Individual Players (a team) entered in the Tournament, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

____ **"SILVER LEVEL"** (\$250.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, One (1) Individual Player entered in the Tournament, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

____ **"BRONZE LEVEL"** (\$100.00) includes a sign in your, "COMPANY NAME" on a designated hole, recognition during the Tournament Awards Ceremony, and your Company Name displayed on a banner at the Tournament and the Awards Ceremony.

____ **"CASH DONATION"** Please make check payable to, "The American Legion, Post 10, SAL".

The proceeds from the Sons of the American Legion events support its mission of providing needed services to Veterans and their families as well as funding numerous local and regional charities. In recent years, S.A.L. Post 10 Manassas has submitted numerous donations to include USO, Habitat for Humanity, Fisher House Foundation, NJROTC, Virginia Special Olympics, Comfort Our Troops Foundation, Make-A-Wish, American Legion Child Welfare Foundation, Children's Miracle Network, Boy Scouts of America, Food for Others, Final Salute Inc., American Legion Charities including Boys State & Youth Baseball, and many others supporting local people in need. SAL campaigns place emphasis on preserving American traditions and values, improving the quality of life for our nation's children, and teaching the fundamentals of good citizenship.



25th Anniversary of 9/11

SONS OF THE AMERICAN LEGION, SQUADRON 10

JOHN J. CHADA MEMORIAL GOLF TOURNAMENT

PRINCE WILLIAM COUNTY GOLF COURSE, NOKESVILLE, VA

SEPTEMBER 11, 2026

Four Person Teams/ Captains Choice - All are welcome to attend. The first 144 golfers registered will be accepted. 0830 Shotgun Start!! NO RAIN DATE!!!

COST:

\$120 Per Golfer - Includes round of golf, door prize, and 50/50 drawing.

\$480 Per Team (4 golfers) - Includes round of golf, door prize, & 50/50 drawing for each golfer.

Sponsors - Please see Sponsor Registration Form.

TOURNAMENT PRIZES:

- Top Three Teams and Our Infamous "Horses Ass Trophy"
- Closest to the Pin (Par Three's) Including "The Hamm Hole"
- Longest Drive(s) - Women (Red Tee) / Men (White Tee)

Golfers over sixty years of age may use Gold Tees, if desired. **NO MULLIGANS!!!**

Please mail completed form with golfer names, phone numbers and email addresses along with check payable to:

American Legion Post 10
Attn: Tom Ramirez or Mike Dixon
9950 Cockrell Road, Manassas, VA 20110

Please mail no later than September 1, 2026

If you have any questions, please feel free to contact Tom Ramirez at bdaddy8@comcast.net or Mike Dixon at mdixon7744@gmail.com.

- Pre-registration along with payment is preferred due to the tournament size.
- All tournament prizes will be distributed after the tournament at the Awards Ceremony at Post 10.
- Food and refreshments will be provided as well as a 50/50 drawing.
- All tournament proceeds benefit the Sons of the American Legion Post 10 charities.

Name: _____	Phone: _____	Email: _____
Name: _____	Phone: _____	Email: _____
Name: _____	Phone: _____	Email: _____
Name: _____	Phone: _____	Email: _____

The Golf Tournament will be played rain or shine unless the golf course facility closes due to inclement weather, in which case a rain check will be issued to all registered and paid players.

Youville: Helping kids build online safety skills this summer and school year: These last days of summer can present opportunities to spend more time with your kids. If you're talking with your 8-12 year-olds about making good decisions while they're online, the FTC has a free tool called Youville to help. Youville is an imaginary town where Youbies live. The Claud causes chaos in town and as you and your kids work to save the Youbies, you'll get through activities designed to help them learn things like:

- What information is personal and how to protect it
- What to consider before they post something online
- How to spot and avoid scams

What to do if someone uses bullying language online

Youville has ready-to-use fun activities to help kids of those ages develop skills to be safer online. Do your kids like solving puzzles and taking mini adventures? Coloring, cutting, and gluing? They can do all of that with the materials at ftc.gov/Youville, while simultaneously learning some good online habits.

To use Youville:

- Download and print the activity sheets. Go through them with your kids during downtime at home or while traveling.
- Plan discussion times using the lesson plans. Each lesson includes a 10-minute mini lesson with questions to start a conversation.
- Do an arts and crafts project where kids color and cut out blades to attach to their JumboFan. (Check out Youville to find out how that fits into the story!)

Order FREE Youville bookmarks for kids' summer reading, or take some to your library for the parents and kids in your community.

The tools at ftc.gov/Youville are easy to use and can help you give your kids a way to talk about good online habits, how to navigate situations that come up in digital spaces, and when to find a parent or trusted adult for help. Go ahead, check it out!

[Source: FTC]

Submitted by **Annette Lewis**

“Don’t work as a team to compete with each other, but to complement one another” - Unknown

“To succeed in life, you need three things: a wishbone, a backbone, and a funny bone.” – Reba McEntire

“The journey of a thousand miles begins with one step.” – Lao Tzu

That unexpected package you got could be a brushing scam:

Did you get a package you didn't order? It could be a brushing scam where a scammer uses your name to leave a fake review for that package you didn't order. It could also be a sign that someone has (or is looking to steal) your personal information.

It starts with an unexpected package that looks like it's from a known company like Amazon, or from a person or business you've never heard of. The package is addressed to you and recent reports to the FTC say it usually has something cheap and random inside, like baby wipes, toothpaste, or seeds. Why would someone send you that? Scammers do this so they have “validation” of delivery. Then they use your name to place fake reviews online about their business to “brush up” their sales.

Sometimes, the sender might leave a note with a QR code inside the package. It might say to scan to find out who sent the package, or to process a return. But scanning could take you to a phishing website designed to steal information like your credit card numbers, usernames, or passwords.

If you got a package you didn't order:

- Change passwords on all your online shopping accounts in case they were compromised. If the package came from Amazon or another online marketplace, message the platform so they can investigate removing the seller. Check your credit weekly for free at AnnualCreditReport.com. Monitor the information in your credit report and look for signs of identity theft.

Know that the law says you don't need to return things you didn't order. And you don't have to pay for them, either. But be cautious about using the product. After all, you don't know who sent it.

If you spot a brushing scam, tell the FTC at ReportFraud.ftc.gov

[Source: FTC]

Submitted by **Joe Licari**

SUICIDE PREVENTION MONTH

September is National Suicide Prevention Month. The National Suicide Prevention line can be reached by dialing 988, then press 1 if you are a Veteran. Suicide thoughts can affect anyone regardless of age, gender or background. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues. This is a time to raise awareness of this topic. The goal is ensuring that individuals, friends, and families have access to the resources they need to discuss suicide prevention and seek help.

Submitted by *Gunny*

Chronic pain can affect your mood, your daily life and how you feel overall. But there are many ways to feel better and recover.

Paying close attention to your thoughts and how you move can change the way you experience your pain and your body. This can make a real difference in your life.

Words matter more than you think

Words help us communicate, but they can also make pain feel worse. For example, hearing terms like “bone on bone” or “bulging disks” can make you think, “My body is broken” or “I’m fragile.” These thoughts can make your pain and suffering worse. Research has shown that expecting the worst can increase how much you suffer. Noticing these thoughts—and working to think differently—can lower fear and suffering. Instead of “I’m broken,” try thinking: “My body has changed, but I can still do the things I enjoy.” Changing your thoughts is one way to feel better. Moving your body is another.

Your body is built to adapt

Your muscles, joints and bones get stronger with exercise. But this works in reverse, too. If you move less because you’ve been told your body is fragile, or because moving hurts, you can become weaker over time. This can make it easier to get hurt doing everyday tasks.

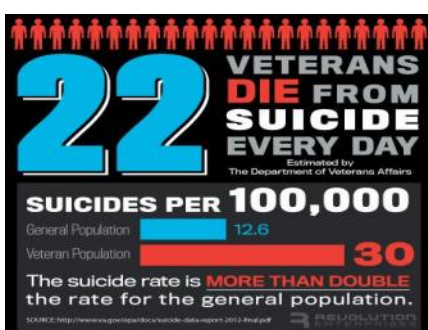
Many Veterans tell us they’re waiting for their pain to go away before they start exercising. But waiting can slow down recovery. Instead, becoming more active little by little is one of the best ways to calm down an overly sensitive nervous system. It helps you get stronger, feel more confident, and lowers your risk of future injury. You can be sore and safe at the same time.

Mindfulness can help

Mindfulness is a powerful tool. It helps calm your nervous system and helps you be more intentional with your thoughts and movements. With regular practice, it can lead to real, positive changes in your brain, body and life. Ready to try it?

[Source VA News]

Submitted by *Renee Valenti*



OEF - OIF
VETERAN



Chaplain's Report:

Dear Post 10 Members,

We are almost at the end of Summer 2026. It has been an exciting spring and summer so far this year. We, as a country, have just had our 250th birthday. Wow and has it been a refreshing thing to look at our past history as a Union and compare it to all the others that have come and gone before us in history. And we alone have been the ones to excel and survive. We have grown and simply done so very well as the years have ticked by. We have had to defend ourselves several times against not only other countries but also ourselves. We came very close to splitting our nation in half but we managed to not only survive but to learn from it and grow like never before.



America has literally stepped up to save the World not just once but twice and then we had to spend another 40 years to fight the big Bear and we won! These past few decades we, as a Country, have continue to grow and develop our way of life and our freedoms even more and as well as our way of thinking.

As **President Reagan** said we are just one generation away from our young people not appreciating our country, our freedoms and our way of life. If we give too much then many many will not appreciate what we have and will not contribute to our continued success and growth as a Nation.

Where would we be if everyone just sat back and did nothing to contribute to our National growth and our National success and just sat back and waited for others to step up?

I ask you to step up as Americans and as the next generation who knows and appreciates what we have and how it came to be.

God bless America.

If ever you may need help please feel free to contact me at my direct number of 1-703-853-1869, Fax 1-703-991-0677. Email: steven.botello@gmail.com

God Bless you one and all.

Please take care of yourselves and your families.

Respectfully,

Steven M. Botello, Chaplain



"Post 10 will host a complimentary Estate Planning Financial Seminar on Tuesday, October 13th at 1830 hours (6:30 PM). This will be a **no-cost** event for all Legionnaires, Auxiliary Members, Riders, and Sons. The event will be hosted by the Society of Financial Awareness, a 501(c)(3) that provides **NO COST** financial seminars. More information and RSVP instructions to follow."

Submitted by **Ben Turner**

On September 2, 1945, representatives of Japan and the Allied powers gathered aboard the USS Missouri in Tokyo Bay. In a ceremony lasting less than 30 minutes, they signed the Instrument of Surrender and formally brought World War II to an end. Overlooking the ceremony was a historic 31-star American flag carried into Tokyo Bay by **Commodore Matthew Perry** nearly a century earlier. Its presence connected two defining moments in the history between the United States and Japan.



SONS of the American Legion, Squadron 10

August saw the SONS gearing up for the 25th Anniversary of **The John J Chada Memorial Golf Tournament**. The event is filling up and we may see record participation.

This is a big undertaking and we have the team that will make this a very memorable day. We all remember where we were on 9/11 25 years ago. We lost **John** on that day. The money we raise goes to various charities and we can't thank everyone enough for helping us achieve this. So come one come all for a great day of fun and camaraderie.; Golf is secondary.

Thanks

Tom Ramirez

2nd Vice Commander, Squadron 10

Mike Dixon, Squadron 10 Commander

SEPTEMBER LUNCH SPECIALS

Monday thru Friday, 11 AM x 2 PM

SEPTEMBER 2026

Check with Post for current information.

TUE 01 Meatloaf.
WED 02 Soup & Sandwich.
THU 03 Fried Bologna & Egg Sandwich.
FRI 04 Crabcake.
MON 07 Labor Day Picnic—BRING SIDES, 1x3PM
TUE 08 Stuffed Pork Chop..
WED 09 Soup & Sandwich.
THU 10 Pork BBQ & Slaw.
FRI 11 Soup & Sandwich.
MON 14 Hot Roast Beef Sandwich.
TUE 15 Meatball & Cheese Sub.
WED 16 Soup & Sandwich.
THU 17 Mushroom Swiss Burger.
FRI 18 Chicken Quesadilla.
MON 21 Fried Chicken.
TUE 22 Veal Parm.
WED 23 Soup & Sandwich.
THU 24 Country Fried Steak.
FRI 25 Hot OR Cold Italian Sub.
MON 28 Chopped Steak.
TUE 29 Teriyaki Boneless Rib.
WED 30 Soup & Sandwich.

Sides will be listed on the board
in the Social Quarters.

Menu & Prices Subject to Change.

SATURDAY DINNER SPECIALS

5:30 x 7:30 PM

12 SEP—Steak

19 SEP—Prime Rib

26 SEP—Steak

Friday is Seafood Night—5:30 x 7:30 PM



FRIDAY, 18 SEP—POW/MIA Recognition Day.

Ceremony at 2000 hrs (8PM) in HALL

Hall will be closed for dining on 18 SEP

September Entertainment

Monday, 7 SEP—BOB COOK BLUEGRASS

Friday, 11 SEP—KARAOKE

Friday, 25 SEP—HUME/FRYE Duo^
7:30 x 11 PM

If you have suggestions for entertainment see
Bonnie.

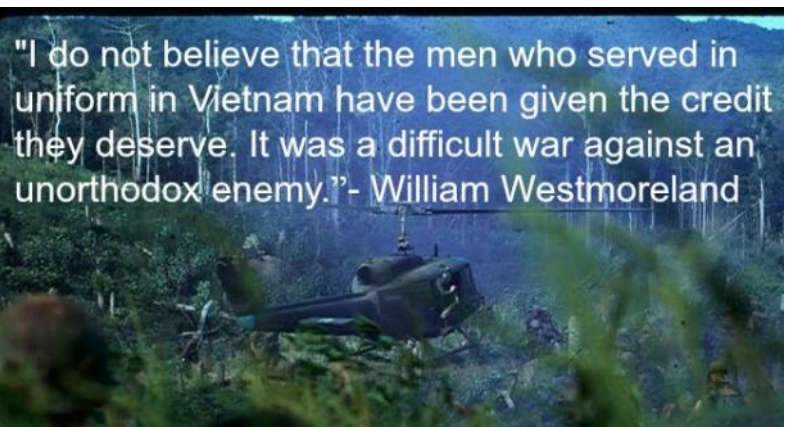
^ *Stu Frye* and *Ray Hume* offer a creatively curated blend of vintage rock, blues, Americana, and other classics spanning several generations that will keep you on your feet and singing along!

NOTICES: When playing the 'electronic game' machines *you must turn in your cash receipts within 48 hours of printing them.* After that they become **null and void**. The Post has 48 hours to pay on winning tickets. For other games you have 30 days or the ticket is void. Anyone who turns in a winning ticket for ANY game must show a VALID/CURRENT Legion/SON/AUX card to collect their winnings. Thank you for your cooperation.

NEWSLETTER SUBMISSION: Please remember to submit your articles to me in word document format by COB [1700 hours] on the 25th day of each month. Photos must be 'jpeg' and separate from the body of the article & include identifying info. Please check and double check your spelling and grammar.

Articles should be submitted to gysgt_mc@yahoo.com

Thank you, *Gunny*



Celer, Silens, Mortalis is the official Latin motto of the U.S. Marine Corps Force Reconnaissance, translating to "**Swift, Silent, Deadly**". During the Vietnam War, 1st Force Recon acted as the highly trained "eyes and ears" of the Marine Corps, operating deep behind enemy lines to gather intelligence and launch deliberate strikes.

Under the new 2022 PACT Act



eligibility is added for Veterans who served in

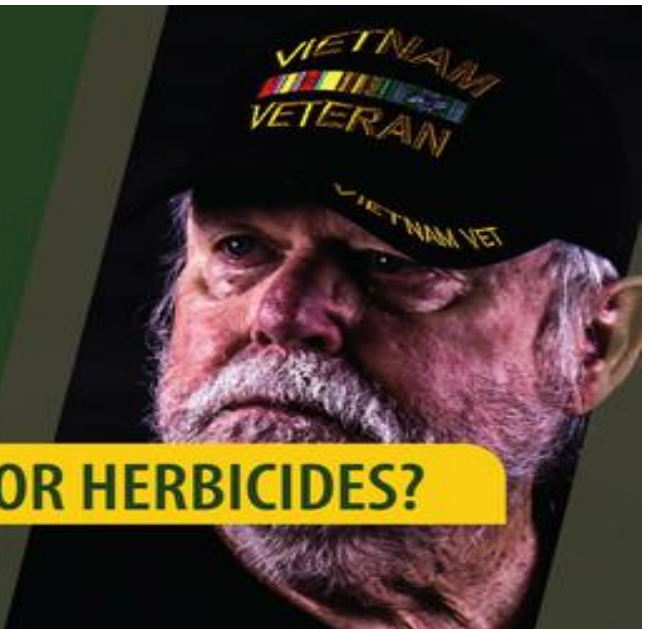
Republic of Vietnam

01/09/1962–05/07/1975

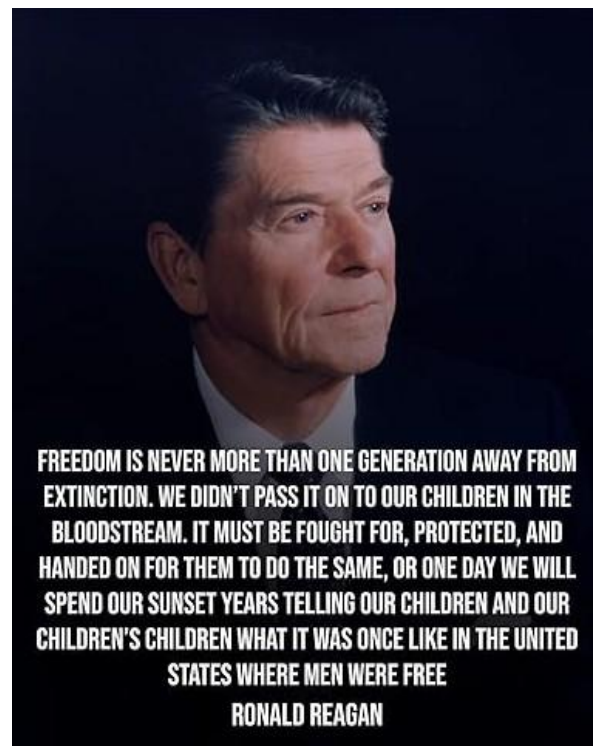
EXPOSED TO AGENT ORANGE OR HERBICIDES?

Learn more at [VA.gov](https://www.va.gov)
1-800-MyVA411 (800-698-2411)

VA  U.S. Department of Veterans Affairs




**THERE IS A TREE OUT THERE THAT HAS BEEN
WORKING HARD TO PROVIDE YOU WITH OXYGEN!**





Robert V. McMaugh Memorial American Legion Post 10 SEPTEMBER 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Check w/Post for hours	Be respectful of each other	1 Auxiliary Unit 10 Meeting 7 PM 	2 Japan Surrenders (1945) BAR BINGO 5:30—8 PM	3 American Revolution Ended (1783) Queen of Hearts	4 R.E.D. Seafood Night 5:30-7:45 PM	5
6 Young Marines 1 x 5 PM	7 LABOR DAY Picnic 1 x 3 PM BINGO 9:15am x Noon Bob Cook Bluegrass 3 x 6 PM	8 SAL Squadron 10 Meeting 7 PM 	9 BAR BINGO 5:30—8 PM	10 Queen of Hearts	11 R.E.D. SAL Golf Tourn. Rosh Hashanah begins at sunset Seafood Night 5:30-7:45 PM Karaoke	12 Steak Dinner
13	14 BINGO 9:15am x Noon	15 Riders Chapter 10 Meeting 7 PM	16 BAR BINGO 5:30—8 PM	17 US Constitution Approved (1787) Queen of Hearts	18 R.E.D. Seafood Night 5:30-7:45 PM POW/MIA Day Ceremony 8 PM Hall closed for dining	19 EX Mtg. 9 AM GEN. Mtg. 11 AM Prime Rib Dinner
20 Yom Kippur begins at Sunset Young Marines 1 x 5 PM	21 BINGO 9:15am x Noon	22 1st Day of Autumn	23 BAR BINGO 5:30—8 PM	24 Queen of Hearts	25 R.E.D. Seafood Night 5:30-7:45 PM HUME-FRYE Duo 7:30 x 11 PM	26 Steak Dinner
27 Gold Star Mother's & Family Day	28 BINGO 9:15am x Noon	29	30 BAR BINGO 5:30—8 PM			

See Menu page for lunch & dinner specials as well as entertainment.

Calendar subject to change—call Post on 703-369-4900 for current information.

Our website is: www.post10manassas.org



American Legion Riders Chapter 10



Virginia ALR Legacy Quest continues as Riders visited, Post 72 (Warrenton), Post 177 (Fairfax), Post 28 (Triangle), Post 293 (Purcellville), Post 295 (Middleburg). Keep up the good work Riders.

Chapter 10 Riders **Rick**, **Mark**, **Aaron** and **Karl** showed their support for Post 320 (Spotsylvania) by participating in Post 320's Ride to Buc-ee's in Harrisonburg VA. The ride included chapters from all over the state. The organizers expected 3 riders, 25 showed up. It was a great ride and a great day. Taking advantage of being in Harrisonburg, the Riders stopped by Shenandoah Valley Post 188, picking up a Quest stop toward completion of the Northern Region. Once the Northern Region is complete, Riders earn their Region Quest rocker to add to their vests.

Work continued rehabbing the Post 10 Parade float, on hand to lend a hand (haha), were Riders **Greg**, **Rick**, **Stan** and **Leon**. Along with the volunteers from Home Depot led by Team Lead **Brandy Novak** giving their young Associates some real-life construction skills. It was a pleasurable and fun experience to connect with these young minds and watch them learn. Hidden in the body of the float is a time capsule to be found by the next ones that rebuild the float.

Attending the Freedom 250 Grand Prix in Washington DC, Rider **Leon** and **Rick** were on hand to support and cheer on **Alex Palou** driving the American Legion branded Indy car. What a race and awesome time to see the Indy cars and flyovers from every branch of our Armed Services at our Nation's Capital.

Maintenance & Readiness

Stay aware, the heat may keep you in your car at a very comfortable place, but motorcycle riders are still out there, "check twice, save a life" is the adage, check your mirrors and look over when changing lanes, make sure it's clear.

Ride Safe and Ride Proud,

The Chapter 10 Officers for God and Country



Submitted photos

Director, **David Albrecht**—ALR Chapter 10

**It is the soldier, not the reporter,
who has given us freedom of the press.
It is the soldier, not the poet,
who has given us freedom of speech.
It is the soldier, not the campus organizer,
who has given us freedom to demonstrate.**

**It is the soldier,
who salutes the flag,
and whose coffin is draped by the flag,
who allows the protester to burn the flag.**

Father D. Edward O'Brien, USMC



**Access a digital membership card, manage membership information, recruit
and save a life featured on new mobile app.**

for more information go to the Legion website :

<https://www.legion.org/information-center/news/membership/2024/october/download-the-new-legion-membership-app>



Google Play

Apple Store



SEPTEMBER 2026 Newsletter

www.post10manassas.org

